



SCHWIMMBEZIRK MITTELRHEIN E.V.

**Mittelrhein-Meisterschaften
„Lange Strecken“ 2023
(Offen, Jahrgänge, Masters)**

25./26. Februar 2023

Sportpark Nord Bonn

PROTOKOLL



www.schwimm-mit.de

Veranstalter: Schwimmbezirk Mittelrhein e.V.**Ausrichter:** SSF Bonn 05 e.V.Markus Klaes
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50126 Bergheim
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E-Mail: meldungen@schwimm-mit.de**Wettkampfstätte:** Sportpark NordKölustr. 250
53117 Bonn
Deutschland (GER)Bahnlänge: 50 Meter
Startbahnen: 8
Wasser: 26 °C
Telefon: +49 228 676868**Datum:** 25.02.2023 - 26.02.2023**Zeitmessung:** automatische Zeitmessungerstellt mit **CPS-SCHWIMM**

Version 5.9.10 (14.02.2023)

Zahl der Meldungen

(Wettkampf 201 - 112)

		weibl.	männl.		
		Aktive		Einzelstarts	
1.	SG Bergheim	LSV 17	12	9	21
2.	SV Bergisch Gladbach 1920/71	LSV 17	4	11	31
3.	SSF Bonn	LSV 17	11	15	49
4.	SC Hardtberg 1968	LSV 17	0	5	10
5.	Hennefer TV 1895	LSV 17	9	7	22
6.	SV Horrem-Sindorf	LSV 17	10	2	21
7.	SC Hürth	LSV 17	7	6	26
8.	SC Aqua Köln	LSV 17	1	0	1
9.	SC Janus Köln	LSV 17	2	0	4
10.	SV Rhenania Köln 1919	LSV 17	6	9	25
11.	TPSK 1925	LSV 17	25	20	71
12.	TSV Much 1913	LSV 17	3	1	4
13.	SG Rhein-Sieg	LSV 17	4	4	13
14.	ASV Sankt Augustin 1956	LSV 17	0	2	4
15.	SSF Sieglar 60	LSV 17	6	5	15
16.	SG WAGO 1950	LSV 17	7	2	18
17.	SV Wasserhelden	LSV 17	7	2	14
			114	100	349

Wettkampffolge

1. Veranstaltungs-Abschnitt

WK 101	200 m Brust (Masters)	weiblich	2003 u.ä.	1 Lauf
WK 102	200 m Brust (Masters)	männlich	2003 u.ä.	1 Lauf
WK 1	400 m Lagen	weiblich	2012 u.ä.	6 Läufe
WK 2	400 m Lagen	männlich	2012 u.ä.	6 Läufe
WK 103	200 m Schmetterling (Masters)	weiblich	2003 u.ä.	1 Lauf
WK 104	200 m Schmetterling (Masters)	männlich	2003 u.ä.	1 Lauf

2. Veranstaltungs-Abschnitt

WK 105	400 m Lagen (Masters)	weiblich	2003 u.ä.	1 Lauf
WK 106	400 m Lagen (Masters)	männlich	2003 u.ä.	1 Lauf
WK 3	1500 m Freistil	weiblich	2012 u.ä.	2 Läufe
WK 4	800 m Freistil	männlich	2012 u.ä.	3 Läufe
WK 107	200 m Rücken (Masters)	weiblich	2003 u.ä.	1 Lauf
WK 108	200 m Rücken (Masters)	männlich	2003 u.ä.	1 Lauf
WK 109	400 m Freistil (Masters)	weiblich	2003 u.ä.	1 Lauf
WK 110	400 m Freistil (Masters)	männlich	2003 u.ä.	2 Läufe

3. Veranstaltungs-Abschnitt

WK 5	800 m Freistil	weiblich	2012 u.ä.	5 Läufe
WK 111	800 m Freistil (Masters)	weiblich	2003 u.ä.	1 Lauf

4. Veranstaltungs-Abschnitt

WK 6	1500 m Freistil	männlich	2012 u.ä.	4 Läufe
WK 112	1500 m Freistil (Masters)	männlich	2003 u.ä.	1 Lauf

Kampfgericht

für den 1. Veranstaltungs-Abschnitt

Schiedsrichter - Frauen	Ingo Tank	(Schwimmbezirk Mittelrhein)
Schiedsrichter - Männer	Stephanie Schwung	(Schwimmbezirk Mittelrhein)
Starter	Christoph Holzhäuer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Hella Pollehn	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Volker Hampke	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Tanja Thomsen	(Schwimmbezirk Mittelrhein)
Auswerter	Nils Scheer	(Schwimmbezirk Mittelrhein)
Auswerter	Kriszta Medve	(Schwimmbezirk Mittelrhein)
Protokollführer	Markus Klaes	(Schwimmbezirk Mittelrhein)
Protokollführer	Felix Nehring	(Schwimmbezirk Mittelrhein)
Zeitmessung	Robert Schuster	(SSF Bonn)
Sprecher	Gisela Hampke	(Schwimmbezirk Mittelrhein)
Sprecher	Dr. Olaf Lottner	(Schwimmbezirk Mittelrhein)
Zielrichter-Obmann	Jeannette Vieth	(Schwimmbezirk Mittelrhein)
Zielrichter	Alexander Rütz	(SG Bergheim)
Zielrichter	Beatrice Bogar	(Schwimmbezirk Mittelrhein)
Zielrichter	Uta Brix	(SSF Bonn)
Zielrichter	Nina Salsieder	(SSF Bonn)
Zeitnehmer-Obmann	Heiko Krämer	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 1	Tarik Fritah	(SV Rhenania Köln 1919)
Zeitnehmer Bahn 1	Michael Goldbeck	(SV Bergisch Gladbach 1920/71)
Zeitnehmer Bahn 2	Britta Wilbertz	(SSF Bonn)
Zeitnehmer Bahn 2	Marcel Hein	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 3	Simone Köser	(SC Hardtberg 1968)
Zeitnehmer Bahn 3	Melanie Engels	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 4	Oliver Thewes	(Hennefer TV 1895)
Zeitnehmer Bahn 4	Akbel Sahraoui	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 5	Christina Sauter	(SV Horrem-Sindorf)
Zeitnehmer Bahn 5	Ines Pasternak	(SV Wasserhelden)
Zeitnehmer Bahn 6	Sabina Pöland	(SC Hürth)
Zeitnehmer Bahn 6	Sabine Bertram	(SV Bergisch Gladbach 1920/71)
Zeitnehmer Bahn 7	Rainer Arnold	(SSF Bonn)
Zeitnehmer Bahn 7	Faical Laadraoui	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 8	Ulrike Könemann	(TPSK 1925)
Zeitnehmer Bahn 8	Achim Maier	(SC Hürth)
Reserve-Zeitnehmer	Theo van der Meulen	(Schwimmbezirk Mittelrhein)
Wenderichter-Obmann	Nina Stassen-Schwarz	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 1	Kais Sahraoui	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 2	Kais Sahraoui	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 3	Dace Akkaya	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 4	Dace Akkaya	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 5	André Czaika	(Hennefer TV 1895)
Wenderichter Bahn 6	André Czaika	(Hennefer TV 1895)
Wenderichter Bahn 7	Tayfun Soydan	(TPSK 1925)
Wenderichter Bahn 8	Tayfun Soydan	(TPSK 1925)

Wettkampf 101

200 m Brust (Masters)

(weiblich,

2003 u.ä.)

Masters-Wertung

1. und somit "Mittelrhein-Meisterin der Masters"

Laura de Pazos Ortega	(1975/ AK 45)	SSF Bonn	^{100 m} 1:40,82 (1:57,21)	3:38,03	481
2. Birgit Voigt	(1964/ AK 55)	SV Bergisch Gladbach 1920/71	^{100 m} 2:00,12 (2:05,24)	4:05,36	459
3. Carolina Pritz	(1997/ AK 25)	SC Hürth	^{100 m} 1:43,67 (1:52,98)	3:36,65	372
4. Dorothea Czaika	(1978/ AK 45)	Hennefer TV 1895	^{100 m} 1:54,27 (2:04,98)	3:59,25	364
5. Alexandra Nier	(1992/ AK 30)	SSF Bonn	^{100 m} 1:47,51 (1:57,65)	3:45,16	354
Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895		abgemeldet	
Christina Nonnenmacher	(1979/ AK 40)	Hennefer TV 1895		abgemeldet	

Altersklasse 25

1. Carolina Pritz	(1997/ AK 25)	SC Hürth	^{100 m} 1:43,67 (1:52,98)	3:36,65	372
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Altersklasse 30

1. Alexandra Nier	(1992/ AK 30)	SSF Bonn	^{100 m} 1:47,51 (1:57,65)	3:45,16	354
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Altersklasse 35

Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895		abgemeldet	
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Altersklasse 40

Christina Nonnenmacher	(1979/ AK 40)	Hennefer TV 1895		abgemeldet	
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Altersklasse 45

1. Laura de Pazos Ortega	(1975/ AK 45)	SSF Bonn	^{100 m} 1:40,82 (1:57,21)	3:38,03	481
2. Dorothea Czaika	(1978/ AK 45)	Hennefer TV 1895	^{100 m} 1:54,27 (2:04,98)	3:59,25	364

Altersklasse 55

1. Birgit Voigt	(1964/ AK 55)	SV Bergisch Gladbach 1920/71	^{100 m} 2:00,12 (2:05,24)	4:05,36	459
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Wettkampf 102

200 m Brust (Masters)

(männlich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meister der Masters"

Yong Zhao	(1977/ AK 45)	SV Horrem-Sindorf	^{100 m} 1:32,68	(1:34,64)	3:07,32	552
2. Stefan Herr	(1968/ AK 55)	SG Rhein-Sieg	^{100 m} 1:45,38	(1:50,32)	3:35,70	435
3. Steffen Dathe	(1967/ AK 55)	SV Bergisch Gladbach 1920/71	^{100 m} 1:44,23	(1:55,36)	3:39,59	412
4. Yannick Sinnecker	(1993/ AK 30)	SSF Sieglar 60	^{100 m} 1:34,99	(1:41,10)	3:16,09	391
5. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	^{100 m} 1:36,54	(1:41,37)	3:17,91	381

Altersklasse 30

1. Yannick Sinnecker	(1993/ AK 30)	SSF Sieglar 60	^{100 m} 1:34,99	(1:41,10)	3:16,09	391
2. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	^{100 m} 1:36,54	(1:41,37)	3:17,91	381

Altersklasse 45

1. Yong Zhao	(1977/ AK 45)	SV Horrem-Sindorf	^{100 m} 1:32,68	(1:34,64)	3:07,32	552
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Altersklasse 55

1. Stefan Herr	(1968/ AK 55)	SG Rhein-Sieg	^{100 m} 1:45,38	(1:50,32)	3:35,70	435
2. Steffen Dathe	(1967/ AK 55)	SV Bergisch Gladbach 1920/71	^{100 m} 1:44,23	(1:55,36)	3:39,59	412

Wettkampf 1

400 m Lagen

(weiblich,

2012 u.ä.)

Jahrgang 2012(Pflichtzeit: 7:45,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Talya Tok	(2012)	TPSK 1925					
			100 m	200 m	300 m		
			1:28,93	3:09,16	4:58,96		6:22,16
				(1:40,23)	(1:49,80)	(1:23,20)	
2. Eslem Su Soydan	(2012)	TPSK 1925					
			100 m	200 m	300 m		
			1:38,87	3:21,76	5:20,62		6:48,75
				(1:42,89)	(1:58,86)	(1:28,13)	

Jahrgang 2011(Pflichtzeit: 7:15,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Ida Huth	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:33,97	3:06,40	4:57,75		6:14,60
				(1:32,43)	(1:51,35)	(1:16,85)	
2. Donata Saldsieder	(2011)	SSF Bonn					
			100 m	200 m	300 m		
			1:31,17	3:11,97	5:02,86		6:24,11
				(1:40,80)	(1:50,89)	(1:21,25)	

Jahrgang 2010(Pflichtzeit: 6:45,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Anna Sotti	(2010)	SV Rhenania Köln 1919					
			100 m	200 m	300 m		
			1:19,27	2:40,90	4:21,94		5:34,96
				(1:21,63)	(1:41,04)	(1:13,02)	
2. Carla Schneider	(2010)	SC Hürth					
			100 m	200 m	300 m		
			1:24,78	2:52,02	4:35,47		5:52,81
				(1:27,24)	(1:43,45)	(1:17,34)	
3. Angelina Yurchenko	(2010)	SSF Bonn					
			100 m	200 m	300 m		
			1:18,62	2:50,21	4:48,55		6:10,86
				(1:31,59)	(1:58,34)	(1:22,31)	
4. Katharina Liu	(2010)	SSF Bonn					
			100 m	200 m	300 m		
			1:27,05	2:59,61	4:47,75		6:12,64
				(1:32,56)	(1:48,14)	(1:24,89)	
5. Ida Walter	(2010)	SC Hürth					
			100 m	200 m	300 m		
			1:36,34	3:05,86	4:55,91		6:16,88
				(1:29,52)	(1:50,05)	(1:20,97)	
6. Alexia Traka	(2010)	TPSK 1925					
			100 m	200 m	300 m		
			1:39,13	3:17,15	4:59,85		6:20,05
				(1:38,02)	(1:42,70)	(1:20,20)	
7. Elaine Pasternak	(2010)	SV Wasserhelden					
			100 m	200 m	300 m		
			1:34,50	3:17,38	5:05,91		6:30,18
				(1:42,88)	(1:48,53)	(1:24,27)	
8. Paulina Maringer	(2010)	SV Wasserhelden					
			100 m	200 m	300 m		
			1:30,09	3:11,13	4:58,48		6:31,11
				(1:41,04)	(1:47,35)	(1:32,63)	
9. Nanett Schulz	(2010)	SG WAGO 1950					
			100 m	200 m	300 m		
			1:28,69	3:11,12	4:57,35		6:34,09
				(1:42,43)	(1:46,23)	(1:36,74)	

noch Wettkampf 1

400 m Lagen

(weiblich)

10. Hannah Nicolay	(2010)	SV Wasserhelden							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:31,28	3:20,32	5:05,39				6:41,19
				(1:49,04)	(1:45,07)			(1:35,80)	
Ciara Leonie Graham	(2010)	SG WAGO 1950							abgemeldet
Stina Hülsmann	(2010)	TPSK 1925							abgemeldet
Nathalie Neumann	(2010)	TPSK 1925							abgemeldet
Liv Nolte	(2010)	TPSK 1925							abgemeldet

Jahrgang 2009

(Pflichtzeit: 6:40,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Marlene Balg	(2009)	SSF Bonn							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:17,09	2:48,34	4:24,46				5:43,70
				(1:31,25)	(1:36,12)			(1:19,24)	
2. Eda Akkaya	(2009)	TPSK 1925							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:17,00	2:53,06	4:40,39				5:59,62
				(1:36,06)	(1:47,33)			(1:19,23)	
3. Fanny Fraundorf	(2009)	SC Aqua Köln							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:26,05	2:58,87	4:45,07				6:01,49
				(1:32,82)	(1:46,20)			(1:16,42)	
4. Hannah Menke	(2009)	TPSK 1925							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:26,25	2:58,98	4:44,97				6:03,03
				(1:32,73)	(1:45,99)			(1:18,06)	
5. Florine Weselek	(2009)	SV Bergisch Gladbach 1920/71							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:28,77	2:59,75	4:40,34				6:06,18
				(1:30,98)	(1:40,59)			(1:25,84)	
6. Charlotte Landman	(2009)	SV Rhenania Köln 1919							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:25,08	2:52,82	4:43,69				6:07,53
				(1:27,74)	(1:50,87)			(1:23,84)	
7. Stella Wilbertz	(2009)	SSF Bonn							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:23,28	2:57,36	4:45,60				6:07,68
				(1:34,08)	(1:48,24)			(1:22,08)	
8. Franziska Mellenthin	(2009)	SV Horrem-Sindorf							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:35,11	3:15,86	4:58,28				6:23,40
				(1:40,75)	(1:42,42)			(1:25,12)	
9. Julia Sonntag	(2009)	SG WAGO 1950							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:37,15	3:17,21	5:12,97				6:41,35
				(1:40,06)	(1:55,76)			(1:28,38)	
Maria Habrich	(2009)	SV Horrem-Sindorf							abgemeldet
Rahel Debock	(2009)	TPSK 1925							abgemeldet

ENM

Jahrgang 2008

(Pflichtzeit: 6:30,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Franziska Busse	(2008)	TPSK 1925							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:27,65	2:56,33	4:43,55				6:02,57
				(1:28,68)	(1:47,22)			(1:19,02)	
2. Vanessa Kruse	(2008)	SV Wasserhelden							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>				
			1:31,71	3:00,33	4:45,51				6:06,19
				(1:28,62)	(1:45,18)			(1:20,68)	

noch Wettkampf 1

400 m Lagen

(weiblich)

3. Marisa Klink	(2008) SV Horrem-Sindorf	^{100 m} 1:24,47	^{200 m} 2:55,60 (1:31,13)	^{300 m} 4:42,43 (1:46,83)	(1:24,88)	6:07,31	
4. Lilly Pöland	(2008) SC Hürth	^{100 m} 1:27,04	^{200 m} 3:01,29 (1:34,25)	^{300 m} 4:54,08 (1:52,79)	(1:27,38)	6:21,46	
5. Lara Zickermann	(2008) SSF Sieglar 60	^{100 m} 1:26,99	^{200 m} 3:09,05 (1:42,06)	^{300 m} 4:54,85 (1:45,80)	(1:32,47)	6:27,32	
6. Kira Marie Moewes	(2008) SV Horrem-Sindorf	^{100 m} 1:33,79	^{200 m} 3:12,16 (1:38,37)	^{300 m} 5:03,34 (1:51,18)	(1:29,73)	6:33,07	ENM
7. Lotta Detmer	(2008) SV Horrem-Sindorf	^{100 m} 1:35,76	^{200 m} 3:21,23 (1:45,47)	^{300 m} 5:11,14 (1:49,91)	(1:31,94)	6:43,08	ENM

Jahrgang 2007

(Pflichtzeit: 6:25,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Franziska Wilbertz	(2007) SSF Bonn	^{100 m} 1:14,37	^{200 m} 2:42,25 (1:27,88)	^{300 m} 4:19,72 (1:37,47)	(1:17,05)	5:36,77	
2. Katharina Nicolay	(2007) SV Wasserhelden	^{100 m} 1:22,74	^{200 m} 2:56,25 (1:33,51)	^{300 m} 4:46,67 (1:50,42)	(1:21,48)	6:08,15	
3. Nele Nowak	(2007) SV Horrem-Sindorf	^{100 m} 1:24,99	^{200 m} 2:57,66 (1:32,67)	^{300 m} 4:46,68 (1:49,02)	(1:24,24)	6:10,92	
4. Elisaweta Bessonova	(2007) SC Hürth	^{100 m} 1:25,39	^{200 m} 2:56,94 (1:31,55)	^{300 m} 4:48,10 (1:51,16)	(1:23,98)	6:12,08	
5. Lotta Karlshaus	(2007) SV Bergisch Gladbach 1920/71	^{100 m} 1:29,07	^{200 m} 3:05,56 (1:36,49)	^{300 m} 4:49,33 (1:43,77)	(1:26,75)	6:16,08	
6. Melina Scheer	(2007) SV Horrem-Sindorf	^{100 m} 1:27,60	^{200 m} 3:05,26 (1:37,66)	^{300 m} 4:54,42 (1:49,16)	(1:23,58)	6:18,00	
7. Cinja Schulz	(2007) SG WAGO 1950	^{100 m} 1:28,71	^{200 m} 3:02,61 (1:33,90)	^{300 m} 4:54,55 (1:51,94)	(1:33,25)	6:27,80	ENM
8. Lena Hoffmann	(2007) SG WAGO 1950	^{100 m} 1:34,56	^{200 m} 3:11,18 (1:36,62)	^{300 m} 5:03,53 (1:52,35)	(1:24,94)	6:28,47	ENM
Kendra Mischke	(2007) SG WAGO 1950						abgemeldet
Nele Heller	(2007) SG Rhein-Sieg						abgemeldet

Jahrgang 2004/2005

(Pflichtzeit: 6:15,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Yasmin Haustein	(2005) SV Rhenania Köln 1919	^{100 m} 1:10,61	^{200 m} 2:33,46 (1:22,85)	^{300 m} 4:05,15 (1:31,69)	(1:16,26)	5:21,41	
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noch Wettkampf 1

400 m Lagen

(weiblich)

2. Emma Dormeyer	(2005) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:20,81	2:48,23	4:25,98	5:42,31
			(1:27,42)	(1:37,75)	(1:16,33)
3. Mariline Weselek	(2004) SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:28,05	2:56,64	4:43,44	6:06,55
			(1:28,59)	(1:46,80)	(1:23,11)
4. Ilka Schade	(2005) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:20,62	2:58,75	4:43,38	6:07,01
			(1:38,13)	(1:44,63)	(1:23,63)
Laura Malz	(2004) SC Hürth				abgemeldet

Offene Klasse

(Pflichtzeit: 6:15,00)

1. <u>und somit "Mittelrhein-Meisterin"</u> Yasmin Haustein	(2005) SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:10,61	2:33,46	4:05,15	5:21,41
			(1:22,85)	(1:31,69)	(1:16,26)
2. Anna Sotti	(2010) SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:19,27	2:40,90	4:21,94	5:34,96
			(1:21,63)	(1:41,04)	(1:13,02)
3. Franziska Wilbertz	(2007) SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:14,37	2:42,25	4:19,72	5:36,77
			(1:27,88)	(1:37,47)	(1:17,05)
4. Emma Dormeyer	(2005) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:20,81	2:48,23	4:25,98	5:42,31
			(1:27,42)	(1:37,75)	(1:16,33)
5. Marlene Balg	(2009) SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:17,09	2:48,34	4:24,46	5:43,70
			(1:31,25)	(1:36,12)	(1:19,24)
6. Carla Schneider	(2010) SC Hürth	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:24,78	2:52,02	4:35,47	5:52,81
			(1:27,24)	(1:43,45)	(1:17,34)
7. Eda Akkaya	(2009) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:17,00	2:53,06	4:40,39	5:59,62
			(1:36,06)	(1:47,33)	(1:19,23)
8. Fanny Fraundorf	(2009) SC Aqua Köln	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:26,05	2:58,87	4:45,07	6:01,49
			(1:32,82)	(1:46,20)	(1:16,42)
9. Franziska Busse	(2008) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:27,65	2:56,33	4:43,55	6:02,57
			(1:28,68)	(1:47,22)	(1:19,02)
10. Hannah Menke	(2009) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:26,25	2:58,98	4:44,97	6:03,03
			(1:32,73)	(1:45,99)	(1:18,06)
11. Florine Weselek	(2009) SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:28,77	2:59,75	4:40,34	6:06,18
			(1:30,98)	(1:40,59)	(1:25,84)

noch Wettkampf 1

400 m Lagen

(weiblich)

12. Vanessa Kruse	(2008)	SV Wasserhelden	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:31,71	3:00,33	4:45,51	6:06,19	
				(1:28,62)	(1:45,18)	(1:20,68)	
13. Mariline Weselek	(2004)	SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:28,05	2:56,64	4:43,44	6:06,55	
				(1:28,59)	(1:46,80)	(1:23,11)	
14. Ilka Schade	(2005)	TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:20,62	2:58,75	4:43,38	6:07,01	
				(1:38,13)	(1:44,63)	(1:23,63)	
15. Marisa Klink	(2008)	SV Horrem-Sindorf	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:24,47	2:55,60	4:42,43	6:07,31	
				(1:31,13)	(1:46,83)	(1:24,88)	
16. Charlotte Landman	(2009)	SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:25,08	2:52,82	4:43,69	6:07,53	
				(1:27,74)	(1:50,87)	(1:23,84)	
17. Stella Wilbertz	(2009)	SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:23,28	2:57,36	4:45,60	6:07,68	
				(1:34,08)	(1:48,24)	(1:22,08)	
18. Katharina Nicolay	(2007)	SV Wasserhelden	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:22,74	2:56,25	4:46,67	6:08,15	
				(1:33,51)	(1:50,42)	(1:21,48)	
19. Angelina Yurchenko	(2010)	SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:18,62	2:50,21	4:48,55	6:10,86	
				(1:31,59)	(1:58,34)	(1:22,31)	
20. Nele Nowak	(2007)	SV Horrem-Sindorf	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:24,99	2:57,66	4:46,68	6:10,92	
				(1:32,67)	(1:49,02)	(1:24,24)	
21. Elisaweta Bessonova	(2007)	SC Hürth	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:25,39	2:56,94	4:48,10	6:12,08	
				(1:31,55)	(1:51,16)	(1:23,98)	
22. Katharina Liu	(2010)	SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:27,05	2:59,61	4:47,75	6:12,64	
				(1:32,56)	(1:48,14)	(1:24,89)	
23. Ida Huth	(2011)	TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:33,97	3:06,40	4:57,75	6:14,60	
				(1:32,43)	(1:51,35)	(1:16,85)	
24. Lotta Karlshaus	(2007)	SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:29,07	3:05,56	4:49,33	6:16,08	
				(1:36,49)	(1:43,77)	(1:26,75)	
25. Ida Walter	(2010)	SC Hürth	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:36,34	3:05,86	4:55,91	6:16,88	
				(1:29,52)	(1:50,05)	(1:20,97)	
26. Melina Scheer	(2007)	SV Horrem-Sindorf	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:27,60	3:05,26	4:54,42	6:18,00	
				(1:37,66)	(1:49,16)	(1:23,58)	
27. Alexia Traka	(2010)	TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:39,13	3:17,15	4:59,85	6:20,05	
				(1:38,02)	(1:42,70)	(1:20,20)	

noch Wettkampf 1

400 m Lagen

(weiblich)

28. Lilly Pöland	(2008) SC Hürth	<i>100 m</i> 1:27,04	<i>200 m</i> 3:01,29 (1:34,25)	<i>300 m</i> 4:54,08 (1:52,79)	(1:27,38)	6:21,46
29. Talya Tok	(2012) TPSK 1925	<i>100 m</i> 1:28,93	<i>200 m</i> 3:09,16 (1:40,23)	<i>300 m</i> 4:58,96 (1:49,80)	(1:23,20)	6:22,16
30. Franziska Mellenthin	(2009) SV Horrem-Sindorf	<i>100 m</i> 1:35,11	<i>200 m</i> 3:15,86 (1:40,75)	<i>300 m</i> 4:58,28 (1:42,42)	(1:25,12)	6:23,40
31. Donata Saldsieder	(2011) SSF Bonn	<i>100 m</i> 1:31,17	<i>200 m</i> 3:11,97 (1:40,80)	<i>300 m</i> 5:02,86 (1:50,89)	(1:21,25)	6:24,11
32. Lara Zickermann	(2008) SSF Sieglar 60	<i>100 m</i> 1:26,99	<i>200 m</i> 3:09,05 (1:42,06)	<i>300 m</i> 4:54,85 (1:45,80)	(1:32,47)	6:27,32
33. Cinja Schulz	(2007) SG WAGO 1950	<i>100 m</i> 1:28,71	<i>200 m</i> 3:02,61 (1:33,90)	<i>300 m</i> 4:54,55 (1:51,94)	(1:33,25)	6:27,80
34. Lena Hoffmann	(2007) SG WAGO 1950	<i>100 m</i> 1:34,56	<i>200 m</i> 3:11,18 (1:36,62)	<i>300 m</i> 5:03,53 (1:52,35)	(1:24,94)	6:28,47
35. Elaine Pasternak	(2010) SV Wasserhelden	<i>100 m</i> 1:34,50	<i>200 m</i> 3:17,38 (1:42,88)	<i>300 m</i> 5:05,91 (1:48,53)	(1:24,27)	6:30,18
36. Paulina Maringer	(2010) SV Wasserhelden	<i>100 m</i> 1:30,09	<i>200 m</i> 3:11,13 (1:41,04)	<i>300 m</i> 4:58,48 (1:47,35)	(1:32,63)	6:31,11
37. Kira Marie Moewes	(2008) SV Horrem-Sindorf	<i>100 m</i> 1:33,79	<i>200 m</i> 3:12,16 (1:38,37)	<i>300 m</i> 5:03,34 (1:51,18)	(1:29,73)	6:33,07
38. Nanett Schulz	(2010) SG WAGO 1950	<i>100 m</i> 1:28,69	<i>200 m</i> 3:11,12 (1:42,43)	<i>300 m</i> 4:57,35 (1:46,23)	(1:36,74)	6:34,09
39. Hannah Nicolay	(2010) SV Wasserhelden	<i>100 m</i> 1:31,28	<i>200 m</i> 3:20,32 (1:49,04)	<i>300 m</i> 5:05,39 (1:45,07)	(1:35,80)	6:41,19
40. Julia Sontag	(2009) SG WAGO 1950	<i>100 m</i> 1:37,15	<i>200 m</i> 3:17,21 (1:40,06)	<i>300 m</i> 5:12,97 (1:55,76)	(1:28,38)	6:41,35
41. Lotta Detmer	(2008) SV Horrem-Sindorf	<i>100 m</i> 1:35,76	<i>200 m</i> 3:21,23 (1:45,47)	<i>300 m</i> 5:11,14 (1:49,91)	(1:31,94)	6:43,08
42. Eslem Su Soydan	(2012) TPSK 1925	<i>100 m</i> 1:38,87	<i>200 m</i> 3:21,76 (1:42,89)	<i>300 m</i> 5:20,62 (1:58,86)	(1:28,13)	6:48,75
Laura Malz	(2004) SC Hürth					abgemeldet

noch Wettkampf 1**400 m Lagen****(weiblich)**

Maria Habrich	(2009)	SV Horrem-Sindorf	abgemeldet
Ciara Leonie Graham	(2010)	SG WAGO 1950	abgemeldet
Kendra Mischke	(2007)	SG WAGO 1950	abgemeldet
Rahel Debock	(2009)	TPSK 1925	abgemeldet
Stina Hülsmann	(2010)	TPSK 1925	abgemeldet
Nathalie Neumann	(2010)	TPSK 1925	abgemeldet
Liv Nolte	(2010)	TPSK 1925	abgemeldet
Nele Heller	(2007)	SG Rhein-Sieg	abgemeldet

Wettkampf 2

400 m Lagen

(männlich,

2012 u.ä.)

