

Wettkampf 3 - 400m Lagen weiblich**Jahrgang 2015**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Lana Fellechner	2015	Schwimmclub Capybaras	06:53,85	5
50m: 00:52,21 (00:52,21) - 100m: 01:50,33 (00:58,12) - 150m: 02:39,93 (00:49,60) - 200m: 03:29,23 (00:49,30) 250m: 04:27,34 (00:58,11) - 300m: 05:26,15 (00:58,81) - 350m: 06:11,45 (00:45,30) - 400m: 06:53,85 (00:42,40)					

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Isabella Hein	2013	Schwimmverein Wasserhelden	06:38,47	
50m: 00:43,63 (00:43,63) - 100m: 01:34,74 (00:51,11) - 150m: 02:23,96 (00:49,22) - 200m: 03:12,63 (00:48,67) 250m: 04:09,76 (00:57,13) - 300m: 05:08,39 (00:58,63) - 350m: 05:55,27 (00:46,88) - 400m: 06:38,47 (00:43,20)					

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Clara Fellechner	2011	Schwimmclub Capybaras	06:02,09	2
50m: 00:39,37 (00:39,37) - 100m: 01:29,67 (00:50,30) - 150m: 02:14,23 (00:44,56) - 200m: 02:57,67 (00:43,44) 250m: 03:50,44 (00:52,77) - 300m: 04:45,18 (00:54,74) - 350m: 05:24,25 (00:39,07) - 400m: 06:02,09 (00:37,84)					

Jahrgang 2007 u.ä.

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Nele Heller	2007	SG Rhein-Sieg	05:40,35	4
50m: 00:33,99 (00:33,99) - 100m: 01:14,04 (00:40,05) - 150m: 01:59,89 (00:45,85) - 200m: 02:44,39 (00:44,50) 250m: 03:31,30 (00:46,91) - 300m: 04:20,54 (00:49,24) - 350m: 05:01,28 (00:40,74) - 400m: 05:40,35 (00:39,07)					
2.	Lea Celine Naruschat	2003	SG Rhein-Sieg	06:02,90	
50m: 00:37,35 (00:37,35) - 100m: 01:23,08 (00:45,73) - 150m: 02:09,88 (00:46,80) - 200m: 02:56,19 (00:46,31) 250m: 03:48,66 (00:52,47) - 300m: 04:41,94 (00:53,28) - 350m: 05:24,19 (00:42,25) - 400m: 06:02,90 (00:38,71)					