

Wettkampf 1 - 400m Lagen weiblich**Pflichtzeiten**

2015: 07:40,00 2014: 07:20,00 2013: 07:00,00 2012: 06:40,00 2011: 06:30,00 2010: 06:20,00 2009: 06:15,00
 2007 bis 2008: 06:10,00 2006 und älter: 06:00,00

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin	Zeynep Simsek	2014	TPSK 1925	06:24,20	2
	100m: 01:32,16 (01:32,16) 200m: 03:05,99 (01:33,83) 300m: 04:56,96 (01:50,97) 400m: 06:24,20 (01:27,24)				
2.	Anna Domgörgen	2014	SC Hürth 1930	07:17,42	
	100m: 01:48,74 (01:48,74) 200m: 03:40,61 (01:51,87) 300m: 05:44,70 (02:04,09) 400m: 07:17,42 (01:32,72)				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin	Lisa Pöland	2013	TPSK 1925	05:36,22	10
	100m: 01:20,76 (01:20,76) 200m: 02:44,24 (01:23,48) 300m: 04:21,94 (01:37,70) 400m: 05:36,22 (01:14,28)				
2.	Mia Pollehn	2013	SSF Bonn 05	05:57,20	5
	100m: 01:24,49 (01:24,49) 200m: 02:55,73 (01:31,24) 300m: 04:35,15 (01:39,42) 400m: 05:57,20 (01:22,05)				
3.	Hanna Hattingh	2013	SSF Bonn 05	05:57,90	5
	100m: 01:19,03 (01:19,03) 200m: 02:47,34 (01:28,31) 300m: 04:38,06 (01:50,72) 400m: 05:57,90 (01:19,84)				
4.	Emna Sahraoui	2013	SG Bergheim	06:09,39	2
	100m: 01:28,16 (01:28,16) 200m: 02:59,24 (01:31,08) 300m: 04:44,85 (01:45,61) 400m: 06:09,39 (01:24,54)				
5.	Anna-Lea Raddatz	2013	Schwimmverein Wasserhelden	06:12,46	2
	100m: 01:32,02 (01:32,02) 200m: 03:01,81 (01:29,79) 300m: 04:50,69 (01:48,88) 400m: 06:12,46 (01:21,77)				
6.	Ilvy Kühnhenrich	2013	SG Bergheim	06:15,65	1
	100m: 01:30,85 (01:30,85) 200m: 03:03,34 (01:32,49) 300m: 04:53,67 (01:50,33) 400m: 06:15,65 (01:21,98)				
7.	Lumi Hari Wagner	2013	SSF Bonn 05	06:28,78	
	100m: 01:33,43 (01:33,43) 200m: 03:14,24 (01:40,81) 300m: 05:00,91 (01:46,67) 400m: 06:28,78 (01:27,87)				
8.	Anna Daman	2013	SSF Bonn 05	06:31,29	
	100m: 01:33,19 (01:33,19) 200m: 03:14,85 (01:41,66) 300m: 04:52,61 (01:37,76) 400m: 06:31,29 (01:38,68)				
9.	Josephine-Luise Schonnebeck	2013	SC Hürth 1930	06:55,63	
	100m: 01:38,17 (01:38,17) 200m: 03:32,65 (01:54,48) 300m: 05:27,90 (01:55,25) 400m: 06:55,63 (01:27,73)				
10.	Lotta Quernheim	2013	SC Hürth 1930	07:00,66	ENM
	100m: 01:38,58 (01:38,58) 200m: 03:30,27 (01:51,69) 300m: 05:25,34 (01:55,07) 400m: 07:00,66 (01:35,32)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin	Nina Jarosch	2012	SG Bergheim	05:34,33	9
	100m: 01:15,41 (01:15,41) 200m: 02:39,25 (01:23,84) 300m: 04:30,46 (01:51,21) 400m: 05:34,33 (01:03,87)				
2.	Jana Welinow	2012	SC Hardtberg 1968	05:58,17	3
	100m: 01:21,55 (01:21,55) 200m: 02:49,47 (01:27,92) 300m: 04:37,71 (01:48,24) 400m: 05:58,17 (01:20,46)				
3.	Katharina Lind	2012	TPSK 1925	05:59,28	3
	100m: 01:18,87 (01:18,87) 200m: 02:51,34 (01:32,47) 300m: 04:37,29 (01:45,95) 400m: 05:59,28 (01:21,99)				