Jahrgang 2012**(Pflichtzeit: 7:45,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Kaan Akkaya	(2012)	TPSK 1925					
			100 m	200 m	300 m		
			1:31,44	3:09,77	5:15,32		6:43,69
				(1:38,33)	(2:05,55)	(1:28,37)	
2. Julian Philipp Arnold	(2012)	SSF Bonn					
			100 m	200 m	300 m		
			1:47,19	3:31,68	5:21,49		6:49,29
				(1:44,49)	(1:49,81)	(1:27,80)	

Jahrgang 2011**(Pflichtzeit: 7:15,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Richard Junior Schönfelder	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:13,74	2:40,02	4:18,11		5:30,72
				(1:26,28)	(1:38,09)	(1:12,61)	
2. Burak Simsek	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:16,89	2:42,97	4:25,99		5:39,64
				(1:26,08)	(1:43,02)	(1:13,65)	
3. Andreas Walenwein	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:23,58	2:51,04	4:35,66		5:53,39
				(1:27,46)	(1:44,62)	(1:17,73)	
4. Tom Hädrich	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:29,11	3:00,26	4:36,85		5:59,10
				(1:31,15)	(1:36,59)	(1:22,25)	
5. Leonard Schwung	(2011)	TPSK 1925					
			100 m	200 m	300 m		
			1:32,50	3:08,65	4:54,27		6:20,80
				(1:36,15)	(1:45,62)	(1:26,53)	
6. Mohamed Laadraoui	(2011)	SSF Bonn					
			100 m	200 m	300 m		
			1:53,87	3:25,54	5:16,66		6:39,17
				(1:31,67)	(1:51,12)	(1:22,51)	

Jahrgang 2010**(Pflichtzeit: 6:45,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Ilias Hamdouch	(2010)	SV Rhenania Köln 1919					
			100 m	200 m	300 m		
			1:19,18	2:43,51	4:16,12		5:28,22
				(1:24,33)	(1:32,61)	(1:12,10)	
2. Justus Saldsieder	(2010)	SSF Bonn					
			100 m	200 m	300 m		
			1:15,91	2:44,40	4:29,56		5:47,77
				(1:28,49)	(1:45,16)	(1:18,21)	
3. Leon David Nachtsheim	(2010)	SSF Bonn					
			100 m	200 m	300 m		
			1:19,33	2:55,59	4:44,66		6:14,74
				(1:36,26)	(1:49,07)	(1:30,08)	
Max Schaffrath	(2010)	SSF Bonn					abgemeldet

Jahrgang 2009**(Pflichtzeit: 6:20,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Raed Fritah	(2009)	SV Rhenania Köln 1919					
			100 m	200 m	300 m		
			1:13,31	2:36,15	4:11,57		5:24,52
				(1:22,84)	(1:35,42)	(1:12,95)	

noch Wettkampf 2

400 m Lagen

(männlich)

2. Connor Nelson	(2009) SV Wasserhelden	^{100 m} 1:19,36	^{200 m} 2:46,56 (1:27,20)	^{300 m} 4:19,27 (1:32,71)	(1:23,14)	5:42,41
3. Luca Eickels	(2009) SV Rhenania Köln 1919	^{100 m} 1:21,72	^{200 m} 2:55,51 (1:33,79)	^{300 m} 4:37,05 (1:41,54)	(1:19,47)	5:56,52
4. Anton Isenberg	(2009) TPSK 1925	^{100 m} 1:31,98	^{200 m} 3:02,60 (1:30,62)	^{300 m} 4:41,56 (1:38,96)	(1:16,39)	5:57,95
5. Justus Ahlke	(2009) SG WAGO 1950	^{100 m} 1:26,05	^{200 m} 2:58,93 (1:32,88)	^{300 m} 4:39,45 (1:40,52)	(1:24,83)	6:04,28
6. Alexander Sadikov	(2009) TPSK 1925	^{100 m} 1:24,53	^{200 m} 2:57,17 (1:32,64)	^{300 m} 4:41,14 (1:43,97)	(1:24,04)	6:05,18
7. Tim Sautter	(2009) SV Horrem-Sindorf	^{100 m} 1:27,42	^{200 m} 3:01,67 (1:34,25)	^{300 m} 4:46,96 (1:45,29)	(1:18,43)	6:05,39
8. Jonathan Brix	(2009) SSF Bonn	^{100 m} 1:31,80	^{200 m} 3:04,59 (1:32,79)	^{300 m} 4:45,39 (1:40,80)	(1:21,73)	6:07,12
9. Ben Golbeck	(2009) SV Bergisch Gladbach 1920/71	^{100 m} 1:30,22	^{200 m} 2:59,98 (1:29,76)	^{300 m} 4:48,94 (1:48,96)	(1:24,12)	6:13,06

Okan Uludag (2009) SSF Bonn

DISQUALIFIZIERT:*Der Schwimmer hat bei der Brustwende nur mit einer Hand angeschlagen.**(Uhrzeit der Bekanntgabe: 11:35 Uhr)*

Jahrgang 2008

(Pflichtzeit: 6:10,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Mykhailo Palatnyi	(2008) TPSK 1925	^{100 m} 1:09,65	^{200 m} 2:31,44 (1:21,79)	^{300 m} 4:06,08 (1:34,64)	(1:11,05)	5:17,13
2. Peter Dathe	(2008) SV Bergisch Gladbach 1920/71	^{100 m} 1:18,11	^{200 m} 2:47,49 (1:29,38)	^{300 m} 4:20,03 (1:32,54)	(1:13,26)	5:33,29
3. Jan Mathis Bertram	(2008) SV Bergisch Gladbach 1920/71	^{100 m} 1:20,67	^{200 m} 2:47,97 (1:27,30)	^{300 m} 4:23,24 (1:35,27)	(1:16,91)	5:40,15
4. Ben Zillikens	(2008) TPSK 1925	^{100 m} 1:19,93	^{200 m} 2:46,28 (1:26,35)	^{300 m} 4:24,09 (1:37,81)	(1:18,86)	5:42,95
5. Louis Monnée	(2008) SV Bergisch Gladbach 1920/71	^{100 m} 1:18,82	^{200 m} 2:47,38 (1:28,56)	^{300 m} 4:23,19 (1:35,81)	(1:19,81)	5:43,00
6. Christian Gujo	(2008) TPSK 1925	^{100 m} 1:20,81	^{200 m} 2:47,54 (1:26,73)	^{300 m} 4:26,53 (1:38,99)	(1:21,33)	5:47,86

noch Wettkampf 2**400 m Lagen****(männlich)**

7. Anton Holzhäuer	(2008)	SC Hardtberg 1968					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:25,43	2:56,81	4:33,87		5:49,97
				(1:31,38)	(1:37,06)	(1:16,10)	
8. Jakob Eßmann	(2008)	TPSK 1925					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:19,46	2:54,92	4:41,02		6:01,81
				(1:35,46)	(1:46,10)	(1:20,79)	
Klemens Malberg	(2008)	SSF Sieglar 60					abgemeldet

Jahrgang 2007**(Pflichtzeit: 6:00,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Pertti Bieder	(2007)	TPSK 1925					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:17,98	2:43,87	4:16,00		5:32,07
				(1:25,89)	(1:32,13)	(1:16,07)	
2. Noel Klitzsch	(2007)	SG WAGO 1950					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:21,41	2:49,14	4:31,91		5:51,66
				(1:27,73)	(1:42,77)	(1:19,75)	
Jannis Lux	(2007)	SV Bergisch Gladbach 1920/71					abgemeldet
Marwin Malz	(2007)	SC Hürth					abgemeldet

Jahrgang 2006**(Pflichtzeit: 5:55,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Leon-Sun Tönsmann	(2006)	SV Bergisch Gladbach 1920/71					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:08,89	2:30,02	3:58,98		5:09,55
				(1:21,13)	(1:28,96)	(1:10,57)	
2. Gian Walter	(2006)	SC Hürth					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:09,79	2:34,15	4:08,29		5:21,32
				(1:24,36)	(1:34,14)	(1:13,03)	
3. Jakobus Solibieda	(2006)	SV Rhenania Köln 1919					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:13,57	2:35,63	4:11,48		5:31,07
				(1:22,06)	(1:35,85)	(1:19,59)	
4. Dominik Jahn	(2006)	SV Bergisch Gladbach 1920/71					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:25,69	2:55,65	4:31,85		5:46,34
				(1:29,96)	(1:36,20)	(1:14,49)	

Jahrgang 2004/2005**(Pflichtzeit: 5:50,00)**

1. <u>und somit "Mittelrhein-Jahrgangsmeister"</u> Johannes Solibieda	(2004)	SV Rhenania Köln 1919					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:13,02	2:32,15	4:03,26		5:16,76
				(1:19,13)	(1:31,11)	(1:13,50)	
2. Gill Bosbach	(2005)	TPSK 1925					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:11,12	2:34,00	4:07,45		5:22,58
				(1:22,88)	(1:33,45)	(1:15,13)	
3. Max Zacharias Dahmen	(2005)	TPSK 1925					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:09,40	2:38,33	4:14,91		5:26,56
				(1:28,93)	(1:36,58)	(1:11,65)	
4. Sören Müller	(2004)	ASV Sankt Augustin 1956					
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
			1:09,20	2:37,98	4:20,06		5:40,41
				(1:28,78)	(1:42,08)	(1:20,35)	

noch Wettkampf 2

400 m Lagen

(männlich)

5. Thorben Werner	(2005) ASV Sankt Augustin 1956				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:13,41	2:47,28	4:26,51	5:45,08
			(1:33,87)	(1:39,23)	(1:18,57)

Offene Klasse

(Pflichtzeit: 5:45,00)

1. <u>und somit "Mittelrhein-Meister"</u> Leon-Sun Tönsmann	(2006) SV Bergisch Gladbach 1920/71				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:08,89	2:30,02	3:58,98	5:09,55
			(1:21,13)	(1:28,96)	(1:10,57)
2. Johannes Solibieda	(2004) SV Rhenania Köln 1919				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:13,02	2:32,15	4:03,26	5:16,76
			(1:19,13)	(1:31,11)	(1:13,50)
3. Mykhailo Palatnyi	(2008) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:09,65	2:31,44	4:06,08	5:17,13
			(1:21,79)	(1:34,64)	(1:11,05)
4. Gian Walter	(2006) SC Hürth				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:09,79	2:34,15	4:08,29	5:21,32
			(1:24,36)	(1:34,14)	(1:13,03)
5. Gill Bosbach	(2005) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:11,12	2:34,00	4:07,45	5:22,58
			(1:22,88)	(1:33,45)	(1:15,13)
6. Raed Fritah	(2009) SV Rhenania Köln 1919				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:13,31	2:36,15	4:11,57	5:24,52
			(1:22,84)	(1:35,42)	(1:12,95)
7. Max Zacharias Dahmen	(2005) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:09,40	2:38,33	4:14,91	5:26,56
			(1:28,93)	(1:36,58)	(1:11,65)
8. Ilias Hamdouch	(2010) SV Rhenania Köln 1919				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:19,18	2:43,51	4:16,12	5:28,22
			(1:24,33)	(1:32,61)	(1:12,10)
9. Richard Junior Schönfelder	(2011) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:13,74	2:40,02	4:18,11	5:30,72
			(1:26,28)	(1:38,09)	(1:12,61)
10. Jakobus Solibieda	(2006) SV Rhenania Köln 1919				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:13,57	2:35,63	4:11,48	5:31,07
			(1:22,06)	(1:35,85)	(1:19,59)
11. Pertti Bieder	(2007) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:17,98	2:43,87	4:16,00	5:32,07
			(1:25,89)	(1:32,13)	(1:16,07)
12. Peter Dathe	(2008) SV Bergisch Gladbach 1920/71				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:18,11	2:47,49	4:20,03	5:33,29
			(1:29,38)	(1:32,54)	(1:13,26)
13. Burak Simsek	(2011) TPSK 1925				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:16,89	2:42,97	4:25,99	5:39,64
			(1:26,08)	(1:43,02)	(1:13,65)
14. Jan Mathis Bertram	(2008) SV Bergisch Gladbach 1920/71				
		<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	
		1:20,67	2:47,97	4:23,24	5:40,15
			(1:27,30)	(1:35,27)	(1:16,91)

noch Wettkampf 2

400 m Lagen

(männlich)

15. Felix Nguyen	(2002) SC Hardtberg 1968	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:13,58	2:44,40	4:25,51		5:40,37
			(1:30,82)	(1:41,11)	(1:14,86)	
16. Sören Müller	(2004) ASV Sankt Augustin 1956	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:09,20	2:37,98	4:20,06		5:40,41
			(1:28,78)	(1:42,08)	(1:20,35)	
17. Connor Nelson	(2009) SV Wasserhelden	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:19,36	2:46,56	4:19,27		5:42,41
			(1:27,20)	(1:32,71)	(1:23,14)	
18. Ben Zillikens	(2008) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:19,93	2:46,28	4:24,09		5:42,95
			(1:26,35)	(1:37,81)	(1:18,86)	
19. Louis Monnée	(2008) SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:18,82	2:47,38	4:23,19		5:43,00
			(1:28,56)	(1:35,81)	(1:19,81)	
20. Dani Ribeiro Schultz	(1985) SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:17,70	2:42,15	4:23,68		5:43,33
			(1:24,45)	(1:41,53)	(1:19,65)	
21. Thorben Werner	(2005) ASV Sankt Augustin 1956	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:13,41	2:47,28	4:26,51		5:45,08
			(1:33,87)	(1:39,23)	(1:18,57)	
22. Dominik Jahn	(2006) SV Bergisch Gladbach 1920/71	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:25,69	2:55,65	4:31,85		5:46,34
			(1:29,96)	(1:36,20)	(1:14,49)	
23. Justus Saldsieder	(2010) SSF Bonn	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:15,91	2:44,40	4:29,56		5:47,77
			(1:28,49)	(1:45,16)	(1:18,21)	
24. Christian Gujo	(2008) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:20,81	2:47,54	4:26,53		5:47,86
			(1:26,73)	(1:38,99)	(1:21,33)	
25. Anton Holzhäuer	(2008) SC Hardtberg 1968	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:25,43	2:56,81	4:33,87		5:49,97
			(1:31,38)	(1:37,06)	(1:16,10)	
26. Noel Klitzsch	(2007) SG WAGO 1950	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:21,41	2:49,14	4:31,91		5:51,66
			(1:27,73)	(1:42,77)	(1:19,75)	
27. Dominik Schreiter	(1986) SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:18,56	2:50,79	4:33,13		5:52,79
			(1:32,23)	(1:42,34)	(1:19,66)	
28. Andreas Walenwein	(2011) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:23,58	2:51,04	4:35,66		5:53,39
			(1:27,46)	(1:44,62)	(1:17,73)	
29. Luca Eickels	(2009) SV Rhenania Köln 1919	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:21,72	2:55,51	4:37,05		5:56,52
			(1:33,79)	(1:41,54)	(1:19,47)	
30. Anton Isenberg	(2009) TPSK 1925	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>		
		1:31,98	3:02,60	4:41,56		5:57,95
			(1:30,62)	(1:38,96)	(1:16,39)	

ENM

noch Wettkampf 2

400 m Lagen

(männlich)

31. Tom Hädrich	(2011) TPSK 1925	^{100 m} 1:29,11	^{200 m} 3:00,26	^{300 m} 4:36,85	5:59,10
		(1:31,15)	(1:36,59)	(1:22,25)	
32. Jakob Eßmann	(2008) TPSK 1925	^{100 m} 1:19,46	^{200 m} 2:54,92	^{300 m} 4:41,02	6:01,81
		(1:35,46)	(1:46,10)	(1:20,79)	
33. Justus Ahlke	(2009) SG WAGO 1950	^{100 m} 1:26,05	^{200 m} 2:58,93	^{300 m} 4:39,45	6:04,28
		(1:32,88)	(1:40,52)	(1:24,83)	
34. Alexander Sadikov	(2009) TPSK 1925	^{100 m} 1:24,53	^{200 m} 2:57,17	^{300 m} 4:41,14	6:05,18
		(1:32,64)	(1:43,97)	(1:24,04)	
35. Tim Sautter	(2009) SV Horrem-Sindorf	^{100 m} 1:27,42	^{200 m} 3:01,67	^{300 m} 4:46,96	6:05,39
		(1:34,25)	(1:45,29)	(1:18,43)	
36. Jonathan Brix	(2009) SSF Bonn	^{100 m} 1:31,80	^{200 m} 3:04,59	^{300 m} 4:45,39	6:07,12
		(1:32,79)	(1:40,80)	(1:21,73)	
37. Ben Golbeck	(2009) SV Bergisch Gladbach 1920/71	^{100 m} 1:30,22	^{200 m} 2:59,98	^{300 m} 4:48,94	6:13,06
		(1:29,76)	(1:48,96)	(1:24,12)	
38. Leon David Nachtsheim	(2010) SSF Bonn	^{100 m} 1:19,33	^{200 m} 2:55,59	^{300 m} 4:44,66	6:14,74
		(1:36,26)	(1:49,07)	(1:30,08)	
39. Leonard Schwung	(2011) TPSK 1925	^{100 m} 1:32,50	^{200 m} 3:08,65	^{300 m} 4:54,27	6:20,80
		(1:36,15)	(1:45,62)	(1:26,53)	
40. Mohamed Laadraoui	(2011) SSF Bonn	^{100 m} 1:53,87	^{200 m} 3:25,54	^{300 m} 5:16,66	6:39,17
		(1:31,67)	(1:51,12)	(1:22,51)	
41. Kaan Akkaya	(2012) TPSK 1925	^{100 m} 1:31,44	^{200 m} 3:09,77	^{300 m} 5:15,32	6:43,69
		(1:38,33)	(2:05,55)	(1:28,37)	
42. Julian Philipp Arnold	(2012) SSF Bonn	^{100 m} 1:47,19	^{200 m} 3:31,68	^{300 m} 5:21,49	6:49,29
		(1:44,49)	(1:49,81)	(1:27,80)	

Okan Uludag (2009) SSF Bonn

DISQUALIFIZIERT:*Der Schwimmer hat bei der Brustwende nur mit einer Hand angeschlagen.**(Uhrzeit der Bekanntgabe: 11:35 Uhr)*

Klemens Malberg

(2008) SSF Sieglar 60

abgemeldet

Jannis Lux

(2007) SV Bergisch Gladbach 1920/71

abgemeldet

Marwin Malz

(2007) SC Hürth

abgemeldet

Max Schaffrath

(2010) SSF Bonn

abgemeldet

Wettkampf 103

200 m Schmetterling (Masters)

(weiblich,)

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meisterin der Masters"

Lara Wevelsiep	(1994/ AK 25)	Hennefer TV 1895	^{100 m} 1:28,70	(1:40,19)	3:08,89	421
2. Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg	^{100 m} 1:28,70	(1:41,29)	3:09,99	396
3. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg	^{100 m} 1:30,02	(1:46,54)	3:16,56	357
4. Katharina Overberg	(1998/ AK 25)	SSF Bonn	^{100 m} 1:58,12	(2:09,91)	4:08,03	185

Altersklasse 20

1. Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg	^{100 m} 1:28,70	(1:41,29)	3:09,99	396
2. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg	^{100 m} 1:30,02	(1:46,54)	3:16,56	357

Altersklasse 25

1. Lara Wevelsiep	(1994/ AK 25)	Hennefer TV 1895	^{100 m} 1:28,70	(1:40,19)	3:08,89	421
2. Katharina Overberg	(1998/ AK 25)	SSF Bonn	^{100 m} 1:58,12	(2:09,91)	4:08,03	185

Wettkampf 104

200 m Schmetterling (Masters)

(männlich,)

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meister der Masters"

Georg Wambach	(1966/ AK 55)	SSF Bonn	^{100 m} 1:24,18	(1:36,60)	3:00,78	632
2. Claus Lewandowski	(1972/ AK 50)	SSF Bonn	^{100 m} 1:35,33	(1:50,77)	3:26,10	341

Altersklasse 50

1. Claus Lewandowski	(1972/ AK 50)	SSF Bonn	^{100 m} 1:35,33	(1:50,77)	3:26,10	341
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Altersklasse 55

1. Georg Wambach	(1966/ AK 55)	SSF Bonn	^{100 m} 1:24,18	(1:36,60)	3:00,78	632
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Ende des 1. Veranstaltungs-Abschnittes: 11:56 Uhr
Ende des Protokolls: 12:09 Uhr

gez. Ingo Tank
(Schiedsrichter)

gez. Stephanie Schwung
(Schiedsrichter)

gez. Markus Klaes
(Protokollführer)

gez. Felix Nehring
(Protokollführer)

Kampfgericht

für den 2. Veranstaltungs-Abschnitt

Schiedsrichter - Frauen	Ingo Tank	(Schwimmbezirk Mittelrhein)
Schiedsrichter - Männer	Stephanie Schwung	(Schwimmbezirk Mittelrhein)
Starter	Christoph Holzhäuer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Melanie Engels	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Volker Hampke	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Marcel Hein	(Schwimmbezirk Mittelrhein)
Auswerter	Nils Scheer	(Schwimmbezirk Mittelrhein)
Auswerter	Kriszta Medve	(Schwimmbezirk Mittelrhein)
Protokollführer	Markus Klaes	(Schwimmbezirk Mittelrhein)
Protokollführer	Felix Nehring	(Schwimmbezirk Mittelrhein)
Zeitmessung	Robert Schuster	(SSF Bonn)
Sprecher	Gisela Hampke	(Schwimmbezirk Mittelrhein)
Sprecher	Dr. Olaf Lottner	(Schwimmbezirk Mittelrhein)
Zielrichter-Obmann	Jeannette Vieth	(Schwimmbezirk Mittelrhein)
Zielrichter	Nina Salsieder	(SSF Bonn)
Zielrichter	Kais Sahraoui	(Schwimmbezirk Mittelrhein)
Zielrichter	Uta Brix	(SSF Bonn)
Zeitnehmer-Obmann	Heiko Krämer	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 1	Stefan Fügemann	(SV Bergisch Gladbach 1920/71)
Zeitnehmer Bahn 1	Achim Maier	(SC Hürth)
Zeitnehmer Bahn 2	Alexander Rütz	(SG Bergheim)
Zeitnehmer Bahn 2	Dace Akkaya	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 3	Simone Köser	(SC Hardtberg 1968)
Zeitnehmer Bahn 3	Klemens Malberg	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 4	Oliver Thewes	(Hennefer TV 1895)
Zeitnehmer Bahn 4	Rainer Arnold	(SSF Bonn)
Zeitnehmer Bahn 5	Kerstin Althoff	(SV Horrem-Sindorf)
Zeitnehmer Bahn 5	Hella Pollehn	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 6	Sabina Pöland	(SC Hürth)
Zeitnehmer Bahn 6	Lara Zickermann	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 7	Tigest Behailu Negewo	(SV Rhenania Köln 1919)
Zeitnehmer Bahn 7	Eugen Krom	(SC Hardtberg 1968)
Zeitnehmer Bahn 8	Jörg Schindler	(TPSK 1925)
Zeitnehmer Bahn 8	Britta Wilbertz	(SSF Bonn)
Reserve-Zeitnehmer	Theo van der Meulen	(Schwimmbezirk Mittelrhein)
Wenderichter-Obmann	Nina Stassen-Schwarz	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 1	Melek Tok	(TPSK 1925)
Wenderichter Bahn 2	Melek Tok	(TPSK 1925)
Wenderichter Bahn 3	Sarah Göbel	(Hennefer TV 1895)
Wenderichter Bahn 4	Sarah Göbel	(Hennefer TV 1895)
Wenderichter Bahn 5	Nina Stassen-Schwarz	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 6	Nina Stassen-Schwarz	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 7	Katharina Huth	(TPSK 1925)
Wenderichter Bahn 8	Katharina Huth	(TPSK 1925)

Wettkampf 105

400 m Lagen (Masters)

(weiblich,

2003 u.ä.)

Masters-Wertung

Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895	abgemeldet
Katharina Amann	(2000/ AK 20)	SG Rhein-Sieg	abgemeldet

Altersklasse 20

Katharina Amann	(2000/ AK 20)	SG Rhein-Sieg	abgemeldet
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Altersklasse 35

Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895	abgemeldet
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Wettkampf 106

400 m Lagen (Masters)

(männlich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meister der Masters"

Javier Nogues	(1964/ AK 55)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:13,43	2:37,88	4:17,00		5:29,67	958
				(1:24,45)	(1:39,12)	(1:12,67)		
2. Georg Wambach	(1966/ AK 55)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:16,20	2:56,51	4:42,58		6:04,55	708
				(1:40,31)	(1:46,07)	(1:21,97)		
3. Mario Heese	(1973/ AK 50)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:17,84	2:41,88	4:21,55		5:41,46	641
				(1:24,04)	(1:39,67)	(1:19,91)		

Altersklasse 50

1. Mario Heese	(1973/ AK 50)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:17,84	2:41,88	4:21,55		5:41,46	641
				(1:24,04)	(1:39,67)	(1:19,91)		

Altersklasse 55

1. Javier Nogues	(1964/ AK 55)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:13,43	2:37,88	4:17,00		5:29,67	958
				(1:24,45)	(1:39,12)	(1:12,67)		
2. Georg Wambach	(1966/ AK 55)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:16,20	2:56,51	4:42,58		6:04,55	708
				(1:40,31)	(1:46,07)	(1:21,97)		

Wettkampf 3

1500 m Freistil

(weiblich,

2012 u.ä.)

Offene Klasse**(Pflichtzeit: 21:00,00)**1. und somit "Mittelrhein-Meisterin"

Charlotte Schwung

(2007) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:09,68	2:25,27	3:41,98	4:58,58	6:15,62	
	(1:15,59)	(1:16,71)	(1:16,60)	(1:17,04)	
600 m	700 m	800 m	900 m	1000 m	
7:32,50	8:49,63	10:06,30	11:22,46	12:38,57	
(1:16,88)	(1:17,13)	(1:16,67)	(1:16,16)	(1:16,11)	
1100 m	1200 m	1300 m	1400 m		
13:55,20	15:11,59	16:27,80	17:43,65		19:01,07
(1:16,63)	(1:16,39)	(1:16,21)	(1:15,85)	(1:17,42)	

2. Franziska Wilbertz

(2007) SSF Bonn

100 m	200 m	300 m	400 m	500 m	
1:10,86	2:27,90	3:46,17	5:04,96	6:23,93	
	(1:17,04)	(1:18,27)	(1:18,79)	(1:18,97)	
600 m	700 m	800 m	900 m	1000 m	
7:43,40	9:02,42	10:22,11	11:42,18	13:01,88	
(1:19,47)	(1:19,02)	(1:19,69)	(1:20,07)	(1:19,70)	
1100 m	1200 m	1300 m	1400 m		
14:21,93	15:41,69	17:01,69	18:22,19		19:41,30
(1:20,05)	(1:19,76)	(1:20,00)	(1:20,50)	(1:19,11)	

3. Anna Sotti

(2010) SV Rhenania Köln 1919

100 m	200 m	300 m	400 m	500 m	
1:10,69	2:29,00	3:48,64	5:08,33	6:29,42	
	(1:18,31)	(1:19,64)	(1:19,69)	(1:21,09)	
600 m	700 m	800 m	900 m	1000 m	
7:50,13	9:10,99	10:32,24	11:53,64	13:15,36	
(1:20,71)	(1:20,86)	(1:21,25)	(1:21,40)	(1:21,72)	
1100 m	1200 m	1300 m	1400 m		
14:36,37	15:57,75	17:18,51	18:38,75		19:57,64
(1:21,01)	(1:21,38)	(1:20,76)	(1:20,24)	(1:18,89)	

4. Carla Schneider

(2010) SC Hürth

100 m	200 m	300 m	400 m	500 m	
1:13,63	2:33,98	3:55,03	5:16,43	6:38,58	
	(1:20,35)	(1:21,05)	(1:21,40)	(1:22,15)	
600 m	700 m	800 m	900 m	1000 m	
8:00,12	9:22,06	10:43,44	12:05,14	13:26,41	
(1:21,54)	(1:21,94)	(1:21,38)	(1:21,70)	(1:21,27)	
1100 m	1200 m	1300 m	1400 m		
14:48,31	16:10,33	17:32,50	18:54,19		20:11,75
(1:21,90)	(1:22,02)	(1:22,17)	(1:21,69)	(1:17,56)	

5. Mariline Weselek

(2004) SV Bergisch Gladbach 1920/71

100 m	200 m	300 m	400 m	500 m	
1:15,25	2:36,87	3:58,19	5:20,17	6:43,23	
	(1:21,62)	(1:21,32)	(1:21,98)	(1:23,06)	
600 m	700 m	800 m	900 m	1000 m	
8:07,17	9:31,23	10:55,75	12:20,44	13:44,88	
(1:23,94)	(1:24,06)	(1:24,52)	(1:24,69)	(1:24,44)	
1100 m	1200 m	1300 m	1400 m		
15:08,69	16:33,51	17:58,41	19:22,97		20:44,86
(1:23,81)	(1:24,82)	(1:24,90)	(1:24,56)	(1:21,89)	

6. Lara Wevelsiep

(1994) Hennefer TV 1895

100 m	200 m	300 m	400 m	500 m	
1:17,55	2:42,08	4:06,71	5:30,70	6:54,84	
	(1:24,53)	(1:24,63)	(1:23,99)	(1:24,14)	
600 m	700 m	800 m	900 m	1000 m	
8:18,48	9:42,44	11:07,97	12:32,69	13:57,48	
(1:23,64)	(1:23,96)	(1:25,53)	(1:24,72)	(1:24,79)	
1100 m	1200 m	1300 m	1400 m		
15:22,70	16:47,00	18:11,46	19:34,49		20:51,83
(1:25,22)	(1:24,30)	(1:24,46)	(1:23,03)	(1:17,34)	

noch Wettkampf 3

1500 m Freistil

(weiblich)

7. Fenja Althoff	(2007) SV Horrem-Sindorf																			
		100 m	200 m	300 m	400 m	500 m														
		1:19,63	2:43,07	4:06,26	5:29,81	6:53,57														
			(1:23,44)	(1:23,19)	(1:23,55)	(1:23,76)														
		600 m	700 m	800 m	900 m	1000 m														
		8:17,78	9:42,50	11:07,54	12:32,56	13:57,38														
		(1:24,21)	(1:24,72)	(1:25,04)	(1:25,02)	(1:24,82)														
		1100 m	1200 m	1300 m	1400 m															
		15:22,41	16:46,66	18:11,11	19:34,23	20:53,63														
		(1:25,03)	(1:24,25)	(1:24,45)	(1:23,12)	(1:19,40)														
8. Donata Saldsieder	(2011) SSF Bonn																			
		100 m	200 m	300 m	400 m	500 m														
		1:20,97	2:45,95	4:10,61	5:34,99	7:00,20														
			(1:24,98)	(1:24,66)	(1:24,38)	(1:25,21)														
		600 m	700 m	800 m	900 m	1000 m														
		8:24,96	9:49,36	11:14,81	12:39,49	14:04,33														
		(1:24,76)	(1:24,40)	(1:25,45)	(1:24,68)	(1:24,84)														
		1100 m	1200 m	1300 m	1400 m															
		15:28,79	16:53,87	18:18,73	19:43,27	21:05,32														
		(1:24,46)	(1:25,08)	(1:24,86)	(1:24,54)	(1:22,05)														ENM
9. Stella Wilbertz	(2009) SSF Bonn																			
		100 m	200 m	300 m	400 m	500 m														
		1:18,08	2:42,57	4:06,81	5:30,69	6:54,98														
			(1:24,49)	(1:24,24)	(1:23,88)	(1:24,29)														
		600 m	700 m	800 m	900 m	1000 m														
		8:19,82	9:44,84	11:10,77	12:36,69	14:03,32														
		(1:24,84)	(1:25,02)	(1:25,93)	(1:25,92)	(1:26,63)														
		1100 m	1200 m	1300 m	1400 m															
		15:30,54	16:58,46	18:26,21	19:53,68	21:17,29														
		(1:27,22)	(1:27,92)	(1:27,75)	(1:27,47)	(1:23,61)														ENM
Lilly Pöland	(2008) SC Hürth																			abgemeldet
Samira Thelemann	(2008) SG WAGO 1950																			abgemeldet

Wettkampf 4

800 m Freistil

(männlich,

2012 u.ä.)

