

Vereins-Meldeliste - SSF Bonn

Mittelrhein-Meisterschaften "Lange Strecken" und SMK 2026

Teilnehmer	Jg.	M/F	DSV-Id	WkNr	Strecke	Meldezeit
Abdourrahman Laadraoui	2012	M	451894	4	800m F	10:23,12
				6	1500m F	20:30,11
Adrian Nöttgen	2007	M	369539	2	400m L	05:45,00
				6	1500m F	19:10,00
Alejandra Aybar	1988	W	515103	105	400m F	05:53,41
Alexandra Badea	2013	W	509972	5	800m F	11:30,11
Alexandra Nier	1992	W	466178	101	200m B	03:28,00
				105	400m F	06:15,00
Angelina Yurchenko	2010	W	452804	1	400m L	06:10,86
				5	800m F	10:49,46
Anna Daman	2013	W	462793	1	400m L	06:20,11
Axel Werkhausen	1970	M	451927	4	800m F	09:50,00
				112	1500m F	18:35,91
Ben Rössel	2010	M	416671	6	1500m F	19:45,83
Caroline Marcon	1981	W	501862	105	400m F	06:15,00
				112	1500m F	24:30,00
Christine Klütemeyer	1979	W	74394	107	200m S	03:12,00
				109	200m R	03:22,00
Daniel Ryvkin	2013	M	444436	2	400m L	05:36,26
				6	1500m F	19:16,42
Dirk Marscheider	1967	M	503295	106	400m F	05:40,00
				112	1500m F	21:30,00
Donata Pauline Sophie Saldsieder	2011	W	435427	3	1500m F	19:02,67
				5	800m F	09:59,91
Emma Rist	2011	W	438736	5	800m F	10:30,11
				1	400m L	06:04,98
Felix Junyu Zuo	2013	M	451907	2	400m L	06:00,11
Franziska Wilbertz	2007	W	372562	5	800m F	10:07,45
Hanna Hattingh	2013	W	477126	1	400m L	05:45,11
				3	1500m F	20:30,41
				5	800m F	10:30,11
Hans-Jörg Kuck	1961	M	124651	106	400m F	06:45,00
Helena Becker	1996	W	184739	105	400m F	04:56,39
				111	800m F	10:10,71
Jesper Weigt	2011	M	431196	4	800m F	10:40,11
				6	1500m F	20:00,00
Jochen Kaminski	1974	M	379857	4	800m F	10:10,00
				110	200m R	02:50,00

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Jonathan Brix	2009	M	421779	2	400m L	05:45,11
				6	1500m F	19:15,11
Julian Sikorski	2012	M	438735	2	400m L	05:23,28
				6	1500m F	18:19,60
Justus Georg Friedrich Saldsieder	2010	M	413912	2	400m L	05:10,10
				6	1500m F	17:25,00
Katharina Liu	2010	W	441820	3	1500m F	20:00,11
				5	800m F	10:10,11
Lea Sophie Ballof	2013	W	471669	3	1500m F	21:45,11
				5	800m F	11:20,55
Lotte Preißler	2011	W	436010	1	400m L	05:38,09
				5	800m F	10:56,44
Lumi Hari Wagner	2013	W	471672	1	400m L	06:20,11
				5	800m F	11:20,15
Magdalena Post	2011	W	467740	5	800m F	11:20,00
Marlene Balg	2009	W	391592	1	400m L	05:36,06
				5	800m F	10:14,77
Martha Faupel	2008	W	386053	5	800m F	11:00,00
Matthias Brix	2012	M	460653	2	400m L	06:30,43
Mia Pollehn	2013	W	436401	1	400m L	05:55,61
				5	800m F	10:51,41
Mika Nauck	2013	M	450951	4	800m F	10:38,38
				6	1500m F	20:52,81
Mirja Lockmann	2011	W	436009	1	400m L	05:48,38
				5	800m F	10:31,58
Mohamed Laadraoui	2011	M	435424	4	800m F	08:59,79
				6	1500m F	17:05,95
Monika Zender	1963	W	127147	105	400m F	06:50,00
				111	800m F	14:30,00
Nico Meisner	2011	M	443765	4	800m F	09:07,06
				6	1500m F	17:14,44
Paula Bald	2013	W	453711	3	1500m F	21:29,70
				5	800m F	11:25,33
Philipp Werkhausen	2010	M	435418	4	800m F	10:10,10
				6	1500m F	19:15,11
Pia Chiara Rüberg	2009	W	397015	5	800m F	10:49,01
Silvia Cases Cunillera	1992	W	518198	105	400m F	00:00,00
Simon Butscheid	2009	M	386058	2	400m L	05:22,59
				6	1500m F	18:44,12

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Sophie Bülow	2007	W	379074	3	1500m F	19:45,11
				5	800m F	10:15,11
Stella Wilbertz	2009	W	405831	1	400m L	06:07,68
				5	800m F	10:49,87
Theodor Grüß	2012	M	418387	2	400m L	05:28,82
				6	1500m F	19:12,11
Till Krajenski	2004	M	332313	4	800m F	09:00,11
				6	1500m F	17:00,11
Tim Leon Köser	2013	M	436093	4	800m F	11:20,00