noch Wettkampf 1 - 400m Lagen weiblich**noch Jahrgang 2012**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
4.	Lisa Telega 100m: 01:22,34 (01:22,34) 200m: 02:54,57 (01:32,23) 300m: 04:41,63 (01:47,06) 400m: 06:03,33 (01:21,70)	2012	SG Bergheim	06:03,33	2
5.	Eslem Su Soydan 100m: 01:34,29 (01:34,29) 200m: 03:12,52 (01:38,23) 300m: 05:12,02 (01:59,50) 400m: 06:41,47 (01:29,45)	2012	TPSK 1925	06:41,47	ENM
	<u>abgemeldet</u> Charlotte Voigt	2012	TPSK 1925		

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin	Lotte Preißler 100m: 01:15,49 (01:15,49) 200m: 02:42,50 (01:27,01) 300m: 04:10,37 (01:27,87) 400m: 05:24,78 (01:14,41)	2011	SSF Bonn 05	05:24,78	10
2.	Ida Huth 100m: 01:15,77 (01:15,77) 200m: 02:40,97 (01:25,20) 300m: 04:16,76 (01:35,79) 400m: 05:30,11 (01:13,35)	2011	TPSK 1925	05:30,11	8
3.	Mirja Lockmann 100m: 01:18,73 (01:18,73) 200m: 02:42,47 (01:23,74) 300m: 04:24,41 (01:41,94) 400m: 05:39,32 (01:14,91)	2011	SSF Bonn 05	05:39,32	6
4.	Emma Rist 100m: 01:21,51 (01:21,51) 200m: 02:54,17 (01:32,66) 300m: 04:32,93 (01:38,76) 400m: 05:55,91 (01:22,98)	2011	SSF Bonn 05	05:55,91	3
	<u>abgemeldet</u> Flora Gebhardt	2011	SG WAGO 1950		
	Mirja Ahlke	2011	SG WAGO 1950		

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin	Stina Hülsmann 100m: 01:23,01 (01:23,01) 200m: 02:48,04 (01:25,03) 300m: 04:31,50 (01:43,46) 400m: 05:48,32 (01:16,82)	2010	TPSK 1925	05:48,32	3
2.	Alexia Traka 100m: 01:23,26 (01:23,26) 200m: 02:59,11 (01:35,85) 300m: 04:39,12 (01:40,01) 400m: 06:00,59 (01:21,47)	2010	TPSK 1925	06:00,59	
3.	Lina Schultz 100m: 01:26,57 (01:26,57) 200m: 03:03,70 (01:37,13) 300m: 04:51,24 (01:47,54) 400m: 06:17,63 (01:26,39)	2010	ASV Sankt Augustin 1956	06:17,63	
4.	Angelina Yurchenko 100m: 01:24,70 (01:24,70) 200m: 03:04,39 (01:39,69) 300m: 05:03,92 (01:59,53) 400m: 06:30,02 (01:26,10)	2010	SSF Bonn 05	06:30,02	ENM
	<u>nicht am Start</u> Nina Pöland	2010	TPSK 1925		ENM
	<u>abgemeldet</u> Lea Gerth	2010	SG Bergheim		

noch Wettkampf 1 - 400m Lagen weiblich**Jahrgang 2009**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
	<u>abgemeldet</u>				
	Marlene Balg	2009	SSF Bonn 05		
	Rahel Debock	2009	TPSK 1925		
	Stella Wilbertz	2009	SSF Bonn 05		

Jahrgang 2008-2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Jahrgangsmeisterin					
	Mia Pennartz	2008	TPSK 1925	05:23,93	8
	100m: 01:19,26 (01:19,26) 200m: 02:43,15 (01:23,89) 300m: 04:11,99 (01:28,84) 400m: 05:23,93 (01:11,94)				
2.	Angelina Wiens	2008	SG Bergheim	05:41,46	4
	100m: 01:16,48 (01:16,48) 200m: 02:41,40 (01:24,92) 300m: 04:22,69 (01:41,29) 400m: 05:41,46 (01:18,77)				
3.	Franziska Busse	2008	TPSK 1925	05:51,30	2
	100m: 01:21,71 (01:21,71) 200m: 02:50,84 (01:29,13) 300m: 04:33,16 (01:42,32) 400m: 05:51,30 (01:18,14)				
	<u>abgemeldet</u>				
	Hanna Sophie Hinrichs	2007	TPSK 1925		
	Lara Zickermann	2008	SG Rhein-Sieg		

Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1. und Mittelrhein-Meisterin					
	Mia Pennartz	2008	TPSK 1925	05:23,93	8
	100m: 01:19,26 (01:19,26) 200m: 02:43,15 (01:23,89) 300m: 04:11,99 (01:28,84) 400m: 05:23,93 (01:11,94)				
2.	Lotte Preißler	2011	SSF Bonn 05	05:24,78	10
	100m: 01:15,49 (01:15,49) 200m: 02:42,50 (01:27,01) 300m: 04:10,37 (01:27,87) 400m: 05:24,78 (01:14,41)				
3.	Ida Huth	2011	TPSK 1925	05:30,11	8
	100m: 01:15,77 (01:15,77) 200m: 02:40,97 (01:25,20) 300m: 04:16,76 (01:35,79) 400m: 05:30,11 (01:13,35)				
4.	Nina Jarosch	2012	SG Bergheim	05:34,33	9
	100m: 01:15,41 (01:15,41) 200m: 02:39,25 (01:23,84) 300m: 04:30,46 (01:51,21) 400m: 05:34,33 (01:03,87)				
5.	Lisa Pöland	2013	TPSK 1925	05:36,22	10
	100m: 01:20,76 (01:20,76) 200m: 02:44,24 (01:23,48) 300m: 04:21,94 (01:37,70) 400m: 05:36,22 (01:14,28)				
6.	Mirja Lockmann	2011	SSF Bonn 05	05:39,32	6
	100m: 01:18,73 (01:18,73) 200m: 02:42,47 (01:23,74) 300m: 04:24,41 (01:41,94) 400m: 05:39,32 (01:14,91)				
7.	Angelina Wiens	2008	SG Bergheim	05:41,46	4
	100m: 01:16,48 (01:16,48) 200m: 02:41,40 (01:24,92) 300m: 04:22,69 (01:41,29) 400m: 05:41,46 (01:18,77)				
8.	Stina Hülsmann	2010	TPSK 1925	05:48,32	3
	100m: 01:23,01 (01:23,01) 200m: 02:48,04 (01:25,03) 300m: 04:31,50 (01:43,46) 400m: 05:48,32 (01:16,82)				
9.	Franziska Busse	2008	TPSK 1925	05:51,30	2
	100m: 01:21,71 (01:21,71) 200m: 02:50,84 (01:29,13) 300m: 04:33,16 (01:42,32) 400m: 05:51,30 (01:18,14)				
10.	Emma Rist	2011	SSF Bonn 05	05:55,91	3
	100m: 01:21,51 (01:21,51) 200m: 02:54,17 (01:32,66) 300m: 04:32,93 (01:38,76) 400m: 05:55,91 (01:22,98)				