Offene Klasse(Pflichtzeit: 10:15,00)

1. <u>und somit "Mittelrhein-Meister"</u> Christian Hönig	(2002) TPSK 1925	100 m	200 m	300 m	400 m	
		1:06,50	2:19,53	3:33,10	4:46,84	
			(1:13,03)	(1:13,57)	(1:13,74)	
		500 m	600 m	700 m		9:35,93
		6:00,03	7:13,89	8:26,81		
		(1:13,19)	(1:13,86)	(1:12,92)	(1:09,12)	
2. Gian Walter	(2006) SC Hürth	100 m	200 m	300 m	400 m	
		1:06,76	2:20,36	3:34,16	4:48,13	
			(1:13,60)	(1:13,80)	(1:13,97)	
		500 m	600 m	700 m		9:42,42
		6:01,93	7:16,53	8:30,92		
		(1:13,80)	(1:14,60)	(1:14,39)	(1:11,50)	
3. Ilias Hamdouch	(2010) SV Rhenania Köln 1919	100 m	200 m	300 m	400 m	
		1:09,87	2:25,87	3:41,92	4:56,76	
			(1:16,00)	(1:16,05)	(1:14,84)	
		500 m	600 m	700 m		9:53,02
		6:11,52	7:26,76	8:41,68		
		(1:14,76)	(1:15,24)	(1:14,92)	(1:11,34)	
4. Albrecht Moster	(2008) TPSK 1925	100 m	200 m	300 m	400 m	
		1:09,48	2:25,31	3:41,20	4:57,28	
			(1:15,83)	(1:15,89)	(1:16,08)	
		500 m	600 m	700 m		9:53,70
		6:13,89	7:29,42	8:44,09		
		(1:16,61)	(1:15,53)	(1:14,67)	(1:09,61)	
5. Daniel Rot	(2008) TPSK 1925	100 m	200 m	300 m	400 m	
		1:09,07	2:25,31	3:41,71	4:58,49	
			(1:16,24)	(1:16,40)	(1:16,78)	
		500 m	600 m	700 m		10:00,13
		6:15,82	7:33,93	8:51,18		
		(1:17,33)	(1:18,11)	(1:17,25)	(1:08,95)	
6. Adrian Nöttgen	(2007) Hennefer TV 1895	100 m	200 m	300 m	400 m	
		1:08,63	2:23,93	3:39,97	4:56,47	
			(1:15,30)	(1:16,04)	(1:16,50)	
		500 m	600 m	700 m		10:00,58
		6:13,92	7:30,93	8:47,39		
		(1:17,45)	(1:17,01)	(1:16,46)	(1:13,19)	
7. Jan Mathis Bertram	(2008) SV Bergisch Gladbach 1920/71	100 m	200 m	300 m	400 m	
		1:08,63	2:25,60	3:41,59	4:58,95	
			(1:16,97)	(1:15,99)	(1:17,36)	
		500 m	600 m	700 m		10:04,72
		6:16,80	7:34,47	8:51,23		
		(1:17,85)	(1:17,67)	(1:16,76)	(1:13,49)	
8. David Reul	(2005) SC Hardtberg 1968	100 m	200 m	300 m	400 m	
		1:06,68	2:21,77	3:39,53	4:57,11	
			(1:15,09)	(1:17,76)	(1:17,58)	
		500 m	600 m	700 m		10:08,14
		6:15,39	7:33,72	8:52,25		
		(1:18,28)	(1:18,33)	(1:18,53)	(1:15,89)	

noch Wettkampf 4

800 m Freistil

(männlich)

9.	Max Zacharias Dahmen	(2005)	TPSK 1925							
				100 m	200 m	300 m	400 m			
				1:08,81	2:24,26	3:41,46	4:59,98			
					(1:15,45)	(1:17,20)	(1:18,52)			
				500 m	600 m	700 m				
				6:17,60	7:37,16	8:54,05		10:08,41		
				(1:17,62)	(1:19,56)	(1:16,89)	(1:14,36)			
10.	Peter Dathe	(2008)	SV Bergisch Gladbach 1920/71							
				100 m	200 m	300 m	400 m			
				1:10,56	2:27,39	3:44,47	5:02,98			
					(1:16,83)	(1:17,08)	(1:18,51)			
				500 m	600 m	700 m				
				6:20,78	7:39,12	8:55,69		10:09,56		
				(1:17,80)	(1:18,34)	(1:16,57)	(1:13,87)			
11.	Thorben Werner	(2005)	ASV Sankt Augustin 1956							
				100 m	200 m	300 m	400 m			
				1:07,02	2:22,71	3:39,87	4:58,41			
					(1:15,69)	(1:17,16)	(1:18,54)			
				500 m	600 m	700 m				
				6:17,38	7:36,55	8:55,76		10:13,83		
				(1:18,97)	(1:19,17)	(1:19,21)	(1:18,07)			
12.	Leon-Sun Tönsmann	(2006)	SV Bergisch Gladbach 1920/71							
				100 m	200 m	300 m	400 m			
				1:07,61	2:22,93	3:40,34	4:59,03			
					(1:15,32)	(1:17,41)	(1:18,69)			
				500 m	600 m	700 m				
				6:18,63	7:38,30	8:58,10		10:14,79		
				(1:19,60)	(1:19,67)	(1:19,80)	(1:16,69)			
13.	Yong Zhao	(1977)	SV Horrem-Sindorf							
				100 m	200 m	300 m	400 m			
				1:10,29	2:27,18	3:44,71	5:02,63			
					(1:16,89)	(1:17,53)	(1:17,92)			
				500 m	600 m	700 m				
				6:20,50	7:38,53	8:57,11		10:14,93		
				(1:17,87)	(1:18,03)	(1:18,58)	(1:17,82)			
14.	Lukas Kasten	(2005)	SC Hürth							
				100 m	200 m	300 m	400 m			
				1:06,90	2:25,07	3:42,84	5:03,44			
					(1:18,17)	(1:17,77)	(1:20,60)			
				500 m	600 m	700 m				
				6:25,11	7:46,42	9:07,15		10:25,29		ENM
				(1:21,67)	(1:21,31)	(1:20,73)	(1:18,14)			
15.	Justus Saldsieder	(2010)	SSF Bonn							
				100 m	200 m	300 m	400 m			
				1:12,70	2:31,83	3:50,91	5:10,89			
					(1:19,13)	(1:19,08)	(1:19,98)			
				500 m	600 m	700 m				
				6:31,10	7:50,38	9:10,60		10:27,05		ENM
				(1:20,21)	(1:19,28)	(1:20,22)	(1:16,45)			
16.	Louis Monnée	(2008)	SV Bergisch Gladbach 1920/71							
				100 m	200 m	300 m	400 m			
				1:12,90	2:32,36	3:53,01	5:13,08			
					(1:19,46)	(1:20,65)	(1:20,07)			
				500 m	600 m	700 m				
				6:33,80	7:54,44	9:15,18		10:32,20		ENM
				(1:20,72)	(1:20,64)	(1:20,74)	(1:17,02)			
17.	Okan Uludag	(2009)	SSF Bonn							
				100 m	200 m	300 m	400 m			
				1:14,16	2:35,32	3:57,05	5:18,14			
					(1:21,16)	(1:21,73)	(1:21,09)			
				500 m	600 m	700 m				
				6:39,26	8:00,59	9:20,45		10:35,34		ENM
				(1:21,12)	(1:21,33)	(1:19,86)	(1:14,89)			

noch Wettkampf 4

800 m Freistil

(männlich)

18. Diego-Alexander Kister	(2007)	SC Hardtberg 1968							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>			
			1:10,91	2:31,85	3:53,73	5:16,31			
				(1:20,94)	(1:21,88)	(1:22,58)			
			<i>500 m</i>	<i>600 m</i>	<i>700 m</i>				
			6:39,42	8:01,67	9:23,49		10:38,94		ENM
			(1:23,11)	(1:22,25)	(1:21,82)	(1:15,45)			
19. Anton Holzhäuer	(2008)	SC Hardtberg 1968							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>			
			1:16,45	2:39,09	4:02,88	5:26,83			
				(1:22,64)	(1:23,79)	(1:23,95)			
			<i>500 m</i>	<i>600 m</i>	<i>700 m</i>				
			6:51,23	8:15,09	9:38,43		10:56,12		ENM
			(1:24,40)	(1:23,86)	(1:23,34)	(1:17,69)			
20. David Bret	(2010)	SV Rhenania Köln 1919							
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>			
			1:16,12	2:39,21	4:03,51	5:28,16			
				(1:23,09)	(1:24,30)	(1:24,65)			
			<i>500 m</i>	<i>600 m</i>	<i>700 m</i>				
			6:53,18	8:17,68	9:42,13		11:05,38		ENM
			(1:25,02)	(1:24,50)	(1:24,45)	(1:23,25)			
Jakob Eßmann	(2008)	TPSK 1925							abgemeldet

Wettkampf 107

200 m Rücken (Masters)

(weiblich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meisterin der Masters"

Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg	^{100 m} 1:22,85	(1:25,93)	2:48,78	632
2. Elisabeth Paal	(2000/ AK 20)	Hennefer TV 1895	^{100 m} 1:22,62	(1:26,49)	2:49,11	629
3. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg	^{100 m} 1:32,99	(1:39,34)	3:12,33	427
4. Britta Fritz	(1971/ AK 50)	SC Janus Köln	^{100 m} 2:08,30	(2:09,09)	4:17,39	257
Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895			abgemeldet	

Altersklasse 20

1. Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg	^{100 m} 1:22,85	(1:25,93)	2:48,78	632
2. Elisabeth Paal	(2000/ AK 20)	Hennefer TV 1895	^{100 m} 1:22,62	(1:26,49)	2:49,11	629
3. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg	^{100 m} 1:32,99	(1:39,34)	3:12,33	427

Altersklasse 35

Sarah Göbl	(1985/ AK 35)	Hennefer TV 1895			abgemeldet	
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Altersklasse 50

1. Britta Fritz	(1971/ AK 50)	SC Janus Köln	^{100 m} 2:08,30	(2:09,09)	4:17,39	257
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Wettkampf 108

200 m Rücken (Masters)

(männlich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meister der Masters"

Tomas Prescher	(1966/ AK 55)	TSV Much 1913	^{100 m} 1:20,16	(1:23,89)	2:44,05	779
2. Sebastian Schüller	(1996/ AK 25)	SG Rhein-Sieg	^{100 m} 1:16,50	(1:20,63)	2:37,13	489
3. Stefan Herr	(1968/ AK 55)	SG Rhein-Sieg	^{100 m} 1:35,63	(1:37,85)	3:13,48	475
4. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	^{100 m} 1:36,81	(1:41,67)	3:18,48	281

Altersklasse 25

1. Sebastian Schüller	(1996/ AK 25)	SG Rhein-Sieg	^{100 m} 1:16,50	(1:20,63)	2:37,13	489
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noch Wettkampf 108

200 m Rücken (Masters)

(männlich)

Altersklasse 30

1. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	^{100 m} 1:36,81	(1:41,67)	3:18,48	281
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Altersklasse 55

1. Tomas Prescher	(1966/ AK 55)	TSV Much 1913	^{100 m} 1:20,16	(1:23,89)	2:44,05	779
2. Stefan Herr	(1968/ AK 55)	SG Rhein-Sieg	^{100 m} 1:35,63	(1:37,85)	3:13,48	475

Wettkampf 109

400 m Freistil (Masters)

(weiblich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meisterin der Masters"

Carolina Pritz	(1997/ AK 25)	SC Hürth						
			100 m	200 m	300 m			
			1:26,26	3:01,61	4:38,37		6:12,10	371
				(1:35,35)	(1:36,76)	(1:33,73)		
2. Kirsten Stamer	(1961/ AK 60)	SC Janus Köln						
			100 m	200 m	300 m			
			1:39,52	3:32,33	5:28,07		7:23,64	360
				(1:52,81)	(1:55,74)	(1:55,57)		
3. Birgit Voigt	(1964/ AK 55)	SV Bergisch Gladbach 1920/71						
			100 m	200 m	300 m			
			1:38,04	3:29,26	5:21,13		7:08,50	312
				(1:51,22)	(1:51,87)	(1:47,37)		
Christina Nonnenmacher	(1979/ AK 40)	Hennefer TV 1895					abgemeldet	

Altersklasse 25

1. Carolina Pritz	(1997/ AK 25)	SC Hürth						
			100 m	200 m	300 m			
			1:26,26	3:01,61	4:38,37		6:12,10	371
				(1:35,35)	(1:36,76)	(1:33,73)		

Altersklasse 40Christina Nonnenmacher (1979/ AK 40) Hennefer TV 1895 **abgemeldet****Altersklasse 55**

1. Birgit Voigt	(1964/ AK 55)	SV Bergisch Gladbach 1920/71						
			100 m	200 m	300 m			
			1:38,04	3:29,26	5:21,13		7:08,50	312
				(1:51,22)	(1:51,87)	(1:47,37)		

Altersklasse 60

1. Kirsten Stamer	(1961/ AK 60)	SC Janus Köln						
			100 m	200 m	300 m			
			1:39,52	3:32,33	5:28,07		7:23,64	360
				(1:52,81)	(1:55,74)	(1:55,57)		

Wettkampf 110

400 m Freistil (Masters)

(männlich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meister der Masters"

Mario Heese	(1973/ AK 50)	SSF Bonn						
			100 m	200 m	300 m			
			1:12,68	2:32,65	3:53,61		5:11,96	628
				(1:19,97)	(1:20,96)	(1:18,35)		
2. Yong Zhao	(1977/ AK 45)	SV Horrem-Sindorf						
			100 m	200 m	300 m			
			1:10,87	2:29,72	3:48,11		5:05,08	592
				(1:18,85)	(1:18,39)	(1:16,97)		
3. Dani Ribeiro Schultz	(1985/ AK 35)	SV Rhenania Köln 1919						
			100 m	200 m	300 m			
			1:12,92	2:30,18	3:49,44		5:08,88	572
				(1:17,26)	(1:19,26)	(1:19,44)		
4. Felix Nguyen	(2002/ AK 20)	SC Hardtberg 1968						
			100 m	200 m	300 m			
			1:07,26	2:21,74	3:39,38		4:56,22	524
				(1:14,48)	(1:17,64)	(1:16,84)		

noch Wettkampf 110**400 m Freistil (Masters)****(männlich)**

5. Steffen Hackbarth	(1986/ AK 35)	SSF Bonn	<i>100 m</i> 1:17,16	<i>200 m</i> 2:43,51 (1:26,35)	<i>300 m</i> 4:13,62 (1:30,11)	(1:23,36)	5:36,98	441
6. Yannick Sinnecker	(1993/ AK 30)	SSF Sieglar 60	<i>100 m</i> 1:11,10	<i>200 m</i> 2:34,60 (1:23,50)	<i>300 m</i> 3:47,17 (1:12,57)	(1:39,99)	5:27,16	438
7. Adrian Overberg	(1969/ AK 50)	Hennefer TV 1895	<i>100 m</i> 1:16,80	<i>200 m</i> 2:45,43 (1:28,63)	<i>300 m</i> 4:19,91 (1:34,48)	(1:35,10)	5:55,01	426
8. Claus Lewandowski	(1972/ AK 50)	SSF Bonn	<i>100 m</i> 1:28,13	<i>200 m</i> 3:07,09 (1:38,96)	<i>300 m</i> 4:42,60 (1:35,51)	(1:32,33)	6:14,93	361
9. Moritz Laarmann	(2001/ AK 20)	SC Hardtberg 1968	<i>100 m</i> 1:14,11	<i>200 m</i> 2:41,31 (1:27,20)	<i>300 m</i> 4:11,55 (1:30,24)	(1:27,38)	5:38,93	350
10. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	<i>100 m</i> 1:22,42	<i>200 m</i> 2:57,34 (1:34,92)	<i>300 m</i> 4:32,54 (1:35,20)	(1:33,49)	6:06,03	313
Hans-Jörg Kuck	(1961/ AK 60)	SSF Bonn					abgemeldet	

Altersklasse 20

1. Felix Nguyen	(2002/ AK 20)	SC Hardtberg 1968	<i>100 m</i> 1:07,26	<i>200 m</i> 2:21,74 (1:14,48)	<i>300 m</i> 3:39,38 (1:17,64)	(1:16,84)	4:56,22	524
2. Moritz Laarmann	(2001/ AK 20)	SC Hardtberg 1968	<i>100 m</i> 1:14,11	<i>200 m</i> 2:41,31 (1:27,20)	<i>300 m</i> 4:11,55 (1:30,24)	(1:27,38)	5:38,93	350

Altersklasse 30

1. Yannick Sinnecker	(1993/ AK 30)	SSF Sieglar 60	<i>100 m</i> 1:11,10	<i>200 m</i> 2:34,60 (1:23,50)	<i>300 m</i> 3:47,17 (1:12,57)	(1:39,99)	5:27,16	438
2. Niklas Wroblowsky	(1991/ AK 30)	SC Hürth	<i>100 m</i> 1:22,42	<i>200 m</i> 2:57,34 (1:34,92)	<i>300 m</i> 4:32,54 (1:35,20)	(1:33,49)	6:06,03	313

Altersklasse 35

1. Dani Ribeiro Schultz	(1985/ AK 35)	SV Rhenania Köln 1919	<i>100 m</i> 1:12,92	<i>200 m</i> 2:30,18 (1:17,26)	<i>300 m</i> 3:49,44 (1:19,26)	(1:19,44)	5:08,88	572
2. Steffen Hackbarth	(1986/ AK 35)	SSF Bonn	<i>100 m</i> 1:17,16	<i>200 m</i> 2:43,51 (1:26,35)	<i>300 m</i> 4:13,62 (1:30,11)	(1:23,36)	5:36,98	441

Altersklasse 45

1. Yong Zhao	(1977/ AK 45)	SV Horrem-Sindorf	<i>100 m</i> 1:10,87	<i>200 m</i> 2:29,72 (1:18,85)	<i>300 m</i> 3:48,11 (1:18,39)	(1:16,97)	5:05,08	592
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noch Wettkampf 110

400 m Freistil (Masters)

(männlich)

Altersklasse 50

1. Mario Heese	(1973/ AK 50)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:12,68	2:32,65	3:53,61		5:11,96	628
				(1:19,97)	(1:20,96)	(1:18,35)		
2. Adrian Overberg	(1969/ AK 50)	Hennefer TV 1895						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:16,80	2:45,43	4:19,91		5:55,01	426
				(1:28,63)	(1:34,48)	(1:35,10)		
3. Claus Lewandowski	(1972/ AK 50)	SSF Bonn						
			<i>100 m</i>	<i>200 m</i>	<i>300 m</i>			
			1:28,13	3:07,09	4:42,60		6:14,93	361
				(1:38,96)	(1:35,51)	(1:32,33)		

Altersklasse 60

Hans-Jörg Kuck

(1961/ AK 60) SSF Bonn

abgemeldet

Ende des 2. Veranstaltungs-Abschnittes: 17:43 Uhr
 Ende des Protokolls: 17:56 Uhr

gez. Ingo Tank
(Schiedsrichter)

gez. Stephanie Schwung
(Schiedsrichter)

gez. Markus Klaes
(Protokollführer)

gez. Felix Nehring
(Protokollführer)

Kampfgericht

für den 3. Veranstaltungs-Abschnitt

Schiedsrichter - Frauen	Theo van der Meulen	(Schwimmbezirk Mittelrhein)
Schiedsrichter - Männer	Yvonne Schützendorf	(Schwimmbezirk Mittelrhein)
Prüfungsschiedsrichter	Ingo Tank	(Schwimmbezirk Mittelrhein)
Starter	Beate Seyer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Heiko Krämer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Klemens Halberg	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Christoph Holzhäuer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Katja Faber	(Schwimmbezirk Mittelrhein)
Auswerter	Jeannette Vieth	(Schwimmbezirk Mittelrhein)
Auswerter	Felix Nehring	(Schwimmbezirk Mittelrhein)
Protokollführer	Markus Klaes	(Schwimmbezirk Mittelrhein)
Protokollführer	Katharina Huth	(Schwimmbezirk Mittelrhein)
Protokollführer	Kriszta Medve	(Schwimmbezirk Mittelrhein)
Zeitmessung	Robert Schuster	(SSF Bonn)
Sprecher	Gisela Hampke	(Schwimmbezirk Mittelrhein)
Sprecher	Dr. Olaf Lottner	(Schwimmbezirk Mittelrhein)
Zielrichter-Obmann	Volker Hampke	(Schwimmbezirk Mittelrhein)
Zielrichter	Malgorzata Jarosch	(Schwimmbezirk Mittelrhein)
Zielrichter	Anja Pennartz	(SV Rhenania Köln 1919)
Zielrichter	Dr. Niels Maringer	(SV Wasserhelden)
Zielrichter	Hella Pollehn	(Schwimmbezirk Mittelrhein)
Zeitnehmer-Obmann	Nils Scheer	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 1	Jens Simons	(SG Bergheim)
Zeitnehmer Bahn 1	Marco Gerth	(SG Bergheim)
Zeitnehmer Bahn 2	Nina Saldsieder	(SSF Bonn)
Zeitnehmer Bahn 2	Elena Wiens	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 3	Britta Wilbertz	(SSF Bonn)
Zeitnehmer Bahn 3	Viktoria Wiens-Walter	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 4	Tobias Bald	(SC Hardtberg 1968)
Zeitnehmer Bahn 4	Beatrice Bogar	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 5	Corinna Rüberg	(Hennefer TV 1895)
Zeitnehmer Bahn 5	Mark Thorand	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 6	Alexandra Mellenthin-Kozina	(SV Horrem-Sindorf)
Zeitnehmer Bahn 6	Mischa Hoch	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 7	Edmund Merl	(SC Hürth)
Zeitnehmer Bahn 7	Denise Spahn	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 8	Melek Tok	(TPSK 1925)
Zeitnehmer Bahn 8	Sebastian Jarosch	(Schwimmbezirk Mittelrhein)
Reserve-Zeitnehmer	Stephanie Schwung	(Schwimmbezirk Mittelrhein)
Wenderichter-Obmann	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 1	Renate Dziuk	(SG Rhein-Sieg)
Wenderichter Bahn 2	Rainer Arnold	(SSF Bonn)
Wenderichter Bahn 3	Akbel Sahrroui	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 4	Dace Akkaya	(TPSK 1925)
Wenderichter Bahn 5	Tanja Thomsen	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 6	Faical Laadraoui	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 7	Uwe Schulz	(SG WAGO 1950)
Wenderichter Bahn 8	Birgit Aramaki	(SV Bergisch Gladbach 1920/71)

Wettkampf 5

800 m Freistil

(weiblich,

2012 u.ä.)

Jahrgang 2012(Pflichtzeit: 14:00,00)1. und somit "Mittelrhein-Jahrgangsmeisterin"

Ina Cichon	(2012)	SG Bergheim								
			100 m	200 m	300 m	400 m				
			1:19,98	2:44,92	4:11,98	5:37,95				
				(1:24,94)	(1:27,06)	(1:25,97)				
			500 m	600 m	700 m					
			7:01,65	8:25,68	9:46,47		11:05,17			
			(1:23,70)	(1:24,03)	(1:20,79)	(1:18,70)				
2. Talya Tok	(2012)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:21,81	2:52,06	4:23,78	5:54,60				
				(1:30,25)	(1:31,72)	(1:30,82)				
			500 m	600 m	700 m					
			7:26,95	8:58,73	10:30,37		11:51,25			
			(1:32,35)	(1:31,78)	(1:31,64)	(1:20,88)				
3. Eslem Su Soydan	(2012)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:24,02	2:55,88	4:28,62	6:02,27				
				(1:31,86)	(1:32,74)	(1:33,65)				
			500 m	600 m	700 m					
			7:35,50	9:07,77	10:40,22		12:07,34			
			(1:33,23)	(1:32,27)	(1:32,45)	(1:27,12)				
4. Nina Jarosch	(2012)	SG Bergheim								
			100 m	200 m	300 m	400 m				
			1:22,92	2:56,57	4:30,79	6:04,87				
				(1:33,65)	(1:34,22)	(1:34,08)				
			500 m	600 m	700 m					
			7:38,36	9:13,52	10:47,78		12:17,41			
			(1:33,49)	(1:35,16)	(1:34,26)	(1:29,63)				
5. Elif Örgün	(2012)	SG Bergheim								
			100 m	200 m	300 m	400 m				
			1:28,15	3:04,46	4:40,70	6:17,63				
				(1:36,31)	(1:36,24)	(1:36,93)				
			500 m	600 m	700 m					
			7:54,81	9:35,88	11:14,46		12:44,71			
			(1:37,18)	(1:41,07)	(1:38,58)	(1:30,25)				
6. Amelie Roth	(2012)	TSV Much 1913								
			100 m	200 m	300 m	400 m				
			1:26,80	3:06,61	4:46,53	6:28,05				
				(1:39,81)	(1:39,92)	(1:41,52)				
			500 m	600 m	700 m					
			8:09,84	9:50,55	11:29,89		13:06,22			
			(1:41,79)	(1:40,71)	(1:39,34)	(1:36,33)				
7. Mila Lindstädt	(2012)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:31,26	3:15,94	5:04,26	6:54,66				
				(1:44,68)	(1:48,32)	(1:50,40)				
			500 m	600 m	700 m					
			8:47,09	10:37,16	12:24,39		14:03,41			ENM
			(1:52,43)	(1:50,07)	(1:47,23)	(1:39,02)				
8. Sophie Breuer	(2012)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:41,23	3:34,44	5:27,57	7:19,73				
				(1:53,21)	(1:53,13)	(1:52,16)				
			500 m	600 m	700 m					
			9:13,35	11:08,50	13:04,05		14:56,36			ENM
			(1:53,62)	(1:55,15)	(1:55,55)	(1:52,31)				

noch Wettkampf 5

800 m Freistil

(weiblich)

Jahrgang 2011

(Pflichtzeit: 13:00,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u>									
Donata Saldsieder	(2011)	SSF Bonn	100 m	200 m	300 m	400 m			
			1:21,24	2:46,71	4:11,96	5:36,99			
				(1:25,47)	(1:25,25)	(1:25,03)			
			500 m	600 m	700 m			11:15,21	
			7:02,99	8:28,34	9:53,31				
			(1:26,00)	(1:25,35)	(1:24,97)			(1:21,90)	
2. Ida Huth									
	(2011)	TPSK 1925	100 m	200 m	300 m	400 m			
			1:21,09	2:47,10	4:14,67	5:41,62			
				(1:26,01)	(1:27,57)	(1:26,95)			
			500 m	600 m	700 m			11:21,07	
			7:08,97	8:36,28	10:03,70				
			(1:27,35)	(1:27,31)	(1:27,42)			(1:17,37)	
3. Valeria Lemesh									
	(2011)	TPSK 1925	100 m	200 m	300 m	400 m			
			1:24,70	2:57,04	4:31,39	6:07,48			
				(1:32,34)	(1:34,35)	(1:36,09)			
			500 m	600 m	700 m			12:18,55	
			7:43,29	9:17,64	10:52,39				
			(1:35,81)	(1:34,35)	(1:34,75)			(1:26,16)	
4. Hadja Hawa Koly Kourouma									
	(2011)	SG Bergheim	100 m	200 m	300 m	400 m			
			1:29,08	3:07,10	4:47,20	6:26,26			
				(1:38,02)	(1:40,10)	(1:39,06)			
			500 m	600 m	700 m			13:04,95	ENM
			8:06,96	9:47,84	11:27,53				
			(1:40,70)	(1:40,88)	(1:39,69)			(1:37,42)	
5. Paulina Armbrecht									
	(2011)	TPSK 1925	100 m	200 m	300 m	400 m			
			1:28,14	3:06,81	4:47,87	6:28,33			
				(1:38,67)	(1:41,06)	(1:40,46)			
			500 m	600 m	700 m			13:05,52	ENM
			8:10,92	9:51,08					
			(1:42,59)	(1:40,16)					

Jahrgang 2010

(Pflichtzeit: 12:30,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u>									
Anna Sotti	(2010)	SV Rhenania Köln 1919	100 m	200 m	300 m	400 m			
			1:10,00	2:26,78	3:43,68	5:01,21			
				(1:16,78)	(1:16,90)	(1:17,53)			
			500 m	600 m	700 m			10:10,04	
			6:18,44	7:35,96	8:53,89				
			(1:17,23)	(1:17,52)	(1:17,93)			(1:16,15)	
2. Lisa Jarosch									
	(2010)	SG Bergheim	100 m	200 m	300 m	400 m			
			1:13,49	2:31,27	3:47,25	5:04,35			
				(1:17,78)	(1:15,98)	(1:17,10)			
			500 m	600 m	700 m			10:10,43	
			6:21,21	7:38,89	8:55,96				
			(1:16,86)	(1:17,68)	(1:17,07)			(1:14,47)	
3. Lea Gerth									
	(2010)	SG Bergheim	100 m	200 m	300 m	400 m			
			1:13,82	2:34,07	3:54,64	5:15,49			
				(1:20,25)	(1:20,57)	(1:20,85)			
			500 m	600 m	700 m			10:36,77	
			6:36,53	7:57,49	9:18,80				
			(1:21,04)	(1:20,96)	(1:21,31)			(1:17,97)	

noch Wettkampf 5

800 m Freistil

(weiblich)

4. Carla Schneider	(2010) SC Hürth	100 m	200 m	300 m	400 m	
		1:12,51	2:33,91	3:56,71	5:19,40	
			(1:21,40)	(1:22,80)	(1:22,69)	
		500 m	600 m	700 m		10:45,46
		6:42,53	8:05,88	9:27,90	(1:17,56)	
	(1:23,13)	(1:23,35)	(1:22,02)			
5. Ida Walter	(2010) SC Hürth	100 m	200 m	300 m	400 m	
		1:18,53	2:43,46	4:08,78	5:34,93	
			(1:24,93)	(1:25,32)	(1:26,15)	
		500 m	600 m	700 m		11:13,14
		7:01,18	8:27,11	9:51,78	(1:21,36)	
	(1:26,25)	(1:25,93)	(1:24,67)			
6. Angelina Yurchenko	(2010) SSF Bonn	100 m	200 m	300 m	400 m	
		1:14,48	2:41,45	4:06,39	5:32,73	
			(1:26,97)	(1:24,94)	(1:26,34)	
		500 m	600 m	700 m		11:14,99
		6:59,23	8:27,33	9:53,79	(1:21,20)	
	(1:26,50)	(1:28,10)	(1:26,46)			
7. Alexia Traka	(2010) TPSK 1925	100 m	200 m	300 m	400 m	
		1:28,19	2:46,88	4:13,47	5:40,55	
			(1:18,69)	(1:26,59)	(1:27,08)	
		500 m	600 m	700 m		11:15,48
		7:07,21	8:31,62	9:56,22	(1:19,26)	
	(1:26,66)	(1:24,41)	(1:24,60)			
8. Nina Pöland	(2010) SC Hürth	100 m	200 m	300 m	400 m	
		1:19,51	2:46,34	4:14,81	5:43,49	
			(1:26,83)	(1:28,47)	(1:28,68)	
		500 m	600 m	700 m		11:35,46
		7:11,86	8:42,05	10:11,93	(1:23,53)	
	(1:28,37)	(1:30,19)	(1:29,88)			
9. Katharina Liu	(2010) SSF Bonn	100 m	200 m	300 m	400 m	
		1:20,91	2:49,60	4:19,64	5:50,36	
			(1:28,69)	(1:30,04)	(1:30,72)	
		500 m	600 m	700 m		11:47,87
		7:20,94	8:52,56	10:21,86	(1:26,01)	
	(1:30,58)	(1:31,62)	(1:29,30)			
10. Elaine Pasternak	(2010) SV Wasserhelden	100 m	200 m	300 m	400 m	
		1:19,77	2:49,49	4:19,56	5:51,71	
			(1:29,72)	(1:30,07)	(1:32,15)	
		500 m	600 m	700 m		11:50,11
		7:22,69	8:53,46	10:24,16	(1:25,95)	
	(1:30,98)	(1:30,77)	(1:30,70)			
11. Emma Bork	(2010) Hennefer TV 1895	100 m	200 m	300 m	400 m	
		1:20,58	2:50,67	4:23,61	5:55,45	
			(1:30,09)	(1:32,94)	(1:31,84)	
		500 m	600 m	700 m		11:51,60
		7:27,86	8:59,42	10:30,05	(1:21,55)	
	(1:32,41)	(1:31,56)	(1:30,63)			
12. Lea Susan Tecklenburg	(2010) SV Rhenania Köln 1919	100 m	200 m	300 m	400 m	
		1:23,48	2:54,26	4:25,31	5:56,70	
			(1:30,78)	(1:31,05)	(1:31,39)	
		500 m	600 m	700 m		11:59,80
		7:28,23	9:00,34	10:32,00	(1:27,80)	
	(1:31,53)	(1:32,11)	(1:31,66)			

noch Wettkampf 5

800 m Freistil

(weiblich)

13. Nanett Schulz	(2010)	SG WAGO 1950								
			100 m	200 m	300 m	400 m				
			1:22,62	2:54,19	4:29,55	6:01,51				
				(1:31,57)	(1:35,36)	(1:31,96)				
			500 m	600 m	700 m					
			7:37,68	9:11,51	10:46,12			12:09,55		
			(1:36,17)	(1:33,83)	(1:34,61)	(1:23,43)				
14. Mika Dengen	(2010)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:24,36	2:58,17	4:31,92	6:06,84				
				(1:33,81)	(1:33,75)	(1:34,92)				
			500 m	600 m	700 m					
			7:42,04	9:18,94	10:53,13			12:23,75		
			(1:35,20)	(1:36,90)	(1:34,19)	(1:30,62)				
15. Jule Strand	(2010)	SV Horrem-Sindorf								
			100 m	200 m	300 m	400 m				
			1:24,57	2:58,73	4:34,98	6:14,27				
				(1:34,16)	(1:36,25)	(1:39,29)				
			500 m	600 m	700 m					
			7:53,10	9:32,82	11:13,32			12:47,04		ENM
			(1:38,83)	(1:39,72)	(1:40,50)	(1:33,72)				
16. Paulina Maringer	(2010)	SV Wasserhelden								
			100 m	200 m	300 m	400 m				
			1:26,78	3:08,35	4:50,25	6:29,38				
				(1:41,57)	(1:41,90)	(1:39,13)				
			500 m	600 m	700 m					
			8:06,06	9:43,55	11:20,14			12:50,05		ENM
			(1:36,68)	(1:37,49)	(1:36,59)	(1:29,91)				
17. Anna Maria Stüttgen	(2010)	SV Horrem-Sindorf								
			100 m	200 m	300 m	400 m				
			1:24,89	3:01,70	4:41,45	6:23,20				
				(1:36,81)	(1:39,75)	(1:41,75)				
			500 m	600 m	700 m					
			8:08,36	9:52,39	11:35,33			13:10,42		ENM
			(1:45,16)	(1:44,03)	(1:42,94)	(1:35,09)				
Kristina Kornijenko	(2010)	SSF Sieglar 60								abgemeldet
Lea Kosa	(2010)	SSF Sieglar 60								abgemeldet
Katarina Milosevic	(2010)	SSF Sieglar 60								abgemeldet
Ciara Leonie Graham	(2010)	SG WAGO 1950								abgemeldet
Stina Hülsmann	(2010)	TPSK 1925								abgemeldet
Nathalie Neumann	(2010)	TPSK 1925								abgemeldet
Liv Nolte	(2010)	TPSK 1925								abgemeldet

Jahrgang 2009

(Pflichtzeit: 12:00,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Eda Akkaya	(2009)	TPSK 1925								
			100 m	200 m	300 m	400 m				
			1:13,75	2:34,96	3:55,93	5:17,93				
				(1:21,21)	(1:20,97)	(1:22,00)				
			500 m	600 m	700 m					
			6:39,52	7:59,53	9:19,42			10:36,60		
			(1:21,59)	(1:20,01)	(1:19,89)	(1:17,18)				
2. Stella Wilbertz	(2009)	SSF Bonn								
			100 m	200 m	300 m	400 m				
			1:17,46	2:40,84	4:04,88	5:28,76				
				(1:23,38)	(1:24,04)	(1:23,88)				
			500 m	600 m	700 m					
			6:52,54	8:17,19	9:42,16			11:04,47		
			(1:23,78)	(1:24,65)	(1:24,97)	(1:22,31)				

noch Wettkampf 5

800 m Freistil

(weiblich)

3. Hannah Menke	(2009) TPSK 1925	100 m 1:16,99 (1:25,81)	200 m 2:42,80 (1:25,88)	300 m 4:08,68 (1:25,53)	400 m 5:34,21		
		500 m 7:00,58 (1:26,37)	600 m 8:27,83 (1:27,25)	700 m 9:55,02 (1:27,19)		11:13,97	
4. Pia Rüberg	(2009) Hennefer TV 1895	100 m 1:17,38 (1:23,78)	200 m 2:41,16 (1:24,96)	300 m 4:06,12 (1:25,67)	400 m 5:31,79		
		500 m 6:59,11 (1:27,32)	600 m 8:25,83 (1:26,72)	700 m 9:53,02 (1:27,19)		11:16,41	
5. Julia Sontag	(2009) SG WAGO 1950	100 m 1:18,57 (1:28,75)	200 m 2:47,32 (1:29,11)	300 m 4:16,43 (1:29,81)	400 m 5:46,24		
		500 m 7:15,25 (1:29,01)	600 m 8:44,56 (1:29,31)	700 m 10:13,58 (1:29,02)		11:37,02	
6. Florine Weselek	(2009) SV Bergisch Gladbach 1920/71	100 m 1:19,81 (1:28,53)	200 m 2:48,34 (1:28,00)	300 m 4:16,34 (1:28,60)	400 m 5:44,94		
		500 m 7:14,75 (1:29,81)	600 m 8:44,39 (1:29,64)	700 m 10:14,12 (1:29,73)		11:41,40	
7. Franziska Mellenthin	(2009) SV Horrem-Sindorf	100 m 1:20,15 (1:29,91)	200 m 2:50,06 (1:31,17)	300 m 4:21,23 (1:31,44)	400 m 5:52,67		
		500 m 7:24,84 (1:32,17)	600 m 8:56,61 (1:31,77)	700 m 10:26,97 (1:30,36)		11:46,56	
8. Lilli Zachert	(2009) SV Rhenania Köln 1919	100 m 1:20,49 (1:28,16)	200 m 2:48,65 (1:31,75)	300 m 4:20,40 (1:32,81)	400 m 5:53,21		
		500 m 7:25,05 (1:31,84)	600 m 8:57,33 (1:32,28)	700 m 10:29,24 (1:31,91)		11:59,28	
9. Ana Isabel Kurth	(2009) SSF Bonn	100 m 1:28,92 (1:38,13)	200 m 3:07,05 (1:39,62)	300 m 4:46,67 (1:37,25)	400 m 6:23,92		
		500 m 8:02,24 (1:38,32)	600 m 9:40,71 (1:38,47)	700 m 11:19,67 (1:38,96)		12:52,15	ENM
Iva Milosevic	(2009) SSF Sieglar 60						abgemeldet
Charlotte Landman	(2009) SV Rhenania Köln 1919						abgemeldet
Rahel Debock	(2009) TPSK 1925						abgemeldet
Mariya Terzieva	(2009) TPSK 1925						abgemeldet

Jahrgang 2008

(Pflichtzeit: 11:40,00)

1. und somit "Mittelrhein-Jahrgangsmeisterin"

Angelina Wiens	(2008) SG Bergheim	100 m 1:09,22 (1:14,75)	200 m 2:23,97 (1:15,29)	300 m 3:39,26 (1:15,61)	400 m 4:54,87		
		500 m 6:10,44 (1:15,57)	600 m 7:26,69 (1:16,25)	700 m 8:42,41 (1:15,72)		9:56,19	

noch Wettkampf 5

800 m Freistil

(weiblich)

2. Maja Jarosch	(2008) SG Bergheim	100 m 1:13,56 (1:17,57)	200 m 2:31,13 (1:17,57)	300 m 3:48,69 (1:17,56)	400 m 5:10,02 (1:21,33)		
		500 m 6:30,91 (1:20,89)	600 m 7:50,66 (1:19,75)	700 m 9:12,02 (1:21,36)		10:28,81 (1:16,79)	
3. Fiona Haves	(2008) SG Bergheim	100 m 1:12,70 (1:19,41)	200 m 2:32,11 (1:19,41)	300 m 3:51,36 (1:19,25)	400 m 5:11,55 (1:20,19)		
		500 m 6:31,27 (1:19,72)	600 m 7:52,24 (1:20,97)	700 m 9:13,45 (1:21,21)		10:30,30 (1:16,85)	
4. Lillie Curle	(2008) TPSK 1925	100 m 1:12,92 (1:19,87)	200 m 2:32,79 (1:19,87)	300 m 3:52,84 (1:20,05)	400 m 5:13,42 (1:20,58)		
		500 m 6:34,11 (1:20,69)	600 m 7:55,67 (1:21,56)	700 m 9:17,02 (1:21,35)		10:37,75 (1:20,73)	
5. Franziska Busse	(2008) TPSK 1925	100 m 1:13,59 (1:20,91)	200 m 2:34,50 (1:20,91)	300 m 3:55,90 (1:21,40)	400 m 5:17,93 (1:22,03)		
		500 m 6:40,24 (1:22,31)	600 m 8:01,76 (1:21,52)	700 m 9:23,63 (1:21,87)		10:42,52 (1:18,89)	
6. Mia Pennartz	(2008) SV Rhenania Köln 1919	100 m 1:16,02 (1:23,86)	200 m 2:39,88 (1:23,86)	300 m 4:03,84 (1:23,96)	400 m 5:28,09 (1:24,25)		
		500 m 6:53,47 (1:25,38)	600 m 8:18,14 (1:24,67)	700 m 9:43,43 (1:25,29)		11:04,24 (1:20,81)	
7. Vanessa Kruse	(2008) SV Wasserhelden	100 m 1:18,19 (1:23,56)	200 m 2:41,75 (1:23,56)	300 m 4:06,56 (1:24,81)	400 m 5:31,76 (1:25,20)		
		500 m 6:57,24 (1:25,48)	600 m 8:22,82 (1:25,58)	700 m 9:47,54 (1:24,72)		11:08,64 (1:21,10)	
8. Lilly Pöland	(2008) SC Hürth	100 m 1:11,90 (1:23,03)	200 m 2:34,93 (1:23,03)	300 m 3:59,27 (1:24,34)	400 m 5:26,64 (1:27,37)		
		500 m 6:54,65 (1:28,01)	600 m 8:22,42 (1:27,77)	700 m 9:49,55 (1:27,13)		11:09,91 (1:20,36)	
9. Marisa Klink	(2008) SV Horrem-Sindorf	100 m 1:19,06 (1:27,35)	200 m 2:46,41 (1:27,35)	300 m 4:14,84 (1:28,43)	400 m 5:43,20 (1:28,36)		
		500 m 7:12,79 (1:29,59)	600 m 8:42,79 (1:30,00)	700 m 10:11,51 (1:28,72)		11:36,58 (1:25,07)	
10. Lara Zickermann	(2008) SSF Sieglar 60	100 m 1:18,19 (1:27,89)	200 m 2:46,08 (1:27,89)	300 m 4:16,90 (1:30,82)	400 m 5:48,08 (1:31,18)		
		500 m 7:21,81 (1:33,73)	600 m 8:55,61 (1:33,80)	700 m 10:29,59 (1:33,98)		11:54,57 (1:24,98)	ENM

noch Wettkampf 5

800 m Freistil

(weiblich)

11. Lotta Detmer	(2008) SV Horrem-Sindorf								
		100 m	200 m	300 m	400 m				
		1:20,24	2:51,39	4:23,92	5:56,21				
			(1:31,15)	(1:32,53)	(1:32,29)				
		500 m	600 m	700 m		12:10,00			ENM
		7:30,12	9:04,95	10:39,49					
		(1:33,91)	(1:34,83)	(1:34,54)	(1:30,51)				
12. Hanna Maringer	(2008) SV Wasserhelden								
		100 m	200 m	300 m	400 m				
		1:22,83	2:56,67	4:33,70	6:11,36				
			(1:33,84)	(1:37,03)	(1:37,66)				
		500 m	600 m	700 m		12:32,89			ENM
		7:49,61	9:25,61	11:01,36					
		(1:38,25)	(1:36,00)	(1:35,75)	(1:31,53)				
Mira Cichon	(2008) SG Bergheim								abgemeldet
Samira Thelemann	(2008) SG WAGO 1950								abgemeldet

Jahrgang 2007

(Pflichtzeit: 11:30,00)

1. <u>und somit "Mittelrhein-Jahrgangsmeisterin"</u> Charlotte Schwung	(2007) TPSK 1925								
		100 m	200 m	300 m	400 m				
		1:10,64	2:25,71	3:41,34	4:56,99				
			(1:15,07)	(1:15,63)	(1:15,65)				
		500 m	600 m	700 m		10:00,40			
		6:13,11	7:29,94	8:47,36					
		(1:16,12)	(1:16,83)	(1:17,42)	(1:13,04)				
2. Lisa Schönbrodt	(2007) SG Bergheim								
		100 m	200 m	300 m	400 m				
		1:11,45	2:26,55	3:42,49	4:57,76				
			(1:15,10)	(1:15,94)	(1:15,27)				
		500 m	600 m	700 m		10:01,45			
		6:14,25	7:30,82	8:47,82					
		(1:16,49)	(1:16,57)	(1:17,00)	(1:13,63)				
3. Franziska Wilbertz	(2007) SSF Bonn								
		100 m	200 m	300 m	400 m				
		1:10,59	2:27,90	3:45,77	5:03,86				
			(1:17,31)	(1:17,87)	(1:18,09)				
		500 m	600 m	700 m		10:15,82			
		6:22,00	7:40,81	8:59,80					
		(1:18,14)	(1:18,81)	(1:18,99)	(1:16,02)				
4. Melina Scheer	(2007) SV Horrem-Sindorf								
		100 m	200 m	300 m	400 m				
		1:12,86	2:33,86	3:57,70	5:22,17				
			(1:21,00)	(1:23,84)	(1:24,47)				
		500 m	600 m	700 m		10:53,13			
		6:45,32	8:09,64	9:33,01					
		(1:23,15)	(1:24,32)	(1:23,37)	(1:20,12)				
5. Alexandra Knauer	(2007) TPSK 1925								
		100 m	200 m	300 m	400 m				
		1:12,45	2:33,35	3:54,98	5:18,56				
			(1:20,90)	(1:21,63)	(1:23,58)				
		500 m	600 m	700 m		10:59,41			
		6:43,23	8:10,13	9:37,06					
		(1:24,67)	(1:26,90)	(1:26,93)	(1:22,35)				
6. Fenja Althoff	(2007) SV Horrem-Sindorf								
		100 m	200 m	300 m	400 m				
		1:17,18	2:40,67	4:04,45	5:28,30				
			(1:23,49)	(1:23,78)	(1:23,85)				
		500 m	600 m	700 m		11:04,12			
		6:53,14	8:17,58	9:42,10					
		(1:24,84)	(1:24,44)	(1:24,52)	(1:22,02)				

noch Wettkampf 5

800 m Freistil

(weiblich)

7. Katharina Nicolay	(2007) SV Wasserhelden	100 m 1:17,20 (1:23,37)	200 m 2:40,57 (1:25,50)	300 m 4:06,07 (1:25,59)	400 m 5:31,66 (1:25,59)	
		500 m 6:57,91 (1:26,25)	600 m 8:23,38 (1:25,47)	700 m 9:48,79 (1:25,41)		11:10,25 (1:21,46)
8. Nele Nowak	(2007) SV Horrem-Sindorf	100 m 1:17,69	200 m 2:43,47 (1:25,78)	300 m 4:09,59 (1:26,12)	400 m 5:36,52 (1:26,93)	
		500 m 7:03,16 (1:26,64)	600 m 8:30,76 (1:27,60)	700 m 9:57,25 (1:26,49)		11:20,28 (1:23,03)
9. Lotta Karlshaus	(2007) SV Bergisch Gladbach 1920/71	100 m 1:16,10	200 m 2:41,47 (1:25,37)	300 m 4:07,24 (1:25,77)	400 m 5:34,32 (1:27,08)	
		500 m 7:02,40 (1:28,08)	600 m 8:31,35 (1:28,95)	700 m 9:59,60 (1:28,25)		11:24,65 (1:25,05)
10. Lena Hoffmann	(2007) SG WAGO 1950	100 m 1:17,78	200 m 2:46,50 (1:28,72)	300 m 4:16,78 (1:30,28)	400 m 5:46,78 (1:30,00)	
		500 m 7:18,00 (1:31,22)	600 m 8:48,53 (1:30,53)	700 m 10:18,72 (1:30,19)		11:44,89 (1:26,17)
11. Cinja Schulz	(2007) SG WAGO 1950	100 m 1:17,25	200 m 2:46,26 (1:29,01)	300 m 4:16,66 (1:30,40)	400 m 5:47,91 (1:31,25)	
		500 m 7:22,75 (1:34,84)	600 m 8:59,42 (1:36,67)	700 m 10:37,58 (1:38,16)		12:11,33 (1:33,75)
Kendra Mischke	(2007) SG WAGO 1950					abgemeldet

ENM

ENM

Jahrgang 2006

(Pflichtzeit: 11:25,00)

1. und somit "Mittelrhein-Jahrgangsmeisterin"

Jana Strand	(2006) TPSK 1925	100 m 1:11,83	200 m 2:29,68 (1:17,85)	300 m 3:48,30 (1:18,62)	400 m 5:07,13 (1:18,83)	
		500 m 6:26,96 (1:19,83)	600 m 7:45,17 (1:18,21)	700 m 9:02,51 (1:17,34)		10:15,97 (1:13,46)
2. Acelya Zela Bas	(2006) SG Bergheim	100 m 1:12,16	200 m 2:28,68 (1:16,52)	300 m 3:45,88 (1:17,20)	400 m 5:04,64 (1:18,76)	
		500 m 6:23,77 (1:19,13)	600 m 7:44,60 (1:20,83)	700 m 9:05,71 (1:21,11)		10:22,87 (1:17,16)
3. Mia Sophie Siegmund	(2006) SSF Sieglar 60	100 m 1:14,46	200 m 2:41,54 (1:27,08)	300 m 4:09,80 (1:28,26)	400 m 5:40,01 (1:30,21)	
		500 m 7:12,88 (1:32,87)	600 m 8:46,23 (1:33,35)	700 m		11:46,84

noch Wettkampf 5

800 m Freistil

(weiblich)

Lisa-Marie Pietzsch

(2006) SV Wasserhelden

abgemeldet

Jahrgang 2004/2005

(Pflichtzeit: 11:20,00)1. und somit "Mittelrhein-Jahrgangsmeisterin"

Emma Pillich

(2005) TPSK 1925

100 m	200 m	300 m	400 m
1:10,79	2:26,94	3:44,67	5:02,13
	(1:16,15)	(1:17,73)	(1:17,46)

500 m	600 m	700 m	10:07,18
6:19,11	7:37,37	8:53,16	
(1:16,98)	(1:18,26)	(1:15,79)	(1:14,02)

2. Yasmin Haustein

(2005) SV Rhenania Köln 1919

100 m	200 m	300 m	400 m
1:10,26	2:27,17	3:45,87	5:05,93
	(1:16,91)	(1:18,70)	(1:20,06)

500 m	600 m	700 m	10:32,23
6:27,44	7:49,35	9:11,49	
(1:21,51)	(1:21,91)	(1:22,14)	(1:20,74)

3. Mariline Weselek

(2004) SV Bergisch Gladbach 1920/71

100 m	200 m	300 m	400 m
1:12,68	2:32,75		5:15,95
	(1:20,07)		

500 m	600 m	700 m	10:51,66
6:39,96	8:04,44	9:29,29	
(1:24,01)	(1:24,48)	(1:24,85)	(1:22,37)

4. Annie Schmitz

(2005) TPSK 1925

100 m	200 m	300 m	400 m
1:14,80	2:36,52	3:59,64	5:24,20
	(1:21,72)	(1:23,12)	(1:24,56)

500 m	600 m	700 m	11:03,56
6:49,64	8:14,70	9:40,05	
(1:25,44)	(1:25,06)	(1:25,35)	(1:23,51)

Laura Malz

(2004) SC Hürth

abgemeldet

Offene Klasse

(Pflichtzeit: 11:15,00)1. und somit "Mittelrhein-Meisterin"

Angelina Wiens

(2008) SG Bergheim

100 m	200 m	300 m	400 m
1:09,22	2:23,97	3:39,26	4:54,87
	(1:14,75)	(1:15,29)	(1:15,61)

500 m	600 m	700 m	9:56,19
6:10,44	7:26,69	8:42,41	
(1:15,57)	(1:16,25)	(1:15,72)	(1:13,78)

2. Charlotte Schwung

(2007) TPSK 1925

100 m	200 m	300 m	400 m
1:10,64	2:25,71	3:41,34	4:56,99
	(1:15,07)	(1:15,63)	(1:15,65)

500 m	600 m	700 m	10:00,40
6:13,11	7:29,94	8:47,36	
(1:16,12)	(1:16,83)	(1:17,42)	(1:13,04)

3. Lisa Schönbrodt

(2007) SG Bergheim

100 m	200 m	300 m	400 m
1:11,45	2:26,55	3:42,49	4:57,76
	(1:15,10)	(1:15,94)	(1:15,27)

500 m	600 m	700 m	10:01,45
6:14,25	7:30,82	8:47,82	
(1:16,49)	(1:16,57)	(1:17,00)	(1:13,63)

noch Wettkampf 5

800 m Freistil

(weiblich)

4. Emma Pillich	(2005) TPSK 1925	100 m	200 m	300 m	400 m	
		1:10,79	2:26,94 (1:16,15)	3:44,67 (1:17,73)	5:02,13 (1:17,46)	
		500 m	600 m	700 m		10:07,18
		6:19,11 (1:16,98)	7:37,37 (1:18,26)	8:53,16 (1:15,79)	(1:14,02)	
5. Anna Sotti	(2010) SV Rhenania Köln 1919	100 m	200 m	300 m	400 m	
		1:10,00	2:26,78 (1:16,78)	3:43,68 (1:16,90)	5:01,21 (1:17,53)	
		500 m	600 m	700 m		10:10,04
		6:18,44 (1:17,23)	7:35,96 (1:17,52)	8:53,89 (1:17,93)	(1:16,15)	
6. Lisa Jarosch	(2010) SG Bergheim	100 m	200 m	300 m	400 m	
		1:13,49	2:31,27 (1:17,78)	3:47,25 (1:15,98)	5:04,35 (1:17,10)	
		500 m	600 m	700 m		10:10,43
		6:21,21 (1:16,86)	7:38,89 (1:17,68)	8:55,96 (1:17,07)	(1:14,47)	
7. Franziska Wilbertz	(2007) SSF Bonn	100 m	200 m	300 m	400 m	
		1:10,59	2:27,90 (1:17,31)	3:45,77 (1:17,87)	5:03,86 (1:18,09)	
		500 m	600 m	700 m		10:15,82
		6:22,00 (1:18,14)	7:40,81 (1:18,81)	8:59,80 (1:18,99)	(1:16,02)	
8. Jana Strand	(2006) TPSK 1925	100 m	200 m	300 m	400 m	
		1:11,83	2:29,68 (1:17,85)	3:48,30 (1:18,62)	5:07,13 (1:18,83)	
		500 m	600 m	700 m		10:15,97
		6:26,96 (1:19,83)	7:45,17 (1:18,21)	9:02,51 (1:17,34)	(1:13,46)	
9. Acelya Zela Bas	(2006) SG Bergheim	100 m	200 m	300 m	400 m	
		1:12,16	2:28,68 (1:16,52)	3:45,88 (1:17,20)	5:04,64 (1:18,76)	
		500 m	600 m	700 m		10:22,87
		6:23,77 (1:19,13)	7:44,60 (1:20,83)	9:05,71 (1:21,11)	(1:17,16)	
10. Maja Jarosch	(2008) SG Bergheim	100 m	200 m	300 m	400 m	
		1:13,56	2:31,13 (1:17,57)	3:48,69 (1:17,56)	5:10,02 (1:21,33)	
		500 m	600 m	700 m		10:28,81
		6:30,91 (1:20,89)	7:50,66 (1:19,75)	9:12,02 (1:21,36)	(1:16,79)	
11. Fiona Haves	(2008) SG Bergheim	100 m	200 m	300 m	400 m	
		1:12,70	2:32,11 (1:19,41)	3:51,36 (1:19,25)	5:11,55 (1:20,19)	
		500 m	600 m	700 m		10:30,30
		6:31,27 (1:19,72)	7:52,24 (1:20,97)	9:13,45 (1:21,21)	(1:16,85)	
12. Yasmin Haustein	(2005) SV Rhenania Köln 1919	100 m	200 m	300 m	400 m	
		1:10,26	2:27,17 (1:16,91)	3:45,87 (1:18,70)	5:05,93 (1:20,06)	
		500 m	600 m	700 m		10:32,23
		6:27,44 (1:21,51)	7:49,35 (1:21,91)	9:11,49 (1:22,14)	(1:20,74)	

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13. Eda Akkaya	(2009) TPSK 1925	100 m 1:13,75 (1:21,21)	200 m 2:34,96 (1:20,97)	300 m 3:55,93 (1:22,00)	400 m 5:17,93 (1:17,18)	10:36,60
		500 m 6:39,52 (1:21,59)	600 m 7:59,53 (1:20,01)	700 m 9:19,42 (1:19,89)		
14. Lea Gerth	(2010) SG Bergheim	100 m 1:13,82 (1:20,25)	200 m 2:34,07 (1:20,57)	300 m 3:54,64 (1:20,85)	400 m 5:13,49 (1:17,97)	10:36,77
		500 m 6:36,53 (1:21,04)	600 m 7:57,49 (1:20,96)	700 m 9:18,80 (1:21,31)		
15. Lillie Curle	(2008) TPSK 1925	100 m 1:12,92 (1:19,87)	200 m 2:32,79 (1:20,05)	300 m 3:52,84 (1:20,58)	400 m 5:13,42 (1:20,73)	10:37,75
		500 m 6:34,11 (1:20,69)	600 m 7:55,67 (1:21,56)	700 m 9:17,02 (1:21,35)		
16. Franziska Busse	(2008) TPSK 1925	100 m 1:13,59 (1:20,91)	200 m 2:34,50 (1:21,40)	300 m 3:55,90 (1:22,03)	400 m 5:17,93 (1:18,89)	10:42,52
		500 m 6:40,24 (1:22,31)	600 m 8:01,76 (1:21,52)	700 m 9:23,63 (1:21,87)		
17. Carla Schneider	(2010) SC Hürth	100 m 1:12,51 (1:21,40)	200 m 2:33,91 (1:22,80)	300 m 3:56,71 (1:22,69)	400 m 5:19,40 (1:17,56)	10:45,46
		500 m 6:42,53 (1:23,13)	600 m 8:05,88 (1:23,35)	700 m 9:27,90 (1:22,02)		
18. Mariline Weselek	(2004) SV Bergisch Gladbach 1920/71	100 m 1:12,68 (1:20,07)	200 m 2:32,75 (1:20,07)	300 m 3:55,90 (1:24,85)	400 m 5:15,95 (1:22,37)	10:51,66
		500 m 6:39,96 (1:24,01)	600 m 8:04,44 (1:24,48)	700 m 9:29,29 (1:24,85)		
19. Melina Scheer	(2007) SV Horrem-Sindorf	100 m 1:12,86 (1:21,00)	200 m 2:33,86 (1:23,84)	300 m 3:57,70 (1:24,47)	400 m 5:22,17 (1:20,12)	10:53,13
		500 m 6:45,32 (1:23,15)	600 m 8:09,64 (1:24,32)	700 m 9:33,01 (1:23,37)		
20. Alexandra Knauer	(2007) TPSK 1925	100 m 1:12,45 (1:20,90)	200 m 2:33,35 (1:21,63)	300 m 3:54,98 (1:23,58)	400 m 5:18,56 (1:22,35)	10:59,41
		500 m 6:43,23 (1:24,67)	600 m 8:10,13 (1:26,90)	700 m 9:37,06 (1:26,93)		
21. Annie Schmitz	(2005) TPSK 1925	100 m 1:14,80 (1:21,72)	200 m 2:36,52 (1:23,12)	300 m 3:59,64 (1:24,56)	400 m 5:24,20 (1:23,51)	11:03,56
		500 m 6:49,64 (1:25,44)	600 m 8:14,70 (1:25,06)	700 m 9:40,05 (1:25,35)		

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(weiblich)