noch Wettkampf 1 - 400m Lagen weiblich**noch Offene Klasse**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
11.	Mia Pollehn 100m: 01:24,49 (01:24,49) 200m: 02:55,73 (01:31,24) 300m: 04:35,15 (01:39,42) 400m: 05:57,20 (01:22,05)	2013	SSF Bonn 05	05:57,20	5
12.	Hanna Hattingh 100m: 01:19,03 (01:19,03) 200m: 02:47,34 (01:28,31) 300m: 04:38,06 (01:50,72) 400m: 05:57,90 (01:19,84)	2013	SSF Bonn 05	05:57,90	5
13.	Jana Welinow 100m: 01:21,55 (01:21,55) 200m: 02:49,47 (01:27,92) 300m: 04:37,71 (01:48,24) 400m: 05:58,17 (01:20,46)	2012	SC Hardtberg 1968	05:58,17	3
14.	Katharina Lind 100m: 01:18,87 (01:18,87) 200m: 02:51,34 (01:32,47) 300m: 04:37,29 (01:45,95) 400m: 05:59,28 (01:21,99)	2012	TPSK 1925	05:59,28	3
15.	Alexia Traka 100m: 01:23,26 (01:23,26) 200m: 02:59,11 (01:35,85) 300m: 04:39,12 (01:40,01) 400m: 06:00,59 (01:21,47)	2010	TPSK 1925	06:00,59	
16.	Johanna Krabbe 100m: 01:25,39 (01:25,39) 200m: 02:58,43 (01:33,04) 300m: 04:40,10 (01:41,67) 400m: 06:02,88 (01:22,78)	2004	SC Hardtberg 1968	06:02,88	ENM
17.	Lisa Telega 100m: 01:22,34 (01:22,34) 200m: 02:54,57 (01:32,23) 300m: 04:41,63 (01:47,06) 400m: 06:03,33 (01:21,70)	2012	SG Bergheim	06:03,33	2
18.	Emna Sahraoui 100m: 01:28,16 (01:28,16) 200m: 02:59,24 (01:31,08) 300m: 04:44,85 (01:45,61) 400m: 06:09,39 (01:24,54)	2013	SG Bergheim	06:09,39	2
19.	Anna-Lea Raddatz 100m: 01:32,02 (01:32,02) 200m: 03:01,81 (01:29,79) 300m: 04:50,69 (01:48,88) 400m: 06:12,46 (01:21,77)	2013	Schwimmverein Wasserhelden	06:12,46	2
20.	Ilvy Kühnhenrich 100m: 01:30,85 (01:30,85) 200m: 03:03,34 (01:32,49) 300m: 04:53,67 (01:50,33) 400m: 06:15,65 (01:21,98)	2013	SG Bergheim	06:15,65	1
21.	Lina Schultz 100m: 01:26,57 (01:26,57) 200m: 03:03,70 (01:37,13) 300m: 04:51,24 (01:47,54) 400m: 06:17,63 (01:26,39)	2010	ASV Sankt Augustin 1956	06:17,63	
22.	Zeynep Simsek 100m: 01:32,16 (01:32,16) 200m: 03:05,99 (01:33,83) 300m: 04:56,96 (01:50,97) 400m: 06:24,20 (01:27,24)	2014	TPSK 1925	06:24,20	2
23.	Lumi Hari Wagner 100m: 01:33,43 (01:33,43) 200m: 03:14,24 (01:40,81) 300m: 05:00,91 (01:46,67) 400m: 06:28,78 (01:27,87)	2013	SSF Bonn 05	06:28,78	
24.	Angelina Yurchenko 100m: 01:24,70 (01:24,70) 200m: 03:04,39 (01:39,69) 300m: 05:03,92 (01:59,53) 400m: 06:30,02 (01:26,10)	2010	SSF Bonn 05	06:30,02	ENM
25.	Anna Daman 100m: 01:33,19 (01:33,19) 200m: 03:14,85 (01:41,66) 300m: 04:52,61 (01:37,76) 400m: 06:31,29 (01:38,68)	2013	SSF Bonn 05	06:31,29	
26.	Eslem Su Soydan 100m: 01:34,29 (01:34,29) 200m: 03:12,52 (01:38,23) 300m: 05:12,02 (01:59,50) 400m: 06:41,47 (01:29,45)	2012	TPSK 1925	06:41,47	ENM
27.	Josephine-Luise Schonnebeck 100m: 01:38,17 (01:38,17) 200m: 03:32,65 (01:54,48) 300m: 05:27,90 (01:55,25) 400m: 06:55,63 (01:27,73)	2013	SC Hürth 1930	06:55,63	
28.	Lotta Quernheim 100m: 01:38,58 (01:38,58) 200m: 03:30,27 (01:51,69) 300m: 05:25,34 (01:55,07) 400m: 07:00,66 (01:35,32)	2013	SC Hürth 1930	07:00,66	ENM
29.	Anna Domgörgen 100m: 01:48,74 (01:48,74) 200m: 03:40,61 (01:51,87) 300m: 05:44,70 (02:04,09) 400m: 07:17,42 (01:32,72)	2014	SC Hürth 1930	07:17,42	