22. Fenja Althoff	(2007)	SV Horrem-Sindorf	100 m	200 m	300 m	400 m	
			1:17,18	2:40,67	4:04,45	5:28,30	
				(1:23,49)	(1:23,78)	(1:23,85)	
			500 m	600 m	700 m		11:04,12
			6:53,14	8:17,58	9:42,10		
			(1:24,84)	(1:24,44)	(1:24,52)	(1:22,02)	
23. Mia Pennartz	(2008)	SV Rhenania Köln 1919	100 m	200 m	300 m	400 m	
			1:16,02	2:39,88	4:03,84	5:28,09	
				(1:23,86)	(1:23,96)	(1:24,25)	
			500 m	600 m	700 m		11:04,24
			6:53,47	8:18,14	9:43,43		
			(1:25,38)	(1:24,67)	(1:25,29)	(1:20,81)	
24. Stella Wilbertz	(2009)	SSF Bonn	100 m	200 m	300 m	400 m	
			1:17,46	2:40,84	4:04,88	5:28,76	
				(1:23,38)	(1:24,04)	(1:23,88)	
			500 m	600 m	700 m		11:04,47
			6:52,54	8:17,19	9:42,16		
			(1:23,78)	(1:24,65)	(1:24,97)	(1:22,31)	
25. Ina Cichon	(2012)	SG Bergheim	100 m	200 m	300 m	400 m	
			1:19,98	2:44,92	4:11,98	5:37,95	
				(1:24,94)	(1:27,06)	(1:25,97)	
			500 m	600 m	700 m		11:05,17
			7:01,65	8:25,68	9:46,47		
			(1:23,70)	(1:24,03)	(1:20,79)	(1:18,70)	
26. Vanessa Kruse	(2008)	SV Wasserhelden	100 m	200 m	300 m	400 m	
			1:18,19	2:41,75	4:06,56	5:31,76	
				(1:23,56)	(1:24,81)	(1:25,20)	
			500 m	600 m	700 m		11:08,64
			6:57,24	8:22,82	9:47,54		
			(1:25,48)	(1:25,58)	(1:24,72)	(1:21,10)	
27. Elisabeth Paal	(2000)	Hennefer TV 1895	100 m	200 m	300 m	400 m	
			1:15,39	2:38,13	4:03,27	5:29,55	
				(1:22,74)	(1:25,14)	(1:26,28)	
			500 m	600 m	700 m		11:09,87
			6:56,60	8:23,25	9:49,69		
			(1:27,05)	(1:26,65)	(1:26,44)	(1:20,18)	
28. Lilly Pöland	(2008)	SC Hürth	100 m	200 m	300 m	400 m	
			1:11,90	2:34,93	3:59,27	5:26,64	
				(1:23,03)	(1:24,34)	(1:27,37)	
			500 m	600 m	700 m		11:09,91
			6:54,65	8:22,42	9:49,55		
			(1:28,01)	(1:27,77)	(1:27,13)	(1:20,36)	
29. Katharina Nicolay	(2007)	SV Wasserhelden	100 m	200 m	300 m	400 m	
			1:17,20	2:40,57	4:06,07	5:31,66	
				(1:23,37)	(1:25,50)	(1:25,59)	
			500 m	600 m	700 m		11:10,25
			6:57,91	8:23,38	9:48,79		
			(1:26,25)	(1:25,47)	(1:25,41)	(1:21,46)	
30. Ida Walter	(2010)	SC Hürth	100 m	200 m	300 m	400 m	
			1:18,53	2:43,46	4:08,78	5:34,93	
				(1:24,93)	(1:25,32)	(1:26,15)	
			500 m	600 m	700 m		11:13,14
			7:01,18	8:27,11	9:51,78		
			(1:26,25)	(1:25,93)	(1:24,67)	(1:21,36)	

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31. Hannah Menke	(2009) TPSK 1925	<i>100 m</i> 1:16,99 (1:25,81)	<i>200 m</i> 2:42,80 (1:25,81)	<i>300 m</i> 4:08,68 (1:25,88)	<i>400 m</i> 5:34,21 (1:25,53)	
		<i>500 m</i> 7:00,58 (1:26,37)	<i>600 m</i> 8:27,83 (1:27,25)	<i>700 m</i> 9:55,02 (1:27,19)		11:13,97 (1:18,95)
32. Angelina Yurchenko	(2010) SSF Bonn	<i>100 m</i> 1:14,48 (1:26,97)	<i>200 m</i> 2:41,45 (1:26,97)	<i>300 m</i> 4:06,39 (1:24,94)	<i>400 m</i> 5:32,73 (1:26,34)	
		<i>500 m</i> 6:59,23 (1:26,50)	<i>600 m</i> 8:27,33 (1:28,10)	<i>700 m</i> 9:53,79 (1:26,46)		11:14,99 (1:21,20)
33. Donata Saldsieder	(2011) SSF Bonn	<i>100 m</i> 1:21,24 (1:25,47)	<i>200 m</i> 2:46,71 (1:25,47)	<i>300 m</i> 4:11,96 (1:25,25)	<i>400 m</i> 5:36,99 (1:25,03)	
		<i>500 m</i> 7:02,99 (1:26,00)	<i>600 m</i> 8:28,34 (1:25,35)	<i>700 m</i> 9:53,31 (1:24,97)		11:15,21 (1:21,90)
34. Alexia Traka	(2010) TPSK 1925	<i>100 m</i> 1:28,19 (1:18,69)	<i>200 m</i> 2:46,88 (1:18,69)	<i>300 m</i> 4:13,47 (1:26,59)	<i>400 m</i> 5:40,55 (1:27,08)	
		<i>500 m</i> 7:07,21 (1:26,66)	<i>600 m</i> 8:31,62 (1:24,41)	<i>700 m</i> 9:56,22 (1:24,60)		11:15,48 (1:19,26)
35. Pia Rüberg	(2009) Hennefer TV 1895	<i>100 m</i> 1:17,38 (1:23,78)	<i>200 m</i> 2:41,16 (1:23,78)	<i>300 m</i> 4:06,12 (1:24,96)	<i>400 m</i> 5:31,79 (1:25,67)	
		<i>500 m</i> 6:59,11 (1:27,32)	<i>600 m</i> 8:25,83 (1:26,72)	<i>700 m</i> 9:53,02 (1:27,19)		11:16,41 (1:23,39)
36. Nele Nowak	(2007) SV Horrem-Sindorf	<i>100 m</i> 1:17,69 (1:25,78)	<i>200 m</i> 2:43,47 (1:25,78)	<i>300 m</i> 4:09,59 (1:26,12)	<i>400 m</i> 5:36,52 (1:26,93)	
		<i>500 m</i> 7:03,16 (1:26,64)	<i>600 m</i> 8:30,76 (1:27,60)	<i>700 m</i> 9:57,25 (1:26,49)		11:20,28 (1:23,03)
37. Ida Huth	(2011) TPSK 1925	<i>100 m</i> 1:21,09 (1:26,01)	<i>200 m</i> 2:47,10 (1:26,01)	<i>300 m</i> 4:14,67 (1:27,57)	<i>400 m</i> 5:41,62 (1:26,95)	
		<i>500 m</i> 7:08,97 (1:27,35)	<i>600 m</i> 8:36,28 (1:27,31)	<i>700 m</i> 10:03,70 (1:27,42)		11:21,07 (1:17,37)
38. Lotta Karlshaus	(2007) SV Bergisch Gladbach 1920/71	<i>100 m</i> 1:16,10 (1:25,37)	<i>200 m</i> 2:41,47 (1:25,37)	<i>300 m</i> 4:07,24 (1:25,77)	<i>400 m</i> 5:34,32 (1:27,08)	
		<i>500 m</i> 7:02,40 (1:28,08)	<i>600 m</i> 8:31,35 (1:28,95)	<i>700 m</i> 9:59,60 (1:28,25)		11:24,65 (1:25,05)
39. Nina Pöland	(2010) SC Hürth	<i>100 m</i> 1:19,51 (1:26,83)	<i>200 m</i> 2:46,34 (1:26,83)	<i>300 m</i> 4:14,81 (1:28,47)	<i>400 m</i> 5:43,49 (1:28,68)	
		<i>500 m</i> 7:11,86 (1:28,37)	<i>600 m</i> 8:42,05 (1:30,19)	<i>700 m</i> 10:11,93 (1:29,88)		11:35,46 (1:23,53)

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40. Marisa Klink	(2008)	SV Horrem-Sindorf	100 m	200 m	300 m	400 m	
			1:19,06	2:46,41	4:14,84	5:43,20	
				(1:27,35)	(1:28,43)	(1:28,36)	
			500 m	600 m	700 m		11:36,58
			7:12,79	8:42,79	10:11,51		
			(1:29,59)	(1:30,00)	(1:28,72)	(1:25,07)	
41. Julia Sontag	(2009)	SG WAGO 1950	100 m	200 m	300 m	400 m	
			1:18,57	2:47,32	4:16,43	5:46,24	
				(1:28,75)	(1:29,11)	(1:29,81)	
			500 m	600 m	700 m		11:37,02
			7:15,25	8:44,56	10:13,58		
			(1:29,01)	(1:29,31)	(1:29,02)	(1:23,44)	
42. Florine Weselek	(2009)	SV Bergisch Gladbach 1920/71	100 m	200 m	300 m	400 m	
			1:19,81	2:48,34	4:16,34	5:44,94	
				(1:28,53)	(1:28,00)	(1:28,60)	
			500 m	600 m	700 m		11:41,40
			7:14,75	8:44,39	10:14,12		
			(1:29,81)	(1:29,64)	(1:29,73)	(1:27,28)	
43. Lena Hoffmann	(2007)	SG WAGO 1950	100 m	200 m	300 m	400 m	
			1:17,78	2:46,50	4:16,78	5:46,78	
				(1:28,72)	(1:30,28)	(1:30,00)	
			500 m	600 m	700 m		11:44,89
			7:18,00	8:48,53	10:18,72		
			(1:31,22)	(1:30,53)	(1:30,19)	(1:26,17)	
44. Franziska Mellenthin	(2009)	SV Horrem-Sindorf	100 m	200 m	300 m	400 m	
			1:20,15	2:50,06	4:21,23	5:52,67	
				(1:29,91)	(1:31,17)	(1:31,44)	
			500 m	600 m	700 m		11:46,56
			7:24,84	8:56,61	10:26,97		
			(1:32,17)	(1:31,77)	(1:30,36)	(1:19,59)	
45. Mia Sophie Siegmund	(2006)	SSF Sieglar 60	100 m	200 m	300 m	400 m	
			1:14,46	2:41,54	4:09,80	5:40,01	
				(1:27,08)	(1:28,26)	(1:30,21)	
			500 m	600 m	700 m		11:46,84
			7:12,88	8:46,23			
			(1:32,87)	(1:33,35)			
46. Katharina Liu	(2010)	SSF Bonn	100 m	200 m	300 m	400 m	
			1:20,91	2:49,60	4:19,64	5:50,36	
				(1:28,69)	(1:30,04)	(1:30,72)	
			500 m	600 m	700 m		11:47,87
			7:20,94	8:52,56	10:21,86		
			(1:30,58)	(1:31,62)	(1:29,30)	(1:26,01)	
47. Elaine Pasternak	(2010)	SV Wasserhelden	100 m	200 m	300 m	400 m	
			1:19,77	2:49,49	4:19,56	5:51,71	
				(1:29,72)	(1:30,07)	(1:32,15)	
			500 m	600 m	700 m		11:50,11
			7:22,69	8:53,46	10:24,16		
			(1:30,98)	(1:30,77)	(1:30,70)	(1:25,95)	
48. Talya Tok	(2012)	TPSK 1925	100 m	200 m	300 m	400 m	
			1:21,81	2:52,06	4:23,78	5:54,60	
				(1:30,25)	(1:31,72)	(1:30,82)	
			500 m	600 m	700 m		11:51,25
			7:26,95	8:58,73	10:30,37		
			(1:32,35)	(1:31,78)	(1:31,64)	(1:20,88)	

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49. Emma Bork	(2010) Hennefer TV 1895	100 m 1:20,58 (1:30,09)	200 m 2:50,67 (1:32,09)	300 m 4:23,61 (1:32,94)	400 m 5:55,45 (1:31,84)	
		500 m 7:27,86 (1:32,41)	600 m 8:59,42 (1:31,56)	700 m 10:30,05 (1:30,63)		11:51,60 (1:21,55)
50. Lara Zickermann	(2008) SSF Sieglar 60	100 m 1:18,19 (1:27,89)	200 m 2:46,08 (1:30,82)	300 m 4:16,90 (1:31,18)	400 m 5:48,08 (1:31,18)	
		500 m 7:21,81 (1:33,73)	600 m 8:55,61 (1:33,80)	700 m 10:29,59 (1:33,98)		11:54,57 (1:24,98)
51. Lilli Zachert	(2009) SV Rhenania Köln 1919	100 m 1:20,49 (1:28,16)	200 m 2:48,65 (1:31,75)	300 m 4:20,40 (1:32,81)	400 m 5:53,21 (1:32,81)	
		500 m 7:25,05 (1:31,84)	600 m 8:57,33 (1:32,28)	700 m 10:29,24 (1:31,91)		11:59,28 (1:30,04)
52. Lea Susan Tecklenburg	(2010) SV Rhenania Köln 1919	100 m 1:23,48 (1:30,78)	200 m 2:54,26 (1:31,05)	300 m 4:25,31 (1:31,39)	400 m 5:56,70 (1:31,39)	
		500 m 7:28,23 (1:31,53)	600 m 9:00,34 (1:32,11)	700 m 10:32,00 (1:31,66)		11:59,80 (1:27,80)
53. Eslem Su Soydan	(2012) TPSK 1925	100 m 1:24,02 (1:31,86)	200 m 2:55,88 (1:32,74)	300 m 4:28,62 (1:33,65)	400 m 6:02,27 (1:33,65)	
		500 m 7:35,50 (1:33,23)	600 m 9:07,77 (1:32,27)	700 m 10:40,22 (1:32,45)		12:07,34 (1:27,12)
54. Nanett Schulz	(2010) SG WAGO 1950	100 m 1:22,62 (1:31,57)	200 m 2:54,19 (1:35,36)	300 m 4:29,55 (1:31,96)	400 m 6:01,51 (1:31,96)	
		500 m 7:37,68 (1:36,17)	600 m 9:11,51 (1:33,83)	700 m 10:46,12 (1:34,61)		12:09,55 (1:23,43)
55. Lotta Detmer	(2008) SV Horrem-Sindorf	100 m 1:20,24 (1:31,15)	200 m 2:51,39 (1:32,53)	300 m 4:23,92 (1:32,29)	400 m 5:56,21 (1:32,29)	
		500 m 7:30,12 (1:33,91)	600 m 9:04,95 (1:34,83)	700 m 10:39,49 (1:34,54)		12:10,00 (1:30,51)
56. Cinja Schulz	(2007) SG WAGO 1950	100 m 1:17,25 (1:29,01)	200 m 2:46,26 (1:30,40)	300 m 4:16,66 (1:31,25)	400 m 5:47,91 (1:31,25)	
		500 m 7:22,75 (1:34,84)	600 m 8:59,42 (1:36,67)	700 m 10:37,58 (1:38,16)		12:11,33 (1:33,75)
57. Nina Jarosch	(2012) SG Bergheim	100 m 1:22,92 (1:33,65)	200 m 2:56,57 (1:34,22)	300 m 4:30,79 (1:34,08)	400 m 6:04,87 (1:34,08)	
		500 m 7:38,36 (1:33,49)	600 m 9:13,52 (1:35,16)	700 m 10:47,78 (1:34,26)		12:17,41 (1:29,63)

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58.	Valeria Lemesh	(2011)	TPSK 1925					
				100 m	200 m	300 m	400 m	
				1:24,70	2:57,04	4:31,39	6:07,48	
					(1:32,34)	(1:34,35)	(1:36,09)	
				500 m	600 m	700 m		12:18,55
				7:43,29	9:17,64	10:52,39		
				(1:35,81)	(1:34,35)	(1:34,75)	(1:26,16)	
59.	Mika Dengen	(2010)	TPSK 1925					
				100 m	200 m	300 m	400 m	
				1:24,36	2:58,17	4:31,92	6:06,84	
					(1:33,81)	(1:33,75)	(1:34,92)	
				500 m	600 m	700 m		12:23,75
				7:42,04	9:18,94	10:53,13		
				(1:35,20)	(1:36,90)	(1:34,19)	(1:30,62)	
60.	Hanna Maringer	(2008)	SV Wasserhelden					
				100 m	200 m	300 m	400 m	
				1:22,83	2:56,67	4:33,70	6:11,36	
					(1:33,84)	(1:37,03)	(1:37,66)	
				500 m	600 m	700 m		12:32,89
				7:49,61	9:25,61	11:01,36		
				(1:38,25)	(1:36,00)	(1:35,75)	(1:31,53)	
61.	Elif Örgün	(2012)	SG Bergheim					
				100 m	200 m	300 m	400 m	
				1:28,15	3:04,46	4:40,70	6:17,63	
					(1:36,31)	(1:36,24)	(1:36,93)	
				500 m	600 m	700 m		12:44,71
				7:54,81	9:35,88	11:14,46		
				(1:37,18)	(1:41,07)	(1:38,58)	(1:30,25)	
62.	Jule Strand	(2010)	SV Horrem-Sindorf					
				100 m	200 m	300 m	400 m	
				1:24,57	2:58,73	4:34,98	6:14,27	
					(1:34,16)	(1:36,25)	(1:39,29)	
				500 m	600 m	700 m		12:47,04
				7:53,10	9:32,82	11:13,32		
				(1:38,83)	(1:39,72)	(1:40,50)	(1:33,72)	
63.	Paulina Maringer	(2010)	SV Wasserhelden					
				100 m	200 m	300 m	400 m	
				1:26,78	3:08,35	4:50,25	6:29,38	
					(1:41,57)	(1:41,90)	(1:39,13)	
				500 m	600 m	700 m		12:50,05
				8:06,06	9:43,55	11:20,14		
				(1:36,68)	(1:37,49)	(1:36,59)	(1:29,91)	
64.	Ana Isabel Kurth	(2009)	SSF Bonn					
				100 m	200 m	300 m	400 m	
				1:28,92	3:07,05	4:46,67	6:23,92	
					(1:38,13)	(1:39,62)	(1:37,25)	
				500 m	600 m	700 m		12:52,15
				8:02,24	9:40,71	11:19,67		
				(1:38,32)	(1:38,47)	(1:38,96)	(1:32,48)	
65.	Hadja Hawa Koly Kourouma	(2011)	SG Bergheim					
				100 m	200 m	300 m	400 m	
				1:29,08	3:07,10	4:47,20	6:26,26	
					(1:38,02)	(1:40,10)	(1:39,06)	
				500 m	600 m	700 m		13:04,95
				8:06,96	9:47,84	11:27,53		
				(1:40,70)	(1:40,88)	(1:39,69)	(1:37,42)	
66.	Paulina Armbrecht	(2011)	TPSK 1925					
				100 m	200 m	300 m	400 m	
				1:28,14	3:06,81	4:47,87	6:28,33	
					(1:38,67)	(1:41,06)	(1:40,46)	
				500 m	600 m	700 m		13:05,52
				8:10,92	9:51,08			
				(1:42,59)	(1:40,16)			

noch Wettkampf 5

800 m Freistil

(weiblich)

67. Amelie Roth	(2012) TSV Much 1913					
		100 m	200 m	300 m	400 m	
		1:26,80	3:06,61	4:46,53	6:28,05	
			(1:39,81)	(1:39,92)	(1:41,52)	
		500 m	600 m	700 m		13:06,22
		8:09,84	9:50,55	11:29,89		
		(1:41,79)	(1:40,71)	(1:39,34)	(1:36,33)	
68. Anna Maria Stüttgen	(2010) SV Horrem-Sindorf					
		100 m	200 m	300 m	400 m	
		1:24,89	3:01,70	4:41,45	6:23,20	
			(1:36,81)	(1:39,75)	(1:41,75)	
		500 m	600 m	700 m		13:10,42
		8:08,36	9:52,39	11:35,33		
		(1:45,16)	(1:44,03)	(1:42,94)	(1:35,09)	
69. Mila Lindstädt	(2012) TPSK 1925					
		100 m	200 m	300 m	400 m	
		1:31,26	3:15,94	5:04,26	6:54,66	
			(1:44,68)	(1:48,32)	(1:50,40)	
		500 m	600 m	700 m		14:03,41
		8:47,09	10:37,16	12:24,39		
		(1:52,43)	(1:50,07)	(1:47,23)	(1:39,02)	
70. Sophie Breuer	(2012) TPSK 1925					
		100 m	200 m	300 m	400 m	
		1:41,23	3:34,44	5:27,57	7:19,73	
			(1:53,21)	(1:53,13)	(1:52,16)	
		500 m	600 m	700 m		14:56,36
		9:13,35	11:08,50	13:04,05		
		(1:53,62)	(1:55,15)	(1:55,55)	(1:52,31)	
Lisa-Marie Pietzsch	(2006) SV Wasserhelden					abgemeldet
Kristina Kornijenko	(2010) SSF Sieglar 60					abgemeldet
Lea Kosa	(2010) SSF Sieglar 60					abgemeldet
Iva Milosevic	(2009) SSF Sieglar 60					abgemeldet
Katarina Milosevic	(2010) SSF Sieglar 60					abgemeldet
Mira Cichon	(2008) SG Bergheim					abgemeldet
Charlotte Landman	(2009) SV Rhenania Köln 1919					abgemeldet
Laura Malz	(2004) SC Hürth					abgemeldet
Ciara Leonie Graham	(2010) SG WAGO 1950					abgemeldet
Kendra Mischke	(2007) SG WAGO 1950					abgemeldet
Rahel Debock	(2009) TPSK 1925					abgemeldet
Stina Hülsmann	(2010) TPSK 1925					abgemeldet
Nathalie Neumann	(2010) TPSK 1925					abgemeldet
Liv Nolte	(2010) TPSK 1925					abgemeldet
Mariya Terzieva	(2009) TPSK 1925					abgemeldet
Samira Thelemann	(2008) SG WAGO 1950					abgemeldet

Wettkampf 111

800 m Freistil (Masters)

(weiblich,

2003 u.ä.)

Masters-Wertung1. und somit "Mittelrhein-Meisterin der Masters"

Kate Nicholson	(1982/ AK 40)	SSF Bonn							
			100 m	200 m	300 m	400 m			
			1:13,76	2:36,04	3:58,05	5:19,51			
				(1:22,28)	(1:22,01)	(1:21,46)			
			500 m	600 m	700 m				
			6:41,55	8:04,29	9:26,49	10:45,92			754
			(1:22,04)	(1:22,74)	(1:22,20)	(1:19,43)			
2. Catrin Müller	(2000/ AK 20)	TSV Much 1913							
			100 m	200 m	300 m	400 m			
			1:13,29	2:35,91	3:59,54	5:23,05			
				(1:22,62)	(1:23,63)	(1:23,51)			
			500 m	600 m	700 m				
			6:47,54	8:11,79	9:34,75	10:56,19			622
			(1:24,49)	(1:24,25)	(1:22,96)	(1:21,44)			
3. Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg							
			100 m	200 m	300 m	400 m			
			1:15,97	2:40,09	4:05,69	5:32,61			
				(1:24,12)	(1:25,60)	(1:26,92)			
			500 m	600 m	700 m				
			7:00,58	8:29,74	9:57,80	11:22,39			553
			(1:27,97)	(1:29,16)	(1:28,06)	(1:24,59)			
4. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg							
			100 m	200 m	300 m	400 m			
			1:28,12	3:02,56	4:36,09	6:11,87			
				(1:34,44)	(1:33,53)	(1:35,78)			
			500 m	600 m	700 m				
			7:46,81	9:21,77	10:56,56	12:29,21			418
			(1:34,94)	(1:34,96)	(1:34,79)	(1:32,65)			
5. Susanne Sasse	(1960/ AK 60)	Hennefer TV 1895							
			100 m	200 m	300 m	400 m			
			1:43,08	3:41,61	5:39,67	7:34,67			
				(1:58,53)	(1:58,06)	(1:55,00)			
			500 m	600 m	700 m				
			9:29,55	11:27,08	13:22,99	15:10,44			379
			(1:54,88)	(1:57,53)	(1:55,91)	(1:47,45)			
6. Britta Fritz	(1971/ AK 50)	SC Janus Köln							
			100 m	200 m	300 m	400 m			
			1:49,85	3:47,57	5:45,35	7:43,76			
				(1:57,72)	(1:57,78)	(1:58,41)			
			500 m	600 m	700 m				
			9:43,20	11:42,85	13:41,14	15:35,84			253
			(1:59,44)	(1:59,65)	(1:58,29)	(1:54,70)			
7. Heike Kuttenkeuler	(1975/ AK 45)	Hennefer TV 1895							
			100 m	200 m	300 m	400 m			
			1:38,64	3:34,75	5:33,21	7:33,72			
				(1:56,11)	(1:58,46)	(2:00,51)			
			500 m	600 m	700 m				
			9:33,23	11:30,31	13:28,44	15:18,38			252
			(1:59,51)	(1:57,08)	(1:58,13)	(1:49,94)			
Kirsten Stamer	(1961/ AK 60)	SC Janus Köln							
			DISQUALIFIZIERT:						
			<i>Die Sportlerin startete vor dem Startsignal.</i>						
			<i>(Uhrzeit der Bekanntgabe: 9:42 Uhr)</i>						
Alexandra Nier	(1992/ AK 30)	SSF Bonn							nicht am Start
Daniela Allhenn	(1979/ AK 40)	TSV Much 1913							abgemeldet

noch Wettkampf 111

800 m Freistil (Masters)

(weiblich)

Altersklasse 20

1. Catrin Müller	(2000/ AK 20)	TSV Much 1913							
			100 m	200 m	300 m	400 m			
			1:13,29	2:35,91	3:59,54	5:23,05			
				(1:22,62)	(1:23,63)	(1:23,51)			
			500 m	600 m	700 m		10:56,19	622	
			6:47,54	8:11,79	9:34,75				
			(1:24,49)	(1:24,25)	(1:22,96)	(1:21,44)			
2. Lea Celine Naruschat	(2003/ AK 20)	SG Rhein-Sieg							
			100 m	200 m	300 m	400 m			
			1:15,97	2:40,09	4:05,69	5:32,61			
				(1:24,12)	(1:25,60)	(1:26,92)			
			500 m	600 m	700 m		11:22,39	553	
			7:00,58	8:29,74	9:57,80				
			(1:27,97)	(1:29,16)	(1:28,06)	(1:24,59)			
3. Janina Kasimir	(2002/ AK 20)	SG Rhein-Sieg							
			100 m	200 m	300 m	400 m			
			1:28,12	3:02,56	4:36,09	6:11,87			
				(1:34,44)	(1:33,53)	(1:35,78)			
			500 m	600 m	700 m		12:29,21	418	
			7:46,81	9:21,77	10:56,56				
			(1:34,94)	(1:34,96)	(1:34,79)	(1:32,65)			

Altersklasse 30

Alexandra Nier

(1992/ AK 30) SSF Bonn

nicht am Start

Altersklasse 40

1. Kate Nicholson

(1982/ AK 40) SSF Bonn

	100 m	200 m	300 m	400 m		
	1:13,76	2:36,04	3:58,05	5:19,51		
		(1:22,28)	(1:22,01)	(1:21,46)		
	500 m	600 m	700 m		10:45,92	754
	6:41,55	8:04,29	9:26,49			
	(1:22,04)	(1:22,74)	(1:22,20)	(1:19,43)		

Daniela Allhenn

(1979/ AK 40) TSV Much 1913

abgemeldet

Altersklasse 45

1. Heike Kутtenkeuler

(1975/ AK 45) Hennefer TV 1895

	100 m	200 m	300 m	400 m		
	1:38,64	3:34,75	5:33,21	7:33,72		
		(1:56,11)	(1:58,46)	(2:00,51)		
	500 m	600 m	700 m		15:18,38	252
	9:33,23	11:30,31	13:28,44			
	(1:59,51)	(1:57,08)	(1:58,13)	(1:49,94)		

Altersklasse 50

1. Britta Fritz

(1971/ AK 50) SC Janus Köln

	100 m	200 m	300 m	400 m		
	1:49,85	3:47,57	5:45,35	7:43,76		
		(1:57,72)	(1:57,78)	(1:58,41)		
	500 m	600 m	700 m		15:35,84	253
	9:43,20	11:42,85	13:41,14			
	(1:59,44)	(1:59,65)	(1:58,29)	(1:54,70)		

noch Wettkampf 111

800 m Freistil (Masters)

(weiblich)

Altersklasse 60

1. Susanne Sasse	(1960/ AK 60)	Hennefer TV 1895					
		100 m	200 m	300 m	400 m		
		1:43,08	3:41,61	5:39,67	7:34,67		
			(1:58,53)	(1:58,06)	(1:55,00)		
		500 m	600 m	700 m		15:10,44	379
		9:29,55	11:27,08	13:22,99			
		(1:54,88)	(1:57,53)	(1:55,91)	(1:47,45)		

Kirsten Stamer (1961/ AK 60) SC Janus Köln

DISQUALIFIZIERT:*Die Sportlerin startete vor dem Startsignal.**(Uhrzeit der Bekanntgabe: 9:42 Uhr)*

Ende des 3. Veranstaltungs-Abschnittes: 11:04 Uhr
 Ende des Protokolls: 11:30 Uhr

gez. Theo van der Meulen
 (Schiedsrichter)

gez. Yvonne Schützendorf
 (Schiedsrichter)

gez. Markus Klaes
 (Protokollführer)

gez. Katharina Huth / Kriszta Medve
 (Protokollführer)

Kampfgericht

für den 4. Veranstaltungs-Abschnitt

Schiedsrichter - Frauen	Theo van der Meulen	(Schwimmbezirk Mittelrhein)
Schiedsrichter - Männer	Yvonne Schützendorf	(Schwimmbezirk Mittelrhein)
Prüfungsschiedsrichter	Ingo Tank	(Schwimmbezirk Mittelrhein)
Starter	Beate Seyer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Heiko Krämer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Elena Wiens	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Christoph Holzhäuer	(Schwimmbezirk Mittelrhein)
Schwimmrichter	Sebastian Jarosch	(Schwimmbezirk Mittelrhein)
Auswerter	Jeannette Vieth	(Schwimmbezirk Mittelrhein)
Auswerter	Felix Nehring	(Schwimmbezirk Mittelrhein)
Protokollführer	Markus Klaes	(Schwimmbezirk Mittelrhein)
Protokollführer	Katharina Huth	(Schwimmbezirk Mittelrhein)
Protokollführer	Kriszta Medve	(Schwimmbezirk Mittelrhein)
Zeitmessung	Robert Schuster	(SSF Bonn)
Sprecher	Gisela Hampke	(Schwimmbezirk Mittelrhein)
Sprecher	Dr. Olaf Lottner	(Schwimmbezirk Mittelrhein)
Zielrichter-Obmann	Volker Hampke	(Schwimmbezirk Mittelrhein)
Zielrichter	Hella Pollehn	(SC Hardtberg 1968)
Zielrichter	Hans Hendrik Gerhardt	(SG WAGO 1950)
Zielrichter	Rainer Arnold	(SSF Bonn)
Zeitnehmer-Obmann	Nils Scheer	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 1	Jens Simons	(SG Bergheim)
Zeitnehmer Bahn 1	Sebastian Simmich	(TPSK 1925)
Zeitnehmer Bahn 2	Simone Dathe	(SV Bergisch Gladbach 1920/71)
Zeitnehmer Bahn 2	Tarik Fritah	(SV Rhenania Köln 1919)
Zeitnehmer Bahn 3	Achim Maier	(SC Hürth)
Zeitnehmer Bahn 3	Mark Thorand	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 4	Tobias Bald	(SC Hardtberg 1968)
Zeitnehmer Bahn 4	Katja Faber	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 5	Simone Rössel	(Hennefer TV 1895)
Zeitnehmer Bahn 5	Lara Zickermann	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 6	Stephan Hannig	(SV Horrem-Sindorf)
Zeitnehmer Bahn 6	Malgorzata Jarosch	(Schwimmbezirk Mittelrhein)
Zeitnehmer Bahn 7	Edmund Merl	(SC Hürth)
Zeitnehmer Bahn 7	Sabrina Jühlstorff	(SV Bergisch Gladbach 1920/71)
Zeitnehmer Bahn 8	Tobias Moster	(TPSK 1925)
Zeitnehmer Bahn 8	Dorothee Overberg	(Hennefer TV 1895)
Reserve-Zeitnehmer	Stephanie Schwung	(Schwimmbezirk Mittelrhein)
Wenderichter-Obmann	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 1	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 2	Axel Bielinski	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 3	Viktoria Wiens-Walter	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 4	Renate Dziuk	(SG Rhein-Sieg)
Wenderichter Bahn 5	Klemens Malberg	(SSF Sieglar 60)
Wenderichter Bahn 6	Denise Spahn	(Schwimmbezirk Mittelrhein)
Wenderichter Bahn 7	Kai Engemann	(SG Bergheim)
Wenderichter Bahn 8	Kai Engemann	(SG Bergheim)

Wettkampf 6

1500 m Freistil

(männlich,

2012 u.ä.)

Jahrgang 2012**(Pflichtzeit: 26:00,00)**1. und somit "Mittelrhein-Jahrgangsmeister"

Kaan Akkaya

(2012) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:29,14	3:01,05	4:30,90	6:03,11	7:37,40	
	(1:31,91)	(1:29,85)	(1:32,21)	(1:34,29)	
600 m	700 m	800 m	900 m	1000 m	
9:09,27	10:41,44	12:14,95	13:48,01	15:20,64	
(1:31,87)	(1:32,17)	(1:33,51)	(1:33,06)	(1:32,63)	
1100 m	1200 m	1300 m	1400 m		
16:53,30	18:28,15	20:00,58	21:30,23		22:53,62
(1:32,66)	(1:34,85)	(1:32,43)	(1:29,65)	(1:23,39)	

2. Amanuel Behailu Negewc

(2012) SV Rhenania Köln 1919

100 m	200 m	300 m	400 m	500 m	
1:29,13	3:04,67	4:39,72	6:16,10	7:52,71	
	(1:35,54)	(1:35,05)	(1:36,38)	(1:36,61)	
600 m	700 m	800 m	900 m	1000 m	
9:25,90	11:00,93	12:35,23	14:08,33	15:41,66	
(1:33,19)	(1:35,03)	(1:34,30)	(1:33,10)	(1:33,33)	
1100 m	1200 m	1300 m	1400 m		
17:14,69	18:46,05	20:18,06	21:50,56		23:18,37
(1:33,03)	(1:31,36)	(1:32,01)	(1:32,50)	(1:27,81)	

3. Vadim Busko

(2012) SG Bergheim

100 m	200 m	300 m	400 m	500 m	
1:32,35	3:10,06	4:45,88	6:22,56	8:00,64	
	(1:37,71)	(1:35,82)	(1:36,68)	(1:38,08)	
600 m	700 m	800 m	900 m	1000 m	
9:38,83	11:17,85	12:57,49	14:34,94	16:13,65	
(1:38,19)	(1:39,02)	(1:39,64)	(1:37,45)	(1:38,71)	
1100 m	1200 m	1300 m	1400 m		
17:52,24	19:31,91	21:12,60	22:50,75		24:23,87
(1:38,59)	(1:39,67)	(1:40,69)	(1:38,15)	(1:33,12)	

4. Julian Philipp Arnold

(2012) SSF Bonn

100 m	200 m	300 m	400 m	500 m	
1:28,54	3:06,89	4:47,28	6:31,11	8:17,95	
	(1:38,35)	(1:40,39)	(1:43,83)	(1:46,84)	
600 m	700 m	800 m	900 m	1000 m	
10:02,26	11:50,45	13:36,44	15:22,23	17:09,43	
(1:44,31)	(1:48,19)	(1:45,99)	(1:45,79)	(1:47,20)	
1100 m	1200 m	1300 m	1400 m		
18:54,50	20:41,20	22:26,69	24:11,02		25:52,49
(1:45,07)	(1:46,70)	(1:45,49)	(1:44,33)	(1:41,47)	

Jahrgang 2011**(Pflichtzeit: 24:15,00)**1. und somit "Mittelrhein-Jahrgangsmeister"

Richard Junior Schönfelder

(2011) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:11,25	2:26,81	3:42,72	4:58,40	6:14,17	
	(1:15,56)	(1:15,91)	(1:15,68)	(1:15,77)	
600 m	700 m	800 m	900 m	1000 m	
7:29,83	8:45,64	10:01,56	11:17,79	12:34,32	
(1:15,66)	(1:15,81)	(1:15,92)	(1:16,23)	(1:16,53)	
1100 m	1200 m	1300 m	1400 m		
13:49,95	15:05,23	16:20,43	17:34,67		18:47,79
(1:15,63)	(1:15,28)	(1:15,20)	(1:14,24)	(1:13,12)	

2. Burak Simsek

(2011) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:12,71	2:29,69	3:46,52	5:05,63	6:32,66	
	(1:16,98)	(1:16,83)	(1:19,11)	(1:27,03)	
600 m	700 m	800 m	900 m	1000 m	
7:40,67	8:58,17	10:15,04	11:33,18	12:50,73	
(1:08,01)	(1:17,50)	(1:16,87)	(1:18,14)	(1:17,55)	
1100 m	1200 m	1300 m	1400 m		
14:08,01	15:25,98	16:42,75	18:01,09		19:13,19
(1:17,28)	(1:17,97)	(1:16,77)	(1:18,34)	(1:12,10)	

noch Wettkampf 6

1500 m Freistil

(männlich)

3. Andreas Walenwein	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:14,19	2:34,24	3:53,05	5:12,67	6:32,42				
		(1:20,05)	(1:18,81)	(1:19,62)	(1:19,75)				
	600 m	700 m	800 m	900 m	1000 m				
	7:52,85	9:14,47	10:37,53	12:00,84	13:23,34				
	(1:20,43)	(1:21,62)	(1:23,06)	(1:23,31)	(1:22,50)				
	1100 m	1200 m	1300 m	1400 m					
	14:46,81	16:10,75	17:34,81	18:58,22				20:20,04	
	(1:23,47)	(1:23,94)	(1:24,06)	(1:23,41)	(1:21,82)				
4. Ben Nikolin	(2011) SG Bergheim								
	100 m	200 m	300 m	400 m	500 m				
	1:19,75	2:44,47	4:09,22	5:32,81	6:55,53				
		(1:24,72)	(1:24,75)	(1:23,59)	(1:22,72)				
	600 m	700 m	800 m	900 m	1000 m				
	8:19,19	9:42,25	11:05,16	12:29,72	13:53,50				
	(1:23,66)	(1:23,06)	(1:22,91)	(1:24,56)	(1:23,78)				
	1100 m	1200 m	1300 m	1400 m					
	15:18,72	16:44,53	18:10,91	19:37,16				21:00,22	
	(1:25,22)	(1:25,81)	(1:26,38)	(1:26,25)	(1:23,06)				
5. Tom Hädrich	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:18,91	2:44,80	4:11,23	5:39,53	7:06,78				
		(1:25,89)	(1:26,43)	(1:28,30)	(1:27,25)				
	600 m	700 m	800 m	900 m	1000 m				
	8:33,66	9:59,95	11:25,41	12:50,86	14:15,06				
	(1:26,88)	(1:26,29)	(1:25,46)	(1:25,45)	(1:24,20)				
	1100 m	1200 m	1300 m	1400 m					
	15:39,59	17:03,95	18:27,98	19:52,06				21:13,28	
	(1:24,53)	(1:24,36)	(1:24,03)	(1:24,08)	(1:21,22)				
6. Mohamed Laadraoui	(2011) SSF Bonn								
	100 m	200 m	300 m	400 m	500 m				
	1:20,55	2:48,62	4:16,57	5:46,51	7:15,37				
		(1:28,07)	(1:27,95)	(1:29,94)	(1:28,86)				
	600 m	700 m	800 m	900 m	1000 m				
	8:42,15	10:07,89	11:36,38	13:04,67	14:33,33				
	(1:26,78)	(1:25,74)	(1:28,49)	(1:28,29)	(1:28,66)				
	1100 m	1200 m	1300 m	1400 m					
	16:01,21	17:27,69	18:54,90	20:22,23				21:44,02	
	(1:27,88)	(1:26,48)	(1:27,21)	(1:27,33)	(1:21,79)				
7. Leonard Schwung	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:25,10	2:56,55	4:28,28	6:03,99	7:37,99				
		(1:31,45)	(1:31,73)	(1:35,71)	(1:34,00)				
	600 m	700 m	800 m	900 m	1000 m				
	9:13,25	10:48,86	12:25,59	14:01,26	15:35,82				
	(1:35,26)	(1:35,61)	(1:36,73)	(1:35,67)	(1:34,56)				
	1100 m	1200 m	1300 m	1400 m					
	17:12,02	18:50,46	20:26,52	21:58,32				23:26,87	
	(1:36,20)	(1:38,44)	(1:36,06)	(1:31,80)	(1:28,55)				

Jahrgang 2010

(Pflichtzeit: 23:00,00)

1. und somit "Mittelrhein-Jahrgangsmeister"

Ilias Hamdouch

	(2010) SV Rhenania Köln 1919								
	100 m	200 m	300 m	400 m	500 m				
	1:10,10	2:26,10	3:42,14	4:59,12	6:14,94				
		(1:16,00)	(1:16,04)	(1:16,98)	(1:15,82)				
	600 m	700 m	800 m	900 m	1000 m				
	7:31,96	8:48,33	10:03,97	11:20,21	12:36,96				
	(1:17,02)	(1:16,37)	(1:15,64)	(1:16,24)	(1:16,75)				
	1100 m	1200 m	1300 m	1400 m					
	13:52,69	15:09,23	16:25,55	17:40,17				18:51,06	
	(1:15,73)	(1:16,54)	(1:16,32)	(1:14,62)	(1:10,89)				

noch Wettkampf 6

1500 m Freistil

(männlich)

2. Len Eschenburg

(2010) SG Bergheim

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:12,21	2:29,39	3:46,80	5:03,49	6:20,14	
	(1:17,18)	(1:17,41)	(1:16,69)	(1:16,65)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
7:36,96	8:53,83	10:11,24	11:28,71	12:46,89	
(1:16,82)	(1:16,87)	(1:17,41)	(1:17,47)	(1:18,18)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		19:09,00
14:04,24	15:20,96	16:37,27	17:54,14		
(1:17,35)	(1:16,72)	(1:16,31)	(1:16,87)	(1:14,86)	

3. Sören Engemann

(2010) SG Bergheim

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:14,25		3:50,18	5:09,14	6:27,42	
			(1:18,96)	(1:18,28)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
7:45,30	9:03,24	10:20,61	11:39,30	12:57,86	
(1:17,88)	(1:17,94)	(1:17,37)	(1:18,69)	(1:18,56)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		19:27,55
14:17,27	15:35,24	16:54,49	18:14,35		
(1:19,41)	(1:17,97)	(1:19,25)	(1:19,86)	(1:13,20)	

4. David Bret

(2010) SV Rhenania Köln 1919

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:15,84	2:39,59	4:03,94	5:27,69	6:51,47	
	(1:23,75)	(1:24,35)	(1:23,75)	(1:23,78)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
8:14,31	9:37,41	11:01,31	12:24,22	13:46,59	
(1:22,84)	(1:23,10)	(1:23,90)	(1:22,91)	(1:22,37)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		20:38,72
15:10,19	16:34,50	17:57,75	19:20,06		
(1:23,60)	(1:24,31)	(1:23,25)	(1:22,31)	(1:18,66)	

5. Ben Rössel

(2010) Hennefer TV 1895

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:20,97	2:48,47	4:18,79	5:51,25	7:22,95	
	(1:27,50)	(1:30,32)	(1:32,46)	(1:31,70)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
8:54,56	10:26,94	11:56,91	13:28,65	14:58,19	
(1:31,61)	(1:32,38)	(1:29,97)	(1:31,74)	(1:29,54)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		22:09,46
16:28,15	17:56,57	19:22,96	20:48,35		
(1:29,96)	(1:28,42)	(1:26,39)	(1:25,39)	(1:21,11)	

6. Leon David Nachtsheim

(2010) SSF Bonn

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:23,18	2:51,45	4:20,87	5:50,76	7:21,68	
	(1:28,27)	(1:29,42)	(1:29,89)	(1:30,92)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
8:51,82	10:23,20	11:53,37	13:24,39	14:56,57	
(1:30,14)	(1:31,38)	(1:30,17)	(1:31,02)	(1:32,18)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		22:29,70
16:29,06	18:02,46	19:34,82	21:04,54		
(1:32,49)	(1:33,40)	(1:32,36)	(1:29,72)	(1:25,16)	

7. David Lieb

(2010) TPSK 1925

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>	
1:26,57	3:04,16	4:40,20	6:16,59	7:52,97	
	(1:37,59)	(1:36,04)	(1:36,39)	(1:36,38)	
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>	
9:27,60	11:02,00	12:36,87	14:13,94	15:51,76	
(1:34,63)	(1:34,40)	(1:34,87)	(1:37,07)	(1:37,82)	
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		23:52,46
17:30,63	19:08,36	20:45,50	22:20,41		
(1:38,87)	(1:37,73)	(1:37,14)	(1:34,91)	(1:32,05)	

ENM

noch Wettkampf 6

1500 m Freistil

(männlich)

5. Okan Uludag	(2009) SSF Bonn					
	100 m	200 m	300 m	400 m	500 m	
	1:14,71	2:36,90	3:58,37	5:20,46	6:43,09	
		(1:22,19)	(1:21,47)	(1:22,09)	(1:22,63)	
	600 m	700 m	800 m	900 m	1000 m	
8:05,15	9:27,49	10:49,59	12:12,09	13:34,59		
	(1:22,06)	(1:22,34)	(1:22,10)	(1:22,50)	(1:22,50)	
	1100 m	1200 m	1300 m	1400 m		
14:58,34	16:21,56	17:45,34	19:08,02		20:27,22	
	(1:23,75)	(1:23,22)	(1:23,78)	(1:22,68)	(1:19,20)	
6. Kilian Aisch	(2009) SV Wasserhelden					
	100 m	200 m	300 m	400 m	500 m	
	1:08,98	2:25,65	3:45,00	5:06,93	6:32,20	
		(1:16,67)	(1:19,35)	(1:21,93)	(1:25,27)	
	600 m	700 m	800 m	900 m	1000 m	
7:57,79	9:23,01	10:46,92	12:11,01	13:37,24		
	(1:25,59)	(1:25,22)	(1:23,91)	(1:24,09)	(1:26,23)	
	1100 m	1200 m	1300 m	1400 m		
15:03,85	16:30,24	17:56,74	19:21,03		20:39,43	
	(1:26,61)	(1:26,39)	(1:26,50)	(1:24,29)	(1:18,40)	
7. Luca Eickels	(2009) SV Rhenania Köln 1919					
	100 m	200 m	300 m	400 m	500 m	
	1:13,67	2:35,72	4:01,18	5:25,80	6:50,19	
		(1:22,05)	(1:25,46)	(1:24,62)	(1:24,39)	
	600 m	700 m	800 m	900 m	1000 m	
8:14,06	9:37,37	11:01,36	12:25,13	13:47,27		
	(1:23,87)	(1:23,31)	(1:23,99)	(1:23,77)	(1:22,14)	
	1100 m	1200 m	1300 m	1400 m		
15:11,43	16:35,37	17:58,50	19:21,79		20:41,55	
	(1:24,16)	(1:23,94)	(1:23,13)	(1:23,29)	(1:19,76)	
8. Connor Nelson	(2009) SV Wasserhelden					
	100 m	200 m	300 m	400 m	500 m	
	1:13,85	2:36,14	4:01,44	5:26,28	6:51,21	
		(1:22,29)	(1:25,30)	(1:24,84)	(1:24,93)	
	600 m	700 m	800 m	900 m	1000 m	
8:15,49	9:38,26	11:02,78	12:28,22	13:52,72		
	(1:24,28)	(1:22,77)	(1:24,52)	(1:25,44)	(1:24,50)	
	1100 m	1200 m	1300 m	1400 m		
15:17,64	16:42,72	18:06,93	19:29,27		20:44,90	
	(1:24,92)	(1:25,08)	(1:24,21)	(1:22,34)	(1:15,63)	
9. Ben Golbeck	(2009) SV Bergisch Gladbach 1920/71					
	100 m	200 m	300 m	400 m	500 m	
	1:16,72	2:41,08	4:05,10	5:30,50	6:55,99	
		(1:24,36)	(1:24,02)	(1:25,40)	(1:25,49)	
	600 m	700 m	800 m	900 m	1000 m	
8:21,44	9:47,19	11:13,22	12:39,86	14:05,61		
	(1:25,45)	(1:25,75)	(1:26,03)	(1:26,64)	(1:25,75)	
	1100 m	1200 m	1300 m	1400 m		
15:31,73	16:58,88	18:24,47	19:49,31		21:08,01	
	(1:26,12)	(1:27,15)	(1:25,59)	(1:24,84)	(1:18,70)	
10. Sebastian Martens	(2009) SC Hürth					
	100 m	200 m	300 m	400 m	500 m	
	1:17,47	2:39,94	4:05,25	5:31,17	6:55,63	
		(1:22,47)	(1:25,31)	(1:25,92)	(1:24,46)	
	600 m	700 m	800 m	900 m	1000 m	
8:21,65	9:47,06	11:13,06	12:39,63	14:04,87		
	(1:26,02)	(1:25,41)	(1:26,00)	(1:26,57)	(1:25,24)	
	1100 m	1200 m	1300 m	1400 m		
15:31,64	16:59,52	18:24,14	19:50,95		21:08,43	
	(1:26,77)	(1:27,88)	(1:24,62)	(1:26,81)	(1:17,48)	

noch Wettkampf 6

1500 m Freistil

(männlich)

11. Tim Sautter	(2009) SV Horrem-Sindorf						
	100 m	200 m	300 m	400 m	500 m		
	1:18,36	2:44,82	4:11,77	5:40,17	7:09,57		
		(1:26,46)	(1:26,95)	(1:28,40)	(1:29,40)		
	600 m	700 m	800 m	900 m	1000 m		
	8:39,98	10:08,98	11:37,22	13:07,41	14:36,39		
	(1:30,41)	(1:29,00)	(1:28,24)	(1:30,19)	(1:28,98)		
	1100 m	1200 m	1300 m	1400 m		21:59,86	
	16:07,56	17:38,28	19:10,46	20:39,46			
	(1:31,17)	(1:30,72)	(1:32,18)	(1:29,00)	(1:20,40)		
12. Alexander Sadikov	(2009) TPSK 1925						
	100 m	200 m	300 m	400 m	500 m		
	1:15,24	2:38,04	4:04,40	5:32,91	7:02,51		
		(1:22,80)	(1:26,36)	(1:28,51)	(1:29,60)		
	600 m	700 m	800 m	900 m	1000 m		
	8:32,58	10:03,42	11:34,70	13:04,25	14:35,15		
	(1:30,07)	(1:30,84)	(1:31,28)	(1:29,55)	(1:30,90)		
	1100 m	1200 m	1300 m	1400 m		22:00,59	ENM
	16:02,56	17:31,32	19:00,08	20:30,89			
	(1:27,41)	(1:28,76)	(1:28,76)	(1:30,81)	(1:29,70)		
13. Bent Jühlstorff	(2009) SV Bergisch Gladbach 1920/71						
	100 m	200 m	300 m	400 m	500 m		
	1:15,38	2:39,95	4:07,88	5:37,20	7:06,32		
		(1:24,57)	(1:27,93)	(1:29,32)	(1:29,12)		
	600 m	700 m	800 m	900 m	1000 m		
	8:36,35	10:06,73	11:34,76	13:06,57	14:37,85		
	(1:30,03)	(1:30,38)	(1:28,03)	(1:31,81)	(1:31,28)		
	1100 m	1200 m	1300 m	1400 m		22:07,00	ENM
	16:09,48	17:41,26	19:12,82	20:44,20			
	(1:31,63)	(1:31,78)	(1:31,56)	(1:31,38)	(1:22,80)		
14. Jonathan Brix	(2009) SSF Bonn						
	100 m	200 m	300 m	400 m	500 m		
	1:24,22	2:55,19	4:25,54	5:57,64	7:31,04		
		(1:30,97)	(1:30,35)	(1:32,10)	(1:33,40)		
	600 m	700 m	800 m	900 m	1000 m		
	9:03,85	10:35,17	12:08,38	13:40,32	15:09,97		
	(1:32,81)	(1:31,32)	(1:33,21)	(1:31,94)	(1:29,65)		
	1100 m	1200 m	1300 m	1400 m		22:22,75	ENM
	16:38,22	18:06,38	19:33,60	21:00,38			
	(1:28,25)	(1:28,16)	(1:27,22)	(1:26,78)	(1:22,37)		
15. Justus Ahlke	(2009) SG WAGO 1950						
	100 m	200 m	300 m	400 m	500 m		
	1:21,68	2:51,46	4:22,71	5:53,30	7:24,37		
		(1:29,78)	(1:31,25)	(1:30,59)	(1:31,07)		
	600 m	700 m	800 m	900 m	1000 m		
	8:53,93	10:24,65	11:54,15	13:26,08	14:57,27		
	(1:29,56)	(1:30,72)	(1:29,50)	(1:31,93)	(1:31,19)		
	1100 m	1200 m	1300 m	1400 m		22:24,19	ENM
	16:27,30	17:56,96	19:27,74	20:57,74			
	(1:30,03)	(1:29,66)	(1:30,78)	(1:30,00)	(1:26,45)		
16. Thees Vähning	(2009) SV Bergisch Gladbach 1920/71						
	100 m	200 m	300 m	400 m	500 m		
	1:24,87	3:00,42	4:35,32	6:09,00	7:43,41		
		(1:35,55)	(1:34,90)	(1:33,68)	(1:34,41)		
	600 m	700 m	800 m	900 m	1000 m		
	9:19,06	10:55,10	12:31,18	14:09,39	15:47,82		
	(1:35,65)	(1:36,04)	(1:36,08)	(1:38,21)	(1:38,43)		
	1100 m	1200 m	1300 m	1400 m		23:56,28	ENM
	17:25,50	19:04,20	20:42,31	22:18,02			
	(1:37,68)	(1:38,70)	(1:38,11)	(1:35,71)	(1:38,26)		

noch Wettkampf 6

1500 m Freistil

(männlich)

Emil Dathe (2009) SV Bergisch Gladbach 1920/71

DISQUALIFIZIERT:*Der Sportler startete vor dem Startsignal.**(Uhrzeit der Bekanntgabe: 13:55 Uhr)*

Jahrgang 2008

(Pflichtzeit: 21:15,00)

1. und somit "Mittelrhein-Jahrgangsmeister"

Ole Weber

(2008) SG Bergheim

100 m	200 m	300 m	400 m	500 m	
1:11,57	2:26,57	3:40,38	4:54,86	6:08,97	
	(1:15,00)	(1:13,81)	(1:14,48)	(1:14,11)	
600 m	700 m	800 m	900 m	1000 m	
7:23,54	8:38,97	9:54,32	11:09,87	12:24,75	
(1:14,57)	(1:15,43)	(1:15,35)	(1:15,55)	(1:14,88)	
1100 m	1200 m	1300 m	1400 m		18:37,39
13:39,66	14:54,48	16:09,56	17:25,05		
(1:14,91)	(1:14,82)	(1:15,08)	(1:15,49)	(1:12,34)	

2. Albrecht Moster

(2008) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:08,91	2:24,82	3:41,48	4:58,62	6:15,93	
	(1:15,91)	(1:16,66)	(1:17,14)	(1:17,31)	
600 m	700 m	800 m	900 m	1000 m	
7:33,25	8:50,21	10:06,92	11:22,93	12:39,32	
(1:17,32)	(1:16,96)	(1:16,71)	(1:16,01)	(1:16,39)	
1100 m	1200 m	1300 m	1400 m		18:57,14
13:55,99	15:12,93	16:29,42	17:45,01		
(1:16,67)	(1:16,94)	(1:16,49)	(1:15,59)	(1:12,13)	

3. Peter Dathe

(2008) SV Bergisch Gladbach 1920/71

100 m	200 m	300 m	400 m	500 m	
1:10,21	2:26,52	3:44,03	5:02,57	6:20,37	
	(1:16,31)	(1:17,51)	(1:18,54)	(1:17,80)	
600 m	700 m	800 m	900 m	1000 m	
7:38,86	8:56,60	10:15,77	11:33,65	12:51,38	
(1:18,49)	(1:17,74)	(1:19,17)	(1:17,88)	(1:17,73)	
1100 m	1200 m	1300 m	1400 m		19:16,57
14:09,99	15:27,55	16:45,33	18:03,13		
(1:18,61)	(1:17,56)	(1:17,78)	(1:17,80)	(1:13,44)	

4. Mykhailo Palatnyi

(2008) TPSK 1925

100 m	200 m	300 m	400 m	500 m	
1:07,69	2:22,51	3:38,58	4:55,84	6:13,87	
	(1:14,82)	(1:16,07)	(1:17,26)	(1:18,03)	
600 m	700 m	800 m	900 m	1000 m	
7:32,76	8:51,94	10:12,09	11:32,44	12:52,94	
(1:18,89)	(1:19,18)	(1:20,15)	(1:20,35)	(1:20,50)	
1100 m	1200 m	1300 m	1400 m		19:21,62
14:12,91	15:32,26	16:51,75	18:10,22		
(1:19,97)	(1:19,35)	(1:19,49)	(1:18,47)	(1:11,40)	

5. Jan Mathis Bertram

(2008) SV Bergisch Gladbach 1920/71

100 m	200 m	300 m	400 m	500 m	
1:08,97	2:25,54	3:42,77	5:00,69	6:18,00	
	(1:16,57)	(1:17,23)	(1:17,92)	(1:17,31)	
600 m	700 m	800 m	900 m	1000 m	
7:36,42	8:56,19	10:15,81	11:36,38	12:56,34	
(1:18,42)	(1:19,77)	(1:19,62)	(1:20,57)	(1:19,96)	
1100 m	1200 m	1300 m	1400 m		19:27,70
14:15,20	15:35,38	16:54,74	18:13,38		
(1:18,86)	(1:20,18)	(1:19,36)	(1:18,64)	(1:14,32)	

noch Wettkampf 6

1500 m Freistil

(männlich)

6. Daniel Rot	(2008) TPSK 1925									
	100 m	200 m	300 m	400 m	500 m					
	1:11,62	2:28,94	3:46,34	5:04,18	6:21,50					
		(1:17,32)	(1:17,40)	(1:17,84)	(1:17,32)					
	600 m	700 m	800 m	900 m	1000 m					
	7:38,41	8:56,22	10:13,77	11:32,15	12:50,64					
	(1:16,91)	(1:17,81)	(1:17,55)	(1:18,38)	(1:18,49)					
	1100 m	1200 m	1300 m	1400 m						19:28,20
	14:10,76	15:32,44	16:52,56	18:11,94						
	(1:20,12)	(1:21,68)	(1:20,12)	(1:19,38)	(1:16,26)					
7. Kilian Simmich	(2008) TPSK 1925									
	100 m	200 m	300 m	400 m	500 m					
	1:07,63	2:23,47	3:41,13	4:58,88	6:17,41					
		(1:15,84)	(1:17,66)	(1:17,75)	(1:18,53)					
	600 m	700 m	800 m	900 m	1000 m					
	7:37,25	8:56,88	10:17,34	11:39,13	13:01,16					
	(1:19,84)	(1:19,63)	(1:20,46)	(1:21,79)	(1:22,03)					
	1100 m	1200 m	1300 m	1400 m						19:48,31
	14:23,09	15:45,56	17:07,94	18:29,88						
	(1:21,93)	(1:22,47)	(1:22,38)	(1:21,94)	(1:18,43)					
8. Anton Holzhäuer	(2008) SC Hardtberg 1968									
	100 m	200 m	300 m	400 m	500 m					
	1:12,36	2:32,40	3:54,19	5:17,07	6:40,77					
		(1:20,04)	(1:21,79)	(1:22,88)	(1:23,70)					
	600 m	700 m	800 m	900 m	1000 m					
	8:05,63	9:30,15	10:54,22	12:18,34	13:41,31					
	(1:24,86)	(1:24,52)	(1:24,07)	(1:24,12)	(1:22,97)					
	1100 m	1200 m	1300 m	1400 m						20:31,41
	15:05,45	16:29,58	17:51,18	19:14,10						
	(1:24,14)	(1:24,13)	(1:21,60)	(1:22,92)	(1:17,31)					
9. Louis Monnée	(2008) SV Bergisch Gladbach 1920/71									
	100 m	200 m	300 m	400 m	500 m					
	1:08,93	2:26,59	3:47,00	5:07,31	6:29,50					
		(1:17,66)	(1:20,41)	(1:20,31)	(1:22,19)					
	600 m	700 m	800 m	900 m	1000 m					
	7:52,09	9:14,21	10:34,78	12:09,75	13:40,87					
	(1:22,59)	(1:22,12)	(1:20,57)	(1:34,97)	(1:31,12)					
	1100 m	1200 m	1300 m	1400 m						20:44,15
	15:09,53	16:36,37	18:01,75	19:18,75						
	(1:28,66)	(1:26,84)	(1:25,38)	(1:17,00)	(1:25,40)					
10. Tim Rössel	(2008) Hennefer TV 1895									
	100 m	200 m	300 m	400 m	500 m					
	1:12,83	2:34,76	3:58,66	5:23,56	6:48,89					
		(1:21,93)	(1:23,90)	(1:24,90)	(1:25,33)					
	600 m	700 m	800 m	900 m	1000 m					
	8:13,95	9:38,32	11:04,34	12:28,73	13:53,41					
	(1:25,06)	(1:24,37)	(1:26,02)	(1:24,39)	(1:24,68)					
	1100 m	1200 m	1300 m	1400 m						20:46,68
	15:18,14	16:41,42	18:05,43	19:28,18						
	(1:24,73)	(1:23,28)	(1:24,01)	(1:22,75)	(1:18,50)					
Klemens Malberg	(2008) SSF Sieglar 60									abgemeldet
Ben Zillikens	(2008) TPSK 1925									abgemeldet

Jahrgang 2007

(Pflichtzeit: 20:45.00)

1. und somit "Mittelrhein-Jahrgangsmeister"

Luca Cillien	(2007) SG Bergheim									
	100 m	200 m	300 m	400 m	500 m					
	1:06,98	2:18,37	3:29,87	4:42,36	5:53,81					
		(1:11,39)	(1:11,50)	(1:12,49)	(1:11,45)					
	600 m	700 m	800 m	900 m	1000 m					
	7:04,65	8:15,82	9:27,22	10:39,72	11:52,18					
	(1:10,84)	(1:11,17)	(1:11,40)	(1:12,50)	(1:12,46)					
	1100 m	1200 m	1300 m	1400 m						17:48,23
	13:05,53	14:17,82	15:30,07	16:41,83						
	(1:13,35)	(1:12,29)	(1:12,25)	(1:11,76)	(1:06,40)					

noch Wettkampf 6

1500 m Freistil

(männlich)

2. Pertti Bieder	(2007) TPSK 1925									
	100 m	200 m	300 m	400 m	500 m					
	1:12,29	2:28,19	3:44,16	5:01,33	6:17,87					
		(1:15,90)	(1:15,97)	(1:17,17)	(1:16,54)					
	600 m	700 m	800 m	900 m	1000 m					
	7:33,76	8:50,26	10:05,55	11:22,02	12:39,01					
	(1:15,89)	(1:16,50)	(1:15,29)	(1:16,47)	(1:16,99)					
	1100 m	1200 m	1300 m	1400 m						
	13:55,78	15:10,65	16:26,42	17:41,70					18:56,30	
	(1:16,77)	(1:14,87)	(1:15,77)	(1:15,28)	(1:14,60)					
3. Adrian Nöttgen	(2007) Hennefer TV 1895									
	100 m	200 m	300 m	400 m	500 m					
	1:09,21	2:25,29	3:41,07	4:57,61	6:15,02					
		(1:16,08)	(1:15,78)	(1:16,54)	(1:17,41)					
	600 m	700 m	800 m	900 m	1000 m					
	7:32,49	8:51,40	10:07,07	11:23,90	12:41,09					
	(1:17,47)	(1:18,91)	(1:15,67)	(1:16,83)	(1:17,19)					
	1100 m	1200 m	1300 m	1400 m						
	13:57,74	15:15,06	16:32,58	17:49,48					19:02,06	
	(1:16,65)	(1:17,32)	(1:17,52)	(1:16,90)	(1:12,58)					
4. David Overberg	(2007) Hennefer TV 1895									
	100 m	200 m	300 m	400 m	500 m					
	1:13,85	2:33,67	3:54,01	5:14,49	6:35,87					
		(1:19,82)	(1:20,34)	(1:20,48)	(1:21,38)					
	600 m	700 m	800 m	900 m	1000 m					
	7:58,00	9:20,08	10:43,80	12:07,04	13:30,44					
	(1:22,13)	(1:22,08)	(1:23,72)	(1:23,24)	(1:23,40)					
	1100 m	1200 m	1300 m	1400 m						
	14:53,44	16:16,71	17:41,11	19:03,91					20:22,04	
	(1:23,00)	(1:23,27)	(1:24,40)	(1:22,80)	(1:18,13)					
5. Diego-Alexander Kister	(2007) SC Hardtberg 1968									
	100 m	200 m	300 m	400 m	500 m					
	1:12,11	2:32,67	3:54,42	5:17,16	6:40,05					
		(1:20,56)	(1:21,75)	(1:22,74)	(1:22,89)					
	600 m	700 m	800 m	900 m	1000 m					
	8:02,74	9:26,52	10:49,83	12:13,25	13:36,87					
	(1:22,69)	(1:23,78)	(1:23,31)	(1:23,42)	(1:23,62)					
	1100 m	1200 m	1300 m	1400 m						
	15:00,96	16:23,20	17:46,65	19:10,06					20:26,52	
	(1:24,09)	(1:22,24)	(1:23,45)	(1:23,41)	(1:16,46)					
6. Noel Klitzsch	(2007) SG WAGO 1950									
	100 m	200 m	300 m	400 m	500 m					
	1:13,06	2:36,48	3:59,31	5:23,31	6:47,34					
		(1:23,42)	(1:22,83)	(1:24,00)	(1:24,03)					
	600 m	700 m	800 m	900 m	1000 m					
	8:11,73	9:35,41	11:01,44	12:26,34	13:51,46					
	(1:24,39)	(1:23,68)	(1:26,03)	(1:24,90)	(1:25,12)					
	1100 m	1200 m	1300 m	1400 m						
	15:16,26	16:41,19	18:05,81	19:28,41					20:46,44	
	(1:24,80)	(1:24,93)	(1:24,62)	(1:22,60)	(1:18,03)					

ENM

Damjan Milosevic
 Jannes Wößner
 Jannis Lux
 Tobias Kropp

(2007) SSF Sieglar 60
 (2007) SSF Sieglar 60
 (2007) SV Bergisch Gladbach 1920/71
 (2007) SG Rhein-Sieg

abgemeldet
 abgemeldet
 abgemeldet
 abgemeldet

noch Wettkampf 6

1500 m Freistil

(männlich)

Jahrgang 2006

(Pflichtzeit: 20:15,00)

1. und somit "Mittelrhein-Jahrgangsmeister"

Gian Walter	(2006)	SC Hürth								
	100 m	200 m	300 m	400 m	500 m					
1:08,78	2:25,85	3:44,03	5:03,13	6:22,38						
	(1:17,07)	(1:18,18)	(1:19,10)	(1:19,25)						
	600 m	700 m	800 m	900 m	1000 m					
7:42,28	9:01,22	10:19,69	11:37,72	12:56,72						
(1:19,90)	(1:18,94)	(1:18,47)	(1:18,03)	(1:19,00)						
	1100 m	1200 m	1300 m	1400 m						
14:14,53	15:30,84	16:47,22	18:04,91		19:15,16					
(1:17,81)	(1:16,31)	(1:16,38)	(1:17,69)	(1:10,25)						

2. Leon-Sun Tönsmann

	(2006)	SV Bergisch Gladbach 1920/71								
	100 m	200 m	300 m	400 m	500 m					
1:08,08	2:23,05	3:39,61	4:57,61	6:15,50						
	(1:14,97)	(1:16,56)	(1:18,00)	(1:17,89)						
	600 m	700 m	800 m	900 m	1000 m					
7:34,20	8:52,30	10:11,15	11:30,28	12:49,71						
(1:18,70)	(1:18,10)	(1:18,85)	(1:19,13)	(1:19,43)						
	1100 m	1200 m	1300 m	1400 m						
14:09,57	15:29,33	16:49,30	18:08,61		19:22,45					
(1:19,86)	(1:19,76)	(1:19,97)	(1:19,31)	(1:13,84)						

3. Marc Philipp Dziuk

	(2006)	SG Rhein-Sieg								
	100 m	200 m	300 m	400 m	500 m					
1:13,56	2:32,43	3:52,76	5:15,03	6:37,79						
	(1:18,87)	(1:20,33)	(1:22,27)	(1:22,76)						
	600 m	700 m	800 m	900 m	1000 m					
8:00,22	9:22,51	10:45,79	12:09,10	13:32,92						
(1:22,43)	(1:22,29)	(1:23,28)	(1:23,31)	(1:23,82)						
	1100 m	1200 m	1300 m	1400 m						
14:55,74	16:18,55	17:40,48	19:01,15		20:18,42					
(1:22,82)	(1:22,81)	(1:21,93)	(1:20,67)	(1:17,27)						

4. Dominik Jahn

	(2006)	SV Bergisch Gladbach 1920/71								
	100 m	200 m	300 m	400 m	500 m					
1:16,05	2:39,10	4:02,67	5:25,98	6:47,87						
	(1:23,05)	(1:23,57)	(1:23,31)	(1:21,89)						
	600 m	700 m	800 m	900 m	1000 m					
8:11,41	9:35,61	10:59,35	12:23,75	13:47,81						
(1:23,54)	(1:24,20)	(1:23,74)	(1:24,40)	(1:24,06)						
	1100 m	1200 m	1300 m	1400 m						
15:10,62	16:33,54	17:53,50	19:13,64		20:29,04					
(1:22,81)	(1:22,92)	(1:19,96)	(1:20,14)	(1:15,40)						

ENM

5. Noam Krüger

	(2006)	SC Hürth								
	100 m	200 m	300 m	400 m	500 m					
1:14,99	2:39,64	4:05,44	5:31,74	6:57,70						
	(1:24,65)	(1:25,80)	(1:26,30)	(1:25,96)						
	600 m	700 m	800 m	900 m	1000 m					
8:24,26	9:49,19	11:13,68	12:37,51	14:00,48						
(1:26,56)	(1:24,93)	(1:24,49)	(1:23,83)	(1:22,97)						
	1100 m	1200 m	1300 m	1400 m						
15:24,76	16:49,55	18:13,73	19:36,11		20:56,76					
(1:24,28)	(1:24,79)	(1:24,18)	(1:22,38)	(1:20,65)						

ENM

Tim Walter

(2006) SG Bergheim

abgemeldet

noch Wettkampf 6

1500 m Freistil

(männlich)

Jahrgang 2004/2005

(Pflichtzeit: 20:00,00)

1. und somit "Mittelrhein-Jahrgangsmeister"

David Reul	(2005)	SC Hardtberg 1968								
	100 m	200 m	300 m	400 m	500 m					
1:08,58	2:26,43	3:45,35	5:04,15	6:24,02						
	(1:17,85)	(1:18,92)	(1:18,80)	(1:19,87)						
	600 m	700 m	800 m	900 m	1000 m					
7:44,31	9:04,63	10:24,40	11:44,40	13:04,92						
(1:20,29)	(1:20,32)	(1:19,77)	(1:20,00)	(1:20,52)						
	1100 m	1200 m	1300 m	1400 m						
14:25,59	15:45,46	17:05,08	18:24,59		19:42,76					
(1:20,67)	(1:19,87)	(1:19,62)	(1:19,51)	(1:18,17)						

2. Thorben Werner

	(2005)	ASV Sankt Augustin 1956								
	100 m	200 m	300 m	400 m	500 m					
1:09,46	2:26,80	3:45,52	5:05,42	6:26,70						
	(1:17,34)	(1:18,72)	(1:19,90)	(1:21,28)						
	600 m	700 m	800 m	900 m	1000 m					
7:48,00	9:09,70	10:31,61	11:53,72	13:16,10						
(1:21,30)	(1:21,70)	(1:21,91)	(1:22,11)	(1:22,38)						
	1100 m	1200 m	1300 m	1400 m						
14:38,45	16:01,10	17:23,64	18:40,32		20:07,88					
(1:22,35)	(1:22,65)	(1:22,54)	(1:16,68)	(1:27,56)						

Julius Kornijenko
Lukas Kasten(2005) SSF Sieglar 60
(2005) SC Hürthabgemeldet
abgemeldet

Offene Klasse

(Pflichtzeit: 19:45,00)

1. und somit "Mittelrhein-Meister"

Luca Cillien	(2007)	SG Bergheim								
	100 m	200 m	300 m	400 m	500 m					
1:06,98	2:18,37	3:29,87	4:42,36	5:53,81						
	(1:11,39)	(1:11,50)	(1:12,49)	(1:11,45)						
	600 m	700 m	800 m	900 m	1000 m					
7:04,65	8:15,82	9:27,22	10:39,72	11:52,18						
(1:10,84)	(1:11,17)	(1:11,40)	(1:12,50)	(1:12,46)						
	1100 m	1200 m	1300 m	1400 m						
13:05,53	14:17,82	15:30,07	16:41,83		17:48,23					
(1:13,35)	(1:12,29)	(1:12,25)	(1:11,76)	(1:06,40)						

2. Ole Weber

	(2008)	SG Bergheim								
	100 m	200 m	300 m	400 m	500 m					
1:11,57	2:26,57	3:40,38	4:54,86	6:08,97						
	(1:15,00)	(1:13,81)	(1:14,48)	(1:14,11)						
	600 m	700 m	800 m	900 m	1000 m					
7:23,54	8:38,97	9:54,32	11:09,87	12:24,75						
(1:14,57)	(1:15,43)	(1:15,35)	(1:15,55)	(1:14,88)						
	1100 m	1200 m	1300 m	1400 m						
13:39,66	14:54,48	16:09,56	17:25,05		18:37,39					
(1:14,91)	(1:14,82)	(1:15,08)	(1:15,49)	(1:12,34)						

3. Simon Butscheid

	(2009)	SSF Bonn								
	100 m	200 m	300 m	400 m	500 m					
1:07,57	2:20,37	3:34,39	4:49,22	6:03,65						
	(1:12,80)	(1:14,02)	(1:14,83)	(1:14,43)						
	600 m	700 m	800 m	900 m	1000 m					
7:18,85	8:34,28	9:50,44	11:06,30	12:23,55						
(1:15,20)	(1:15,43)	(1:16,16)	(1:15,86)	(1:17,25)						
	1100 m	1200 m	1300 m	1400 m						
13:39,78	14:56,58	16:14,19	17:30,45		18:45,53					
(1:16,23)	(1:16,80)	(1:17,61)	(1:16,26)	(1:15,08)						

noch Wettkampf 6

1500 m Freistil

(männlich)

4. Richard Junior Schönfelder	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:11,25	2:26,81	3:42,72	4:58,40	6:14,17				
		(1:15,56)	(1:15,91)	(1:15,68)	(1:15,77)				
	600 m	700 m	800 m	900 m	1000 m				
	7:29,83	8:45,64	10:01,56	11:17,79	12:34,32				
	(1:15,66)	(1:15,81)	(1:15,92)	(1:16,23)	(1:16,53)				
	1100 m	1200 m	1300 m	1400 m					
	13:49,95	15:05,23	16:20,43	17:34,67				18:47,79	
	(1:15,63)	(1:15,28)	(1:15,20)	(1:14,24)	(1:13,12)				
5. Ilias Hamdouch	(2010) SV Rhenania Köln 1919								
	100 m	200 m	300 m	400 m	500 m				
	1:10,10	2:26,10	3:42,14	4:59,12	6:14,94				
		(1:16,00)	(1:16,04)	(1:16,98)	(1:15,82)				
	600 m	700 m	800 m	900 m	1000 m				
	7:31,96	8:48,33	10:03,97	11:20,21	12:36,96				
	(1:17,02)	(1:16,37)	(1:15,64)	(1:16,24)	(1:16,75)				
	1100 m	1200 m	1300 m	1400 m					
	13:52,69	15:09,23	16:25,55	17:40,17				18:51,06	
	(1:15,73)	(1:16,54)	(1:16,32)	(1:14,62)	(1:10,89)				
6. Philipp Wiens	(2009) SG Bergheim								
	100 m	200 m	300 m	400 m	500 m				
	1:13,80	2:30,74	3:48,38	5:05,34	6:21,18				
		(1:16,94)	(1:17,64)	(1:16,96)	(1:15,84)				
	600 m	700 m	800 m	900 m	1000 m				
	7:37,85	8:53,67	10:09,48	11:26,18	12:41,21				
	(1:16,67)	(1:15,82)	(1:15,81)	(1:16,70)	(1:15,03)				
	1100 m	1200 m	1300 m	1400 m					
	13:55,98	15:11,64	16:26,10	17:40,73				18:51,53	
	(1:14,77)	(1:15,66)	(1:14,46)	(1:14,63)	(1:10,80)				
7. Pertti Bieder	(2007) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:12,29	2:28,19	3:44,16	5:01,33	6:17,87				
		(1:15,90)	(1:15,97)	(1:17,17)	(1:16,54)				
	600 m	700 m	800 m	900 m	1000 m				
	7:33,76	8:50,26	10:05,55	11:22,02	12:39,01				
	(1:15,89)	(1:16,50)	(1:15,29)	(1:16,47)	(1:16,99)				
	1100 m	1200 m	1300 m	1400 m					
	13:55,78	15:10,65	16:26,42	17:41,70				18:56,30	
	(1:16,77)	(1:14,87)	(1:15,77)	(1:15,28)	(1:14,60)				
8. Albrecht Moster	(2008) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:08,91	2:24,82	3:41,48	4:58,62	6:15,93				
		(1:15,91)	(1:16,66)	(1:17,14)	(1:17,31)				
	600 m	700 m	800 m	900 m	1000 m				
	7:33,25	8:50,21	10:06,92	11:22,93	12:39,32				
	(1:17,32)	(1:16,96)	(1:16,71)	(1:16,01)	(1:16,39)				
	1100 m	1200 m	1300 m	1400 m					
	13:55,99	15:12,93	16:29,42	17:45,01				18:57,14	
	(1:16,67)	(1:16,94)	(1:16,49)	(1:15,59)	(1:12,13)				
9. Adrian Nöttgen	(2007) Hennefer TV 1895								
	100 m	200 m	300 m	400 m	500 m				
	1:09,21	2:25,29	3:41,07	4:57,61	6:15,02				
		(1:16,08)	(1:15,78)	(1:16,54)	(1:17,41)				
	600 m	700 m	800 m	900 m	1000 m				
	7:32,49	8:51,40	10:07,07	11:23,90	12:41,09				
	(1:17,47)	(1:18,91)	(1:15,67)	(1:16,83)	(1:17,19)				
	1100 m	1200 m	1300 m	1400 m					
	13:57,74	15:15,06	16:32,58	17:49,48				19:02,06	
	(1:16,65)	(1:17,32)	(1:17,52)	(1:16,90)	(1:12,58)				

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10. Len Eschenburg	(2010) SG Bergheim					
	100 m	200 m	300 m	400 m	500 m	
	1:12,21	2:29,39	3:46,80	5:03,49	6:20,14	
		(1:17,18)	(1:17,41)	(1:16,69)	(1:16,65)	
	600 m	700 m	800 m	900 m	1000 m	
	7:36,96	8:53,83	10:11,24	11:28,71	12:46,89	
	(1:16,82)	(1:16,87)	(1:17,41)	(1:17,47)	(1:18,18)	
	1100 m	1200 m	1300 m	1400 m		19:09,00
	14:04,24	15:20,96	16:37,27	17:54,14		
	(1:17,35)	(1:16,72)	(1:16,31)	(1:16,87)	(1:14,86)	
11. Raed Fritah	(2009) SV Rhenania Köln 1919					
	100 m	200 m	300 m	400 m	500 m	
	1:09,17	2:23,77	3:39,02	4:55,05	6:11,39	
		(1:14,60)	(1:15,25)	(1:16,03)	(1:16,34)	
	600 m	700 m	800 m	900 m	1000 m	
	7:27,89	8:45,02	10:02,42	11:20,86	12:38,70	
	(1:16,50)	(1:17,13)	(1:17,40)	(1:18,44)	(1:17,84)	
	1100 m	1200 m	1300 m	1400 m		19:11,97
	13:56,73	15:14,77	16:34,73	17:53,80		
	(1:18,03)	(1:18,04)	(1:19,96)	(1:19,07)	(1:18,17)	
12. Burak Simsek	(2011) TPSK 1925					
	100 m	200 m	300 m	400 m	500 m	
	1:12,71	2:29,69	3:46,52	5:05,63	6:32,66	
		(1:16,98)	(1:16,83)	(1:19,11)	(1:27,03)	
	600 m	700 m	800 m	900 m	1000 m	
	7:40,67	8:58,17	10:15,04	11:33,18	12:50,73	
	(1:08,01)	(1:17,50)	(1:16,87)	(1:18,14)	(1:17,55)	
	1100 m	1200 m	1300 m	1400 m		19:13,19
	14:08,01	15:25,98	16:42,75	18:01,09		
	(1:17,28)	(1:17,97)	(1:16,77)	(1:18,34)	(1:12,10)	
13. Gian Walter	(2006) SC Hürth					
	100 m	200 m	300 m	400 m	500 m	
	1:08,78	2:25,85	3:44,03	5:03,13	6:22,38	
		(1:17,07)	(1:18,18)	(1:19,10)	(1:19,25)	
	600 m	700 m	800 m	900 m	1000 m	
	7:42,28	9:01,22	10:19,69	11:37,72	12:56,72	
	(1:19,90)	(1:18,94)	(1:18,47)	(1:18,03)	(1:19,00)	
	1100 m	1200 m	1300 m	1400 m		19:15,16
	14:14,53	15:30,84	16:47,22	18:04,91		
	(1:17,81)	(1:16,31)	(1:16,38)	(1:17,69)	(1:10,25)	
14. Peter Dathe	(2008) SV Bergisch Gladbach 1920/71					
	100 m	200 m	300 m	400 m	500 m	
	1:10,21	2:26,52	3:44,03	5:02,57	6:20,37	
		(1:16,31)	(1:17,51)	(1:18,54)	(1:17,80)	
	600 m	700 m	800 m	900 m	1000 m	
	7:38,86	8:56,60	10:15,77	11:33,65	12:51,38	
	(1:18,49)	(1:17,74)	(1:19,17)	(1:17,88)	(1:17,73)	
	1100 m	1200 m	1300 m	1400 m		19:16,57
	14:09,99	15:27,55	16:45,33	18:03,13		
	(1:18,61)	(1:17,56)	(1:17,78)	(1:17,80)	(1:13,44)	
15. Alex Walter	(2009) SG Bergheim					
	100 m	200 m	300 m	400 m	500 m	
	1:10,50	2:26,80	3:43,47	5:01,03	6:18,34	
		(1:16,30)	(1:16,67)	(1:17,56)	(1:17,31)	
	600 m	700 m	800 m	900 m	1000 m	
	7:36,53	8:54,03	10:11,22	11:29,07	12:47,35	
	(1:18,19)	(1:17,50)	(1:17,19)	(1:17,85)	(1:18,28)	
	1100 m	1200 m	1300 m	1400 m		19:16,87
	14:05,25	15:23,58	16:42,02	18:00,60		
	(1:17,90)	(1:18,33)	(1:18,44)	(1:18,58)	(1:16,27)	

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16. Mykhailo Palatnyi	(2008) TPSK 1925								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:07,69	2:22,51	3:38,58	4:55,84	6:13,87				
		(1:14,82)	(1:16,07)	(1:17,26)	(1:18,03)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:32,76	8:51,94	10:12,09	11:32,44	12:52,94				
	(1:18,89)	(1:19,18)	(1:20,15)	(1:20,35)	(1:20,50)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:12,91	15:32,26	16:51,75	18:10,22					19:21,62
	(1:19,97)	(1:19,35)	(1:19,49)	(1:18,47)					(1:11,40)
17. Leon-Sun Tönsmann	(2006) SV Bergisch Gladbach 1920/71								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:08,08	2:23,05	3:39,61	4:57,61	6:15,50				
		(1:14,97)	(1:16,56)	(1:18,00)	(1:17,89)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:34,20	8:52,30	10:11,15	11:30,28	12:49,71				
	(1:18,70)	(1:18,10)	(1:18,85)	(1:19,13)	(1:19,43)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:09,57	15:29,33	16:49,30	18:08,61					19:22,45
	(1:19,86)	(1:19,76)	(1:19,97)	(1:19,31)					(1:13,84)
18. Sören Engemann	(2010) SG Bergheim								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:14,25		3:50,18	5:09,14	6:27,42				
				(1:18,96)	(1:18,28)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:45,30	9:03,24	10:20,61	11:39,30	12:57,86				
	(1:17,88)	(1:17,94)	(1:17,37)	(1:18,69)	(1:18,56)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:17,27	15:35,24	16:54,49	18:14,35					19:27,55
	(1:19,41)	(1:17,97)	(1:19,25)	(1:19,86)					(1:13,20)
19. Jan Mathis Bertram	(2008) SV Bergisch Gladbach 1920/71								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:08,97	2:25,54	3:42,77	5:00,69	6:18,00				
		(1:16,57)	(1:17,23)	(1:17,92)	(1:17,31)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:36,42	8:56,19	10:15,81	11:36,38	12:56,34				
	(1:18,42)	(1:19,77)	(1:19,62)	(1:20,57)	(1:19,96)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:15,20	15:35,38	16:54,74	18:13,38					19:27,70
	(1:18,86)	(1:20,18)	(1:19,36)	(1:18,64)					(1:14,32)
20. Daniel Rot	(2008) TPSK 1925								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:11,62	2:28,94	3:46,34	5:04,18	6:21,50				
		(1:17,32)	(1:17,40)	(1:17,84)	(1:17,32)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:38,41	8:56,22	10:13,77	11:32,15	12:50,64				
	(1:16,91)	(1:17,81)	(1:17,55)	(1:18,38)	(1:18,49)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:10,76	15:32,44	16:52,56	18:11,94					19:28,20
	(1:20,12)	(1:21,68)	(1:20,12)	(1:19,38)					(1:16,26)
21. David Reul	(2005) SC Hardtberg 1968								
	<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>				
	1:08,58	2:26,43	3:45,35	5:04,15	6:24,02				
		(1:17,85)	(1:18,92)	(1:18,80)	(1:19,87)				
	<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>				
	7:44,31	9:04,63	10:24,40	11:44,40	13:04,92				
	(1:20,29)	(1:20,32)	(1:19,77)	(1:20,00)	(1:20,52)				
	<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>					
	14:25,59	15:45,46	17:05,08	18:24,59					19:42,76
	(1:20,67)	(1:19,87)	(1:19,62)	(1:19,51)					(1:18,17)

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22. Kilian Simmich	(2008) TPSK 1925					
	100 m	200 m	300 m	400 m	500 m	
	1:07,63	2:23,47	3:41,13	4:58,88	6:17,41	
		(1:15,84)	(1:17,66)	(1:17,75)	(1:18,53)	
	600 m	700 m	800 m	900 m	1000 m	
	7:37,25	8:56,88	10:17,34	11:39,13	13:01,16	
	(1:19,84)	(1:19,63)	(1:20,46)	(1:21,79)	(1:22,03)	
	1100 m	1200 m	1300 m	1400 m		19:48,31
	14:23,09	15:45,56	17:07,94	18:29,88		
	(1:21,93)	(1:22,47)	(1:22,38)	(1:21,94)	(1:18,43)	
23. Thorben Werner	(2005) ASV Sankt Augustin 1956					
	100 m	200 m	300 m	400 m	500 m	
	1:09,46	2:26,80	3:45,52	5:05,42	6:26,70	
		(1:17,34)	(1:18,72)	(1:19,90)	(1:21,28)	
	600 m	700 m	800 m	900 m	1000 m	
	7:48,00	9:09,70	10:31,61	11:53,72	13:16,10	
	(1:21,30)	(1:21,70)	(1:21,91)	(1:22,11)	(1:22,38)	
	1100 m	1200 m	1300 m	1400 m		20:07,88
	14:38,45	16:01,10	17:23,64	18:40,32		
	(1:22,35)	(1:22,65)	(1:22,54)	(1:16,68)	(1:27,56)	
24. Marc Philipp Dziuk	(2006) SG Rhein-Sieg					
	100 m	200 m	300 m	400 m	500 m	
	1:13,56	2:32,43	3:52,76	5:15,03	6:37,79	
		(1:18,87)	(1:20,33)	(1:22,27)	(1:22,76)	
	600 m	700 m	800 m	900 m	1000 m	
	8:00,22	9:22,51	10:45,79	12:09,10	13:32,92	
	(1:22,43)	(1:22,29)	(1:23,28)	(1:23,31)	(1:23,82)	
	1100 m	1200 m	1300 m	1400 m		20:18,42
	14:55,74	16:18,55	17:40,48	19:01,15		
	(1:22,82)	(1:22,81)	(1:21,93)	(1:20,67)	(1:17,27)	
25. Andreas Walenwein	(2011) TPSK 1925					
	100 m	200 m	300 m	400 m	500 m	
	1:14,19	2:34,24	3:53,05	5:12,67	6:32,42	
		(1:20,05)	(1:18,81)	(1:19,62)	(1:19,75)	
	600 m	700 m	800 m	900 m	1000 m	
	7:52,85	9:14,47	10:37,53	12:00,84	13:23,34	
	(1:20,43)	(1:21,62)	(1:23,06)	(1:23,31)	(1:22,50)	
	1100 m	1200 m	1300 m	1400 m		20:20,04
	14:46,81	16:10,75	17:34,81	18:58,22		
	(1:23,47)	(1:23,94)	(1:24,06)	(1:23,41)	(1:21,82)	
26. David Overberg	(2007) Hennefer TV 1895					
	100 m	200 m	300 m	400 m	500 m	
	1:13,85	2:33,67	3:54,01	5:14,49	6:35,87	
		(1:19,82)	(1:20,34)	(1:20,48)	(1:21,38)	
	600 m	700 m	800 m	900 m	1000 m	
	7:58,00	9:20,08	10:43,80	12:07,04	13:30,44	
	(1:22,13)	(1:22,08)	(1:23,72)	(1:23,24)	(1:23,40)	
	1100 m	1200 m	1300 m	1400 m		20:22,04
	14:53,44	16:16,71	17:41,11	19:03,91		
	(1:23,00)	(1:23,27)	(1:24,40)	(1:22,80)	(1:18,13)	
27. Diego-Alexander Kister	(2007) SC Hardtberg 1968					
	100 m	200 m	300 m	400 m	500 m	
	1:12,11	2:32,67	3:54,42	5:17,16	6:40,05	
		(1:20,56)	(1:21,75)	(1:22,74)	(1:22,89)	
	600 m	700 m	800 m	900 m	1000 m	
	8:02,74	9:26,52	10:49,83	12:13,25	13:36,87	
	(1:22,69)	(1:23,78)	(1:23,31)	(1:23,42)	(1:23,62)	
	1100 m	1200 m	1300 m	1400 m		20:26,52
	15:00,96	16:23,20	17:46,65	19:10,06		
	(1:24,09)	(1:22,24)	(1:23,45)	(1:23,41)	(1:16,46)	

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28. Okan Uludag	(2009) SSF Bonn					
	100 m	200 m	300 m	400 m	500 m	
	1:14,71	2:36,90	3:58,37	5:20,46	6:43,09	
		(1:22,19)	(1:21,47)	(1:22,09)	(1:22,63)	
	600 m	700 m	800 m	900 m	1000 m	
	8:05,15	9:27,49	10:49,59	12:12,09	13:34,59	
	(1:22,06)	(1:22,34)	(1:22,10)	(1:22,50)	(1:22,50)	
	1100 m	1200 m	1300 m	1400 m		20:27,22
	14:58,34	16:21,56	17:45,34	19:08,02		
	(1:23,75)	(1:23,22)	(1:23,78)	(1:22,68)	(1:19,20)	
29. Dominik Jahn	(2006) SV Bergisch Gladbach 1920/71					
	100 m	200 m	300 m	400 m	500 m	
	1:16,05	2:39,10	4:02,67	5:25,98	6:47,87	
		(1:23,05)	(1:23,57)	(1:23,31)	(1:21,89)	
	600 m	700 m	800 m	900 m	1000 m	
	8:11,41	9:35,61	10:59,35	12:23,75	13:47,81	
	(1:23,54)	(1:24,20)	(1:23,74)	(1:24,40)	(1:24,06)	
	1100 m	1200 m	1300 m	1400 m		20:29,04
	15:10,62	16:33,54	17:53,50	19:13,64		
	(1:22,81)	(1:22,92)	(1:19,96)	(1:20,14)	(1:15,40)	
30. Anton Holzhäuer	(2008) SC Hardtberg 1968					
	100 m	200 m	300 m	400 m	500 m	
	1:12,36	2:32,40	3:54,19	5:17,07	6:40,77	
		(1:20,04)	(1:21,79)	(1:22,88)	(1:23,70)	
	600 m	700 m	800 m	900 m	1000 m	
	8:05,63	9:30,15	10:54,22	12:18,34	13:41,31	
	(1:24,86)	(1:24,52)	(1:24,07)	(1:24,12)	(1:22,97)	
	1100 m	1200 m	1300 m	1400 m		20:31,41
	15:05,45	16:29,58	17:51,18	19:14,10		
	(1:24,14)	(1:24,13)	(1:21,60)	(1:22,92)	(1:17,31)	
31. David Bret	(2010) SV Rhenania Köln 1919					
	100 m	200 m	300 m	400 m	500 m	
	1:15,84	2:39,59	4:03,94	5:27,69	6:51,47	
		(1:23,75)	(1:24,35)	(1:23,75)	(1:23,78)	
	600 m	700 m	800 m	900 m	1000 m	
	8:14,31	9:37,41	11:01,31	12:24,22	13:46,59	
	(1:22,84)	(1:23,10)	(1:23,90)	(1:22,91)	(1:22,37)	
	1100 m	1200 m	1300 m	1400 m		20:38,72
	15:10,19	16:34,50	17:57,75	19:20,06		
	(1:23,60)	(1:24,31)	(1:23,25)	(1:22,31)	(1:18,66)	
32. Kilian Aisch	(2009) SV Wasserhelden					
	100 m	200 m	300 m	400 m	500 m	
	1:08,98	2:25,65	3:45,00	5:06,93	6:32,20	
		(1:16,67)	(1:19,35)	(1:21,93)	(1:25,27)	
	600 m	700 m	800 m	900 m	1000 m	
	7:57,79	9:23,01	10:46,92	12:11,01	13:37,24	
	(1:25,59)	(1:25,22)	(1:23,91)	(1:24,09)	(1:26,23)	
	1100 m	1200 m	1300 m	1400 m		20:39,43
	15:03,85	16:30,24	17:56,74	19:21,03		
	(1:26,61)	(1:26,39)	(1:26,50)	(1:24,29)	(1:18,40)	
33. Luca Eickels	(2009) SV Rhenania Köln 1919					
	100 m	200 m	300 m	400 m	500 m	
	1:13,67	2:35,72	4:01,18	5:25,80	6:50,19	
		(1:22,05)	(1:25,46)	(1:24,62)	(1:24,39)	
	600 m	700 m	800 m	900 m	1000 m	
	8:14,06	9:37,37	11:01,36	12:25,13	13:47,27	
	(1:23,87)	(1:23,31)	(1:23,99)	(1:23,77)	(1:22,14)	
	1100 m	1200 m	1300 m	1400 m		20:41,55
	15:11,43	16:35,37	17:58,50	19:21,79		
	(1:24,16)	(1:23,94)	(1:23,13)	(1:23,29)	(1:19,76)	

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(männlich)

34. Louis Monnée	(2008) SV Bergisch Gladbach 1920/71								
	100 m	200 m	300 m	400 m	500 m				
	1:08,93	2:26,59	3:47,00	5:07,31	6:29,50				
		(1:17,66)	(1:20,41)	(1:20,31)	(1:22,19)				
	600 m	700 m	800 m	900 m	1000 m				
	7:52,09	9:14,21	10:34,78	12:09,75	13:40,87				
	(1:22,59)	(1:22,12)	(1:20,57)	(1:34,97)	(1:31,12)				
	1100 m	1200 m	1300 m	1400 m		20:44,15			
	15:09,53	16:36,37	18:01,75	19:18,75					
	(1:28,66)	(1:26,84)	(1:25,38)	(1:17,00)	(1:25,40)				
35. Connor Nelson	(2009) SV Wasserhelden								
	100 m	200 m	300 m	400 m	500 m				
	1:13,85	2:36,14	4:01,44	5:26,28	6:51,21				
		(1:22,29)	(1:25,30)	(1:24,84)	(1:24,93)				
	600 m	700 m	800 m	900 m	1000 m				
	8:15,49	9:38,26	11:02,78	12:28,22	13:52,72				
	(1:24,28)	(1:22,77)	(1:24,52)	(1:25,44)	(1:24,50)				
	1100 m	1200 m	1300 m	1400 m		20:44,90			
	15:17,64	16:42,72	18:06,93	19:29,27					
	(1:24,92)	(1:25,08)	(1:24,21)	(1:22,34)	(1:15,63)				
36. Noel Klitzsch	(2007) SG WAGO 1950								
	100 m	200 m	300 m	400 m	500 m				
	1:13,06	2:36,48	3:59,31	5:23,31	6:47,34				
		(1:23,42)	(1:22,83)	(1:24,00)	(1:24,03)				
	600 m	700 m	800 m	900 m	1000 m				
	8:11,73	9:35,41	11:01,44	12:26,34	13:51,46				
	(1:24,39)	(1:23,68)	(1:26,03)	(1:24,90)	(1:25,12)				
	1100 m	1200 m	1300 m	1400 m		20:46,44			
	15:16,26	16:41,19	18:05,81	19:28,41					
	(1:24,80)	(1:24,93)	(1:24,62)	(1:22,60)	(1:18,03)				
37. Tim Rössel	(2008) Hennefer TV 1895								
	100 m	200 m	300 m	400 m	500 m				
	1:12,83	2:34,76	3:58,66	5:23,56	6:48,89				
		(1:21,93)	(1:23,90)	(1:24,90)	(1:25,33)				
	600 m	700 m	800 m	900 m	1000 m				
	8:13,95	9:38,32	11:04,34	12:28,73	13:53,41				
	(1:25,06)	(1:24,37)	(1:26,02)	(1:24,39)	(1:24,68)				
	1100 m	1200 m	1300 m	1400 m		20:46,68			
	15:18,14	16:41,42	18:05,43	19:28,18					
	(1:24,73)	(1:23,28)	(1:24,01)	(1:22,75)	(1:18,50)				
38. Noam Krüger	(2006) SC Hürth								
	100 m	200 m	300 m	400 m	500 m				
	1:14,99	2:39,64	4:05,44	5:31,74	6:57,70				
		(1:24,65)	(1:25,80)	(1:26,30)	(1:25,96)				
	600 m	700 m	800 m	900 m	1000 m				
	8:24,26	9:49,19	11:13,68	12:37,51	14:00,48				
	(1:26,56)	(1:24,93)	(1:24,49)	(1:23,83)	(1:22,97)				
	1100 m	1200 m	1300 m	1400 m		20:56,76			
	15:24,76	16:49,55	18:13,73	19:36,11					
	(1:24,28)	(1:24,79)	(1:24,18)	(1:22,38)	(1:20,65)				
39. Ben Nikolin	(2011) SG Bergheim								
	100 m	200 m	300 m	400 m	500 m				
	1:19,75	2:44,47	4:09,22	5:32,81	6:55,53				
		(1:24,72)	(1:24,75)	(1:23,59)	(1:22,72)				
	600 m	700 m	800 m	900 m	1000 m				
	8:19,19	9:42,25	11:05,16	12:29,72	13:53,50				
	(1:23,66)	(1:23,06)	(1:22,91)	(1:24,56)	(1:23,78)				
	1100 m	1200 m	1300 m	1400 m		21:00,22			
	15:18,72	16:44,53	18:10,91	19:37,16					
	(1:25,22)	(1:25,81)	(1:26,38)	(1:26,25)	(1:23,06)				

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40. Ben Golbeck	(2009) SV Bergisch Gladbach 1920/71								
	100 m	200 m	300 m	400 m	500 m				
	1:16,72	2:41,08	4:05,10	5:30,50	6:55,99				
		(1:24,36)	(1:24,02)	(1:25,40)	(1:25,49)				
	600 m	700 m	800 m	900 m	1000 m				
	8:21,44	9:47,19	11:13,22	12:39,86	14:05,61				
	(1:25,45)	(1:25,75)	(1:26,03)	(1:26,64)	(1:25,75)				
	1100 m	1200 m	1300 m	1400 m					
	15:31,73	16:58,88	18:24,47	19:49,31				21:08,01	
	(1:26,12)	(1:27,15)	(1:25,59)	(1:24,84)	(1:18,70)				
41. Sebastian Martens	(2009) SC Hürth								
	100 m	200 m	300 m	400 m	500 m				
	1:17,47	2:39,94	4:05,25	5:31,17	6:55,63				
		(1:22,47)	(1:25,31)	(1:25,92)	(1:24,46)				
	600 m	700 m	800 m	900 m	1000 m				
	8:21,65	9:47,06	11:13,06	12:39,63	14:04,87				
	(1:26,02)	(1:25,41)	(1:26,00)	(1:26,57)	(1:25,24)				
	1100 m	1200 m	1300 m	1400 m					
	15:31,64	16:59,52	18:24,14	19:50,95				21:08,43	
	(1:26,77)	(1:27,88)	(1:24,62)	(1:26,81)	(1:17,48)				
42. Tom Hädrich	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:18,91	2:44,80	4:11,23	5:39,53	7:06,78				
		(1:25,89)	(1:26,43)	(1:28,30)	(1:27,25)				
	600 m	700 m	800 m	900 m	1000 m				
	8:33,66	9:59,95	11:25,41	12:50,86	14:15,06				
	(1:26,88)	(1:26,29)	(1:25,46)	(1:25,45)	(1:24,20)				
	1100 m	1200 m	1300 m	1400 m					
	15:39,59	17:03,95	18:27,98	19:52,06				21:13,28	
	(1:24,53)	(1:24,36)	(1:24,03)	(1:24,08)	(1:21,22)				
43. Mohamed Laadraoui	(2011) SSF Bonn								
	100 m	200 m	300 m	400 m	500 m				
	1:20,55	2:48,62	4:16,57	5:46,51	7:15,37				
		(1:28,07)	(1:27,95)	(1:29,94)	(1:28,86)				
	600 m	700 m	800 m	900 m	1000 m				
	8:42,15	10:07,89	11:36,38	13:04,67	14:33,33				
	(1:26,78)	(1:25,74)	(1:28,49)	(1:28,29)	(1:28,66)				
	1100 m	1200 m	1300 m	1400 m					
	16:01,21	17:27,69	18:54,90	20:22,23				21:44,02	
	(1:27,88)	(1:26,48)	(1:27,21)	(1:27,33)	(1:21,79)				
44. Tim Sautter	(2009) SV Horrem-Sindorf								
	100 m	200 m	300 m	400 m	500 m				
	1:18,36	2:44,82	4:11,77	5:40,17	7:09,57				
		(1:26,46)	(1:26,95)	(1:28,40)	(1:29,40)				
	600 m	700 m	800 m	900 m	1000 m				
	8:39,98	10:08,98	11:37,22	13:07,41	14:36,39				
	(1:30,41)	(1:29,00)	(1:28,24)	(1:30,19)	(1:28,98)				
	1100 m	1200 m	1300 m	1400 m					
	16:07,56	17:38,28	19:10,46	20:39,46				21:59,86	
	(1:31,17)	(1:30,72)	(1:32,18)	(1:29,00)	(1:20,40)				
45. Alexander Sadikov	(2009) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:15,24	2:38,04	4:04,40	5:32,91	7:02,51				
		(1:22,80)	(1:26,36)	(1:28,51)	(1:29,60)				
	600 m	700 m	800 m	900 m	1000 m				
	8:32,58	10:03,42	11:34,70	13:04,25	14:35,15				
	(1:30,07)	(1:30,84)	(1:31,28)	(1:29,55)	(1:30,90)				
	1100 m	1200 m	1300 m	1400 m					
	16:02,56	17:31,32	19:00,08	20:30,89				22:00,59	
	(1:27,41)	(1:28,76)	(1:28,76)	(1:30,81)	(1:29,70)				

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46. Bent Jühlstorff	(2009) SV Bergisch Gladbach 1920/71					
	100 m	200 m	300 m	400 m	500 m	
	1:15,38	2:39,95	4:07,88	5:37,20	7:06,32	
		(1:24,57)	(1:27,93)	(1:29,32)	(1:29,12)	
	600 m	700 m	800 m	900 m	1000 m	
	8:36,35	10:06,73	11:34,76	13:06,57	14:37,85	
	(1:30,03)	(1:30,38)	(1:28,03)	(1:31,81)	(1:31,28)	
	1100 m	1200 m	1300 m	1400 m		22:07,00
	16:09,48	17:41,26	19:12,82	20:44,20		
	(1:31,63)	(1:31,78)	(1:31,56)	(1:31,38)	(1:22,80)	
47. Ben Rössel	(2010) Hennefer TV 1895					
	100 m	200 m	300 m	400 m	500 m	
	1:20,97	2:48,47	4:18,79	5:51,25	7:22,95	
		(1:27,50)	(1:30,32)	(1:32,46)	(1:31,70)	
	600 m	700 m	800 m	900 m	1000 m	
	8:54,56	10:26,94	11:56,91	13:28,65	14:58,19	
	(1:31,61)	(1:32,38)	(1:29,97)	(1:31,74)	(1:29,54)	
	1100 m	1200 m	1300 m	1400 m		22:09,46
	16:28,15	17:56,57	19:22,96	20:48,35		
	(1:29,96)	(1:28,42)	(1:26,39)	(1:25,39)	(1:21,11)	
48. Jonathan Brix	(2009) SSF Bonn					
	100 m	200 m	300 m	400 m	500 m	
	1:24,22	2:55,19	4:25,54	5:57,64	7:31,04	
		(1:30,97)	(1:30,35)	(1:32,10)	(1:33,40)	
	600 m	700 m	800 m	900 m	1000 m	
	9:03,85	10:35,17	12:08,38	13:40,32	15:09,97	
	(1:32,81)	(1:31,32)	(1:33,21)	(1:31,94)	(1:29,65)	
	1100 m	1200 m	1300 m	1400 m		22:22,75
	16:38,22	18:06,38	19:33,60	21:00,38		
	(1:28,25)	(1:28,16)	(1:27,22)	(1:26,78)	(1:22,37)	
49. Justus Ahlke	(2009) SG WAGO 1950					
	100 m	200 m	300 m	400 m	500 m	
	1:21,68	2:51,46	4:22,71	5:53,30	7:24,37	
		(1:29,78)	(1:31,25)	(1:30,59)	(1:31,07)	
	600 m	700 m	800 m	900 m	1000 m	
	8:53,93	10:24,65	11:54,15	13:26,08	14:57,27	
	(1:29,56)	(1:30,72)	(1:29,50)	(1:31,93)	(1:31,19)	
	1100 m	1200 m	1300 m	1400 m		22:24,19
	16:27,30	17:56,96	19:27,74	20:57,74		
	(1:30,03)	(1:29,66)	(1:30,78)	(1:30,00)	(1:26,45)	
50. Leon David Nachtsheim	(2010) SSF Bonn					
	100 m	200 m	300 m	400 m	500 m	
	1:23,18	2:51,45	4:20,87	5:50,76	7:21,68	
		(1:28,27)	(1:29,42)	(1:29,89)	(1:30,92)	
	600 m	700 m	800 m	900 m	1000 m	
	8:51,82	10:23,20	11:53,37	13:24,39	14:56,57	
	(1:30,14)	(1:31,38)	(1:30,17)	(1:31,02)	(1:32,18)	
	1100 m	1200 m	1300 m	1400 m		22:29,70
	16:29,06	18:02,46	19:34,82	21:04,54		
	(1:32,49)	(1:33,40)	(1:32,36)	(1:29,72)	(1:25,16)	
51. Kaan Akkaya	(2012) TPSK 1925					
	100 m	200 m	300 m	400 m	500 m	
	1:29,14	3:01,05	4:30,90	6:03,11	7:37,40	
		(1:31,91)	(1:29,85)	(1:32,21)	(1:34,29)	
	600 m	700 m	800 m	900 m	1000 m	
	9:09,27	10:41,44	12:14,95	13:48,01	15:20,64	
	(1:31,87)	(1:32,17)	(1:33,51)	(1:33,06)	(1:32,63)	
	1100 m	1200 m	1300 m	1400 m		22:53,62
	16:53,30	18:28,15	20:00,58	21:30,23		
	(1:32,66)	(1:34,85)	(1:32,43)	(1:29,65)	(1:23,39)	

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52. Amanuel Behailu Negewc	(2012) SV Rhenania Köln 1919								
	100 m	200 m	300 m	400 m	500 m				
	1:29,13	3:04,67	4:39,72	6:16,10	7:52,71				
		(1:35,54)	(1:35,05)	(1:36,38)	(1:36,61)				
	600 m	700 m	800 m	900 m	1000 m				
	9:25,90	11:00,93	12:35,23	14:08,33	15:41,66				
	(1:33,19)	(1:35,03)	(1:34,30)	(1:33,70)	(1:33,33)				
	1100 m	1200 m	1300 m	1400 m					
	17:14,69	18:46,05	20:18,06	21:50,56				23:18,37	
	(1:33,03)	(1:31,36)	(1:32,01)	(1:32,50)				(1:27,81)	
53. Leonard Schwung	(2011) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:25,10	2:56,55	4:28,28	6:03,99	7:37,99				
		(1:31,45)	(1:31,73)	(1:35,71)	(1:34,00)				
	600 m	700 m	800 m	900 m	1000 m				
	9:13,25	10:48,86	12:25,59	14:01,26	15:35,82				
	(1:35,26)	(1:35,61)	(1:36,73)	(1:35,67)	(1:34,56)				
	1100 m	1200 m	1300 m	1400 m					
	17:12,02	18:50,46	20:26,52	21:58,32				23:26,87	
	(1:36,20)	(1:38,44)	(1:36,06)	(1:31,80)				(1:28,55)	
54. David Lieb	(2010) TPSK 1925								
	100 m	200 m	300 m	400 m	500 m				
	1:26,57	3:04,16	4:40,20	6:16,59	7:52,97				
		(1:37,59)	(1:36,04)	(1:36,39)	(1:36,38)				
	600 m	700 m	800 m	900 m	1000 m				
	9:27,60	11:02,00	12:36,87	14:13,94	15:51,76				
	(1:34,63)	(1:34,40)	(1:34,87)	(1:37,07)	(1:37,82)				
	1100 m	1200 m	1300 m	1400 m					
	17:30,63	19:08,36	20:45,50	22:20,41				23:52,46	
	(1:38,87)	(1:37,73)	(1:37,14)	(1:34,91)				(1:32,05)	
55. Thees Vähning	(2009) SV Bergisch Gladbach 1920/71								
	100 m	200 m	300 m	400 m	500 m				
	1:24,87	3:00,42	4:35,32	6:09,00	7:43,41				
		(1:35,55)	(1:34,90)	(1:33,68)	(1:34,41)				
	600 m	700 m	800 m	900 m	1000 m				
	9:19,06	10:55,10	12:31,18	14:09,39	15:47,82				
	(1:35,65)	(1:36,04)	(1:36,08)	(1:38,21)	(1:38,43)				
	1100 m	1200 m	1300 m	1400 m					
	17:25,50	19:04,20	20:42,31	22:18,02				23:56,28	
	(1:37,68)	(1:38,70)	(1:38,11)	(1:35,71)				(1:38,26)	
56. Lias Benning	(2010) Hennefer TV 1895								
	100 m	200 m	300 m	400 m	500 m				
	1:20,61	2:51,92	4:27,01	6:03,70	7:42,54				
		(1:31,31)	(1:35,09)	(1:36,69)	(1:38,84)				
	600 m	700 m	800 m	900 m	1000 m				
	9:23,04	11:01,92	12:40,42	14:21,20	16:02,86				
	(1:40,50)	(1:38,88)	(1:38,50)	(1:40,78)	(1:41,66)				
	1100 m	1200 m	1300 m	1400 m					
	17:43,01	19:22,82	21:04,73	22:45,01				24:18,41	
	(1:40,15)	(1:39,81)	(1:41,91)	(1:40,28)				(1:33,40)	
57. Vadim Busko	(2012) SG Bergheim								
	100 m	200 m	300 m	400 m	500 m				
	1:32,35	3:10,06	4:45,88	6:22,56	8:00,64				
		(1:37,71)	(1:35,82)	(1:36,68)	(1:38,08)				
	600 m	700 m	800 m	900 m	1000 m				
	9:38,83	11:17,85	12:57,49	14:34,94	16:13,65				
	(1:38,19)	(1:39,02)	(1:39,64)	(1:37,45)	(1:38,71)				
	1100 m	1200 m	1300 m	1400 m					
	17:52,24	19:31,91	21:12,60	22:50,75				24:23,87	
	(1:38,59)	(1:39,67)	(1:40,69)	(1:38,15)				(1:33,12)	

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(männlich)

58. Julian Philipp Arnold	(2012)	SSF Bonn							
			100 m	200 m	300 m	400 m	500 m		
			1:28,54	3:06,89	4:47,28	6:31,11	8:17,95		
				(1:38,35)	(1:40,39)	(1:43,83)	(1:46,84)		
			600 m	700 m	800 m	900 m	1000 m		
			10:02,26	11:50,45	13:36,44	15:22,23	17:09,43		
			(1:44,31)	(1:48,19)	(1:45,99)	(1:45,79)	(1:47,20)		
			1100 m	1200 m	1300 m	1400 m		25:52,49	
			18:54,50	20:41,20	22:26,69	24:11,02			
			(1:45,07)	(1:46,70)	(1:45,49)	(1:44,33)	(1:41,47)		

Emil Dathe (2009) SV Bergisch Gladbach 1920/71

DISQUALIFIZIERT:

Der Sportler startete vor dem Startsignal.

(Uhrzeit der Bekanntgabe: 13:55 Uhr)

Philipp Werkhausen (2010) SSF Bonn

DISQUALIFIZIERT:

Der Sportler startete vor dem Startsignal.

(Uhrzeit der Bekanntgabe: 13:30 Uhr)

Julius Kornijenko	(2005)	SSF Sieglar 60	abgemeldet
Klemens Malberg	(2008)	SSF Sieglar 60	abgemeldet
Damjan Milosevic	(2007)	SSF Sieglar 60	abgemeldet
Jannes Wößner	(2007)	SSF Sieglar 60	abgemeldet
Tim Walter	(2006)	SG Bergheim	abgemeldet
Jannis Lux	(2007)	SV Bergisch Gladbach 1920/71	abgemeldet
Lukas Kasten	(2005)	SC Hürth	abgemeldet
Ben Zillikens	(2008)	TPSK 1925	abgemeldet
Tobias Kropp	(2007)	SG Rhein-Sieg	abgemeldet
Justus Saldsieder	(2010)	SSF Bonn	abgemeldet
Max Schaffrath	(2010)	SSF Bonn	abgemeldet

noch Wettkampf 112

1500 m Freistil (Masters)

(männlich)

2. Niklas Wroblowsky

(1991/ AK 30) SC Hürth

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>		
1:27,76	3:06,64	4:49,12	6:31,77	8:14,02		
	(1:38,88)	(1:42,48)	(1:42,65)	(1:42,25)		
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>		
9:58,72	11:40,87	13:22,39	15:02,15	16:41,82		
(1:44,70)	(1:42,15)	(1:41,52)	(1:39,76)	(1:39,67)		
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		24:51,53	239
18:22,17	20:00,09	21:39,98	23:15,90			
(1:40,35)	(1:37,92)	(1:39,89)	(1:35,92)	(1:35,63)		

Altersklasse 50

1. Patrick Benning

(1972/ AK 50) Hennefer TV 1895

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>		
1:25,89	2:59,68	4:31,75	6:03,02	7:34,29		
	(1:33,79)	(1:32,07)	(1:31,27)	(1:31,27)		
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>		
9:05,29	10:37,31	12:09,15	13:40,37	15:11,38		
(1:31,00)	(1:32,02)	(1:31,84)	(1:31,22)	(1:31,01)		
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		22:50,61	459
16:43,32	18:15,45	19:49,96	21:22,52			
(1:31,94)	(1:32,13)	(1:34,51)	(1:32,56)	(1:28,09)		

Altersklasse 55

1. Javier Nogues

(1964/ AK 55) SSF Bonn

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>		
1:15,87	2:37,21	3:58,21	5:17,18	6:35,78		
	(1:21,34)	(1:21,00)	(1:18,97)	(1:18,60)		
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>		
7:53,40	9:11,21	10:28,93	11:47,21	13:04,87		
(1:17,62)	(1:17,81)	(1:17,72)	(1:18,28)	(1:17,66)		
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		19:34,66	814
14:23,06	15:40,78	16:58,46	18:18,29			
(1:18,19)	(1:17,72)	(1:17,68)	(1:19,83)	(1:16,37)		

2. Georg Wambach

(1966/ AK 55) SSF Bonn

<i>100 m</i>	<i>200 m</i>	<i>300 m</i>	<i>400 m</i>	<i>500 m</i>		
1:20,34	2:42,09	4:04,75	5:27,72	6:50,22		
	(1:21,75)	(1:22,66)	(1:22,97)	(1:22,50)		
<i>600 m</i>	<i>700 m</i>	<i>800 m</i>	<i>900 m</i>	<i>1000 m</i>		
8:13,13		11:04,00	12:27,66	13:51,16		
(1:22,91)			(1:23,66)	(1:23,50)		
<i>1100 m</i>	<i>1200 m</i>	<i>1300 m</i>	<i>1400 m</i>		20:45,56	683
15:13,22	16:36,94	18:00,44	19:22,88			
(1:22,06)	(1:23,72)	(1:23,50)	(1:22,44)	(1:22,68)		

Ende der Veranstaltung:

15:00 Uhr

Ende des Protokolls:

15:15 Uhr

gez. Theo van der Meulen
(Schiedsrichter)gez. Yvonne Schützendorf
(Schiedsrichter)gez. Markus Klaes
(Protokollführer)gez. Katharina Huth / Kriszta Medve
(Protokollführer)

ENM-Liste

(Wettkampf 101 - 112)

Pflichtzeit Ergebnis Betrag

Hennefer TV 1895	Benning, Lias	WK 6	1500 F	Jahrgang 2010	23:00,00	24:18,41	10,00	
SC Hardtberg 1968	Holzhäuer, Anton	WK 4	800 F	Offene Klasse	10:15,00	10:56,12	10,00	
SC Hardtberg 1968	Kister, Diego-Alexander	WK 4	800 F	Offene Klasse	10:15,00	10:38,94	10,00	
SC Hürth	Kasten, Lukas	WK 4	800 F	Offene Klasse	10:15,00	10:25,29	10,00	
SC Hürth	Krüger, Noam	WK 6	1500 F	Jahrgang 2006	20:15,00	20:56,76	10,00	
SG Bergheim	Kourouma, Hadja Hawa Koly	WK 5	800 F	Jahrgang 2011	13:00,00	13:04,95	10,00	
SG WAGO 1950	Ahlke, Justus	WK 6	1500 F	Jahrgang 2009	22:00,00	22:24,19	10,00	
SG WAGO 1950	Hoffmann, Lena	WK 1	400 L	Jahrgang 2007	6:25,00	6:28,47	10,00	
SG WAGO 1950	Hoffmann, Lena	WK 5	800 F	Jahrgang 2007	11:30,00	11:44,89	10,00	
SG WAGO 1950	Klitzsch, Noel	WK 6	1500 F	Jahrgang 2007	20:45,00	20:46,44	10,00	
SG WAGO 1950	Schulz, Cinja	WK 1	400 L	Jahrgang 2007	6:25,00	6:27,80	10,00	
SG WAGO 1950	Schulz, Cinja	WK 5	800 F	Jahrgang 2007	11:30,00	12:11,33	10,00	
SG WAGO 1950	Sontag, Julia	WK 1	400 L	Jahrgang 2009	6:40,00	6:41,35	10,00	
SSF Bonn	Brix, Jonathan	WK 6	1500 F	Jahrgang 2009	22:00,00	22:22,75	10,00	
SSF Bonn	Kurth, Ana Isabel	WK 5	800 F	Jahrgang 2009	12:00,00	12:52,15	10,00	
SSF Bonn	Saldsieder, Donata	WK 3	1500 F	Offene Klasse	21:00,00	21:05,32	10,00	
SSF Bonn	Saldsieder, Justus	WK 4	800 F	Offene Klasse	10:15,00	10:27,05	10,00	
SSF Bonn	Uludag, Okan	WK 4	800 F	Offene Klasse	10:15,00	10:35,34	10,00	
SSF Bonn	Wilbertz, Stella	WK 3	1500 F	Offene Klasse	21:00,00	21:17,29	10,00	
SSF Sieglar 60	Zickermann, Lara	WK 5	800 F	Jahrgang 2008	11:40,00	11:54,57	10,00	
SV Bergisch Gladbach 1920/71	Jahn, Dominik	WK 6	1500 F	Jahrgang 2006	20:15,00	20:29,04	10,00	
SV Bergisch Gladbach 1920/71	Jühlstorff, Bent	WK 6	1500 F	Jahrgang 2009	22:00,00	22:07,00	10,00	
SV Bergisch Gladbach 1920/71	Monnée, Louis	WK 4	800 F	Offene Klasse	10:15,00	10:32,20	10,00	
SV Bergisch Gladbach 1920/71	Vähning, Thees	WK 6	1500 F	Jahrgang 2009	22:00,00	23:56,28	10,00	
SV Horrem-Sindorf	Detmer, Lotta	WK 1	400 L	Jahrgang 2008	6:30,00	6:43,08	10,00	
SV Horrem-Sindorf	Detmer, Lotta	WK 5	800 F	Jahrgang 2008	11:40,00	12:10,00	10,00	
SV Horrem-Sindorf	Moewes, Kira Marie	WK 1	400 L	Jahrgang 2008	6:30,00	6:33,07	10,00	
SV Horrem-Sindorf	Strand, Jule	WK 5	800 F	Jahrgang 2010	12:30,00	12:47,04	10,00	
SV Horrem-Sindorf	Stüttgen, Anna Maria	WK 5	800 F	Jahrgang 2010	12:30,00	13:10,42	10,00	
SV Rhenania Köln 1919	Bret, David	WK 4	800 F	Offene Klasse	10:15,00	11:05,38	10,00	
SV Rhenania Köln 1919	Schreiter, Dominik	WK 2	400 L	Offene Klasse	5:45,00	5:52,79	10,00	
SV Wasserhelden	Maringer, Hanna	WK 5	800 F	Jahrgang 2008	11:40,00	12:32,89	10,00	
SV Wasserhelden	Maringer, Paulina	WK 5	800 F	Jahrgang 2010	12:30,00	12:50,05	10,00	
TPSK 1925	Armbrecht, Paulina	WK 5	800 F	Jahrgang 2011	13:00,00	13:05,52	10,00	
TPSK 1925	Breuer, Sophie	WK 5	800 F	Jahrgang 2012	14:00,00	14:56,36	10,00	
TPSK 1925	Lieb, David	WK 6	1500 F	Jahrgang 2010	23:00,00	23:52,46	10,00	
TPSK 1925	Lindstädt, Mila	WK 5	800 F	Jahrgang 2012	14:00,00	14:03,41	10,00	
TPSK 1925	Sadikov, Alexander	WK 6	1500 F	Jahrgang 2009	22:00,00	22:00,59	10,